

WP5: GUIDELINES FOR CLASSIFICATION





Food category: Bread products (18)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the category (slide 5-6)
- List of the subcategories and associated definitions (slides 7-8)
- Definitions of the subcategories and exemples of products included (slides 9-34)



Food category: Bread products

### ➤ What kind of product can be considered as a <u>bread product</u>?

- → Bread products to be stored at <u>room temperature</u>
- → Gluten-free and vegan products are also included in the category



- Croutons, bread crumbs
- Breads (toasted breads, sandwich breads, pre-packaged or prebaked breads, hamburger & hotdog buns, tortilla wraps, pita breads, ...)
- Brioches, kouglof, panettone
- Rusks, crackers, crispbreads (sweet or savoury)
- Puffed cakes, cereal specialties (filled or not)
- Fine bakery wares
- Pancakes, English muffins



Food category: Bread products

➤ What is <u>excluded</u> from the bread products category ?



- Handmade products
- Cocktail snacks products (TUC, aperitif crackers ...)
- Fresh or frozen bread products
- Fresh unbaked dough

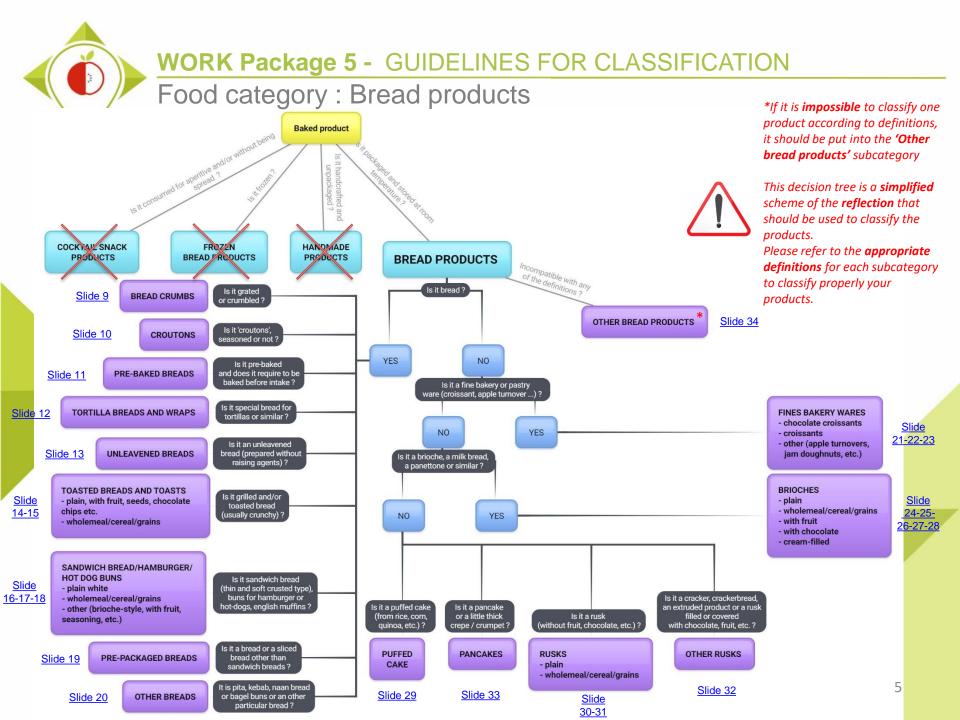






→ Those products are meant to be consumed as such (without being spread) for aperitive







#### Food category: Bread products

Classification distinguishes different subcategories of products for :

Toasted breads and toasts

Plain, brioche-style, with fruit, seeds, chocolate chips ...

Wholemeal cereal grain

Sandwich breads / hamburger / hot dog buns

Plain white

Wholemeal cereal grains

Other (brioche-style, with dried fruits, spicy etc.)

Brioches

Plain

Wholemeal\_cereals\_grains

Chocolate (with filling, chips, all chocolate etc.)

With fruit (with filling, inclusions etc.)

Cream-filled

Rusks

Plain

Wholemeal\_cereal\_grains

Other (rusks covered with chocolate, rusks covered with fruit, crispy crackers, crackerbreads filled with chocolate etc.)

→ For the other subcategories, there is no distinction made between the products (plain, wholemeal, cereal or grains, with fruit or chocolate inclusions, etc). All of them are classified together in the associated subcategory.





### Bread products subcategories & definitions

		9	Category code: 18		
Subcategory code	Subcategory	Definition	2.0.282.7		
720	2				
730	Breadcrumbs	Grated or crumbled dried bread or rusks	Grated or crumbled dried bread or rusks		
729	Croutons	Small pieces of dry bread, seasoned or unseasoned			
405	Pre-baked breads	Pre-baked breads			
408	Tortilla breads and wraps	Special tortilla breads and wraps			
396	Unleavened breads	Unleavened breads			
402	Plain toasted breads and toasts	Plain toasted breads and toasts containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. These products can contain fruit inclusions, chocolate chips, etc.			
403	Wholemeal_cereal_grains toasted breads and toasts	Toasted breads and toasts containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.			
399	Plain white sandwich breads / hamburger /hot dog buns	Plain sandwich breads, plain special breads for hamburgers and hot dogs, plain english muffins containing wheat flour and without seeds (special breads for hamburger included in this subcategory can contain sesame seeds).  These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour.  Cupcake-type muffins are excluded.			
398	Wholemeal_cereal_grains sandwich breads / hamburger / hot dog buns	Sandwich breads, special breads for hamburgers and hot dogs, english muffins containing whole wheat flour or wit addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten. Cupcake-type muffins and special breads for hamburger containing wheat flour with sesame seeds are excluded.			
400	Other_sandwich breads / hamburger / hot dog buns	Sandwich breads, special breads for hamburgers and hot dogs, english muffins, brioche-style or not, with dried fruit inclusions, spicy or seasoning sandwich breads, etc. Includes products without gluten (made from soy flour, rice flour, corn flour, etc.) Cupcake-type muffins are excluded.			
406	Pre-packaged breads	Pre-packaged breads made from whole wheat flour and/or cereal flour (rye, barley, buckwheat, etc.), or wheat flour; plain, with or without seed inclusions (sunflower, flax, etc.) and/or dried fruit. Includes products without gluten (made from soy flour, rice flour, corn flour, etc.).			
401	Other breads	Special breads such as pita, kebab bread, Lebanese flatbread, bag	el, Swedish bread, etc.		



## Bread products subcategories & definitions

Category code: 18

Subcategory code	Subcategory	Definition	
604	Fine bakery wares_croissants	Croissants	
605	Fine bakery wares_chocolate croissants	Chocolate croissants	
603	Fine bakery wares_other	Apple turnovers, filled croissants, raisin breads, fruit-filled doughnuts, etc.	
112	Plain <b>brioches</b>	Plain brioches and Viennese bread-type products, plain milk breads or gâches containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of sugar, fudge, etc.	
114	Wholemeal_cereals_grains brioches	Brioches and Viennese bread-type products, milk breads or gâches containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten.	
119	Chocolate <b>brioches</b>	Brioches and Viennese bread-type products, milk breads or gâches with chocolate filling, all chocolate and/or with chocolate chips, panettones without fruit and with chocolate	
116	Brioches with fruit	Brioches and Viennese bread-type products, milk breads or gâches with fruit filling or with fruit (candied or not) inclusions, panettones with fruit, kouglof or similar products.	
115	Cream-filled <b>brioches</b>	Brioches and Viennese bread-type products, milk breads or gâches with cream filling which may contain inclusions (chocolate, fruits etc.)	
288	Puffed cakes	Puffed cakes made from rice, corn, spelt, quinoa, buckwheat, cereals; plain, flavored, topped or with filling	
117	Plain <b>rusks</b>	Plain rusks and plain brioche rusks containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of fruit and/or chocolate chips.	
67	Wholemeal_cereals_grains rusks	Rusks containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes rusks containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.	
744	Other <b>rusks</b>	Other rusks that do not fit the definition of any of the other rusk subcategories, crackers, crackerbreads and extruded products: rusks covered with chocolate, rusks covered with fruit, crispy crackers, crackerbreads filled with chocolate etc. Includes products without gluten (made from soy flour, rice flour, corn flour, etc.)	
626	Pancakes	Pancake or little thick crepe / crumpet ; plain, with or without chocolate chips, filling or not.	
51	Other bread products	Other bread products	



### Breadcrumbs

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	730	Breadcrumbs	Grated or crumbled dried bread or rusks









### Croutons

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	729	Croutons	Small pieces of dry bread, seasoned or unseasoned











### Pre-baked breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	405	Pre-baked breads	Pre-baked breads













## Tortilla breads and wraps

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	408	Tortilla breads and wraps	Special tortilla breads and wraps









### Unleavened breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	396	Unleavened breads	Unleavened breads









### Toasted breads and toasts

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	402	Plain toasted breads and toasts	Plain toasted breads and toasts containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. These products can contain fruit inclusions, chocolate chips, etc.









## Wholemeal\_cereal\_grains toasted breads and toasts

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	403	Wholemeal_cereal_grains toasted breads and toasts	Toasted breads and toasts containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.













#### Plain white sandwich breads / hamburger /hot dog buns

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	399	Plain white sandwich breads / hamburger /hot dog buns	Plain sandwich breads, plain special breads for hamburgers and hot dogs, plain english muffins containing wheat flour and without seeds (special breads for hamburger included in this subcategory can contain sesame seeds). These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Cupcake-type muffins are excluded.















### Wholemeal\_cereal\_grains sandwich breads / hamburger / hot dog buns

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	398	Wholemeal_cereal_grains sandwich breads / hamburger / hot dog buns	Sandwich breads, special breads for hamburgers and hot dogs, english muffins containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten. Cupcake-type muffins and special breads for hamburger containing wheat flour with sesame seeds are excluded.











## Other\_sandwich breads / hamburger / hot dog buns

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	400	Other_sandwich breads / hamburger / hot dog buns	Sandwich breads, special breads for hamburgers and hot dogs, english muffins, brioche-style or not, with dried fruit inclusions, spicy or seasoning sandwich breads, etc. Include products without gluten (made from soy flour, rice flour, corn flour, etc.) Cupcake-type muffins are excluded.















## Pre-packaged breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	406	Pre-packaged breads	Pre-packaged breads made from whole wheat flour and/or cereal flour (rye, barley, buckwheat, etc.), or wheat flour; plain, with or without seed inclusions (sunflower, flax, etc.) and/or dried fruit Include products without gluten (made from soy flour, rice flour, corn flour, etc.).













### Other breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	401	Other breads	Special breads such as pita, kebab bread, Lebanese flatbread, bagel, Swedish bread, etc.

















## Fine bakery wares\_croissants

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	604	Fine bakery wares_croissants	Croissants









## Fine bakery wares\_chocolate croissants

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	605	Fine bakery wares_chocolate croissants	Chocolate croissants









## Fine bakery wares\_other

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	603	Fine bakery wares_other	Apple turnovers, filled croissants, raisin breads, fruit-filled doughnuts, etc.

















### Plain brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	112	Plain <b>brioches</b>	Plain brioches and Viennese bread-type products, plain milk breads or gâches containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of sugar, fudge, etc.



















## Wholemeal\_cereals\_grains brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	114	Wholemeal_cereals_grains brioches	Brioches and Viennese bread-type products, milk breads or gâches containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten.











### Chocolate brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	119	Chocolate <b>brioches</b>	Brioches and Viennese bread-type products, milk breads or gâches with chocolate filling, all chocolate and/or with chocolate chips, panettones without fruit and with chocolate













### Brioches with fruit

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	116	Brioches with fruit	Brioches and Viennese bread-type products, milk breads or gâches with fruit filling or with fruit (candied or not) inclusions, panettones with fruit, kouglof or similar products.











### Cream-filled brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	115	Cream-filled <b>brioches</b>	Brioches and Viennese bread-type products, milk breads or gâches with cream filling which may contain inclusions (chocolate, fruits etc.)







### Puffed cakes

Catego code	Category	Subcategory code	Subcategory	Definition
18	Bread products	288	Puffed cakes	Puffed cakes made from rice, corn, spelt, quinoa, buckwheat, cereals; plain, flavored, topped or with filling













### Plain rusks

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	117	Plain <b>rusks</b>	Plain rusks and plain brioche rusks containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of fruit and/or chocolate chips.









### Wholemeal\_cereals\_grains rusks

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	67	Wholemeal_cereals_grains rusks	Rusks containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes rusks containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.











### Other rusks

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	744	Other <b>rusks</b>	Other rusks that do not fit the definition of any of the other rusk subcategories, crackers, crackerbreads and extruded products: rusks covered with chocolate, rusks covered with fruit, crispy crackers, crackerbreads filled with chocolate etc. Include products without gluten (made from soy flour, rice flour, corn flour, etc.)



















### **Pancakes**

	Category ode	Category	Subcategory code	Subcategory	Definition
1	8	Bread products	626	Pancakes	Pancake or little thick crepe / crumpet ; plain, with or without chocolate chips, filling or not.









## Other bread products

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	51	Other bread products	Other bread products



# Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



## WP 5 – GUIDELINES FOR CLASSIFICATION





- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the food category (slide 5)
- Main types of products (slide 6)
- List of the subcategories and associated definitions (slides 7-9)
- Definitions of the subcategories and examples of products included (slides 10 35)



- What kind of product can be considered as breakfast cereals?
  - ✓ All types of breakfast cereals (plain, chocolate, caramel, filled, healthy, whole wheat, etc.)
  - ✓ Cereal cakes
  - ✓ Cereals requiring preparation such as oatflakes, muesli, puffed rice









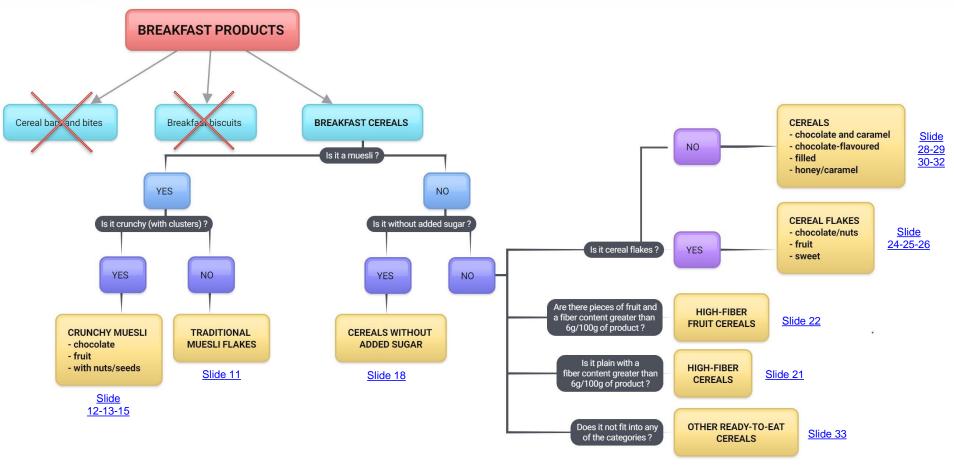
- What is <u>excluded</u> from the breakfast cereals category?
  - Breakfast biscuits
  - Cereal bars and bites (cereal bars with fruits or nuts, with or without chocolate, with caramel, with pieces of biscuit, plain, etc.)







#### Food category: Breakfast cereals



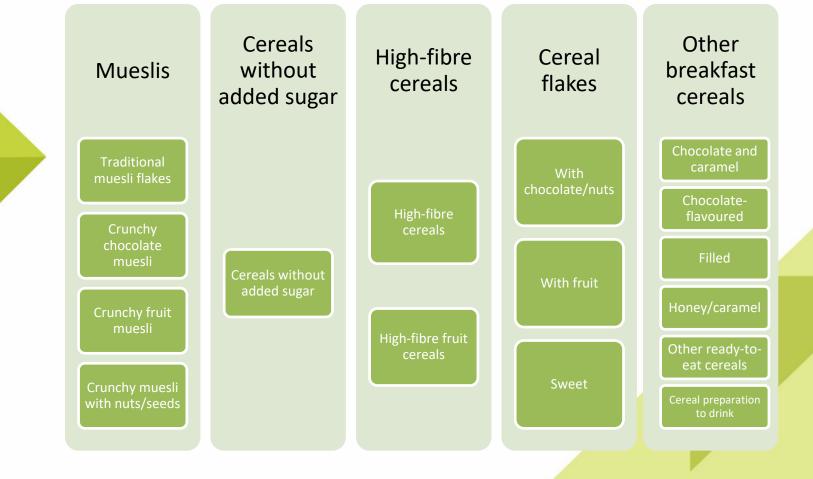


This decision tree is a **simplified** scheme of the **reflection** that should be used to classify the products.

Please refer to the **appropriate definitions** for each subcategory to classify properly your products.



- 5 main types of products16 subcategories in total





## Breakfast cereals subcategories & definitions

#### Mueslis

#### Category code: 1

	Subcategory Subcategory Deficiency		Definition
	386	Traditional muesli flakes	Mixture of cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) with dried fruit, seeds, flakes, added sugar and/or chocolate. This subcategory also includes porridge mixes (plain, with chocolate, fruit or nuts, etc.) except plain porridge mixes without added sugar that are included in the "Cereals without added sugar" (739) subcategory.  Example: 7-fruit flaky muesli, Chocolate hazelnut muesli, etc.
	678	Crunchy chocolate muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with chocolate and/or cocoa. May contain fruit and/or nuts. Example: Chocolate caramel muesli, Granola with figs and chocolate, Crunchy muesli with chocolate pieces and hazelnuts, etc.
	679	Crunchy fruit muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with fruit. May contain nuts and/or seeds but not chocolate and/or cocoa.  Example: Crunchy muesli with dried fruits, Crunchy apple banana and raisin clusters, Red fruit granola, Crunchy cereal mix with almonds and strawberries, etc.
		Crunchy muesli with nuts/seeds	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of plain crunchy clusters or with only honey/maple syrup or with only nuts (walnuts, hazelnuts, peanuts, almonds, etc.) or seeds. These products do not contain fruit, chocolate and/or cocoa. Example: Crunchy nut muesli, Crunchy flax and pumpkin seed muesli, Crunchy plain muesli, Hazelnut almond and pecan muesli, etc.

#### Cereals without added sugar

Subcategory code	Subcategory	Definition
739	Cereals without added sugar	Cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) without added sugar, caramel, syrup, honey, molasses, glucose, fructose, sucrose, dextrose, or maltodextrins. These products do not contain fruit, dried fruit, nuts or chocolate.  This subcategory includes plain porridge mixes without added sugar.  Mueslis without added sugar are excluded from this subcategory (they are included in the "Traditional muesli flakes" subcategory).  Examples: Oat flakes, 5-cereal flakes, Cornflakes, puffed buckwheat, puffed millet etc.



## Breakfast cereals subcategories & definitions

#### High-fibre cereals

Category code: 1

Subcategory code	Subcategory	Definition
143	High-fibre cereals	Unfilled cereals with a fibre content greater than or equal to 6g per 100g of product.  These products do not contain honey, caramel, chocolate, fruit or nuts.  This subcategory includes cereal cake products that may contain chocolate.  Cereal flakes without added sugar and muesli (crunchy and flaky) are excluded from this subcategory.  Examples: Nature and fibre, Cereals with wheat bran naturally high in fibre, Wheat bran sticks, etc.
676	High-fibre fruit cereals	Unfilled cereals accompanied by fruit and with a fibre content greater than or equal to 6g per 100g of product. These products do not contain honey, caramel or chocolate but may contain nuts. Cereal flakes without added sugar and muesli (crunchy and flaky) with fruit are excluded from this subcategory. Examples: Fruit and fibre, Whole wheat flakes with fruit, etc.

#### Cereal flakes

Subcategory code	Subcategory	Definition
681	Cereal flakes with chocolate/nuts	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated with chocolate and/or plain with pieces of chocolate or nuts (walnuts, hazelnuts, peanuts, almonds, etc.). These products can contain fruits.  Example: Rice and wheat flakes with chocolate shavings, Whole wheat, rice and barley flakes coated in sugar with dark chocolate shavings, Rice and wheat flakes with hazelnuts and slivered almonds, etc.
683	Cereal flakes with fruit	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated or plain with pieces of fruit. These products do not contain chocolate and/or cocoa.  Flakes with more than 6g of fibre/100g are included in the "High-fibre fruit cereals" subcategory.  Examples: Rice and wheat flakes with pieces of red fruit, Whole wheat, rice and barley flakes with fruit, Rice and spelt flakes with mixed red fruit, etc.
745	Sweet cereal flakes	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) which contains sugar, honey or maple syrup but without pieces of chocolate, fruit or nuts. These products may be coated, frosted, sweetened, etc. Sweet cereal flakes coated with milk are included in this subcategory.  Flakes with more than 6g of fibre/100g are included in the "High-fibre cereals" subcategory.  Example: Sugar-frosted cornflakes, Maple syrup cornflakes, Plain cornflakes, plain buckwheat flakes, etc.



## Breakfast cereals subcategories & definitions

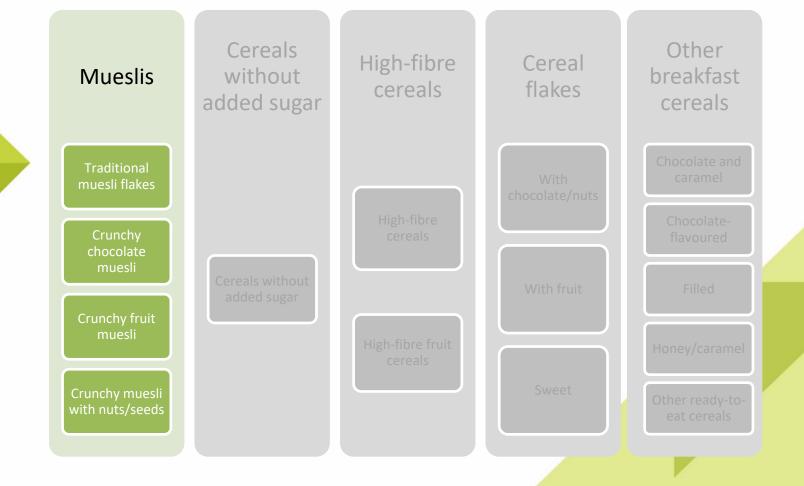
#### Other breakfast cereals

Category code: 1

	Subcategory code	Subcategory	Definition
:			Unfilled cereals with caramel and chocolate. They are usually extruded or puffed. Muesli is excluded from this subcategory. For example: Caramel and chocolate cereal mix, Caramel and powdered chocolate puffed cereal, etc.
-	135	Chocolate-flavoured cereals	Cereals with chocolate or cocoa, without filling. They may or may not be mixed with filled cereals (with non-filled cereals in the majority). They are usually extruded or puffed.  Chocolate-coated cereal flakes are excluded from this subcategory.  Example: Chocolate puffed rice, Chocolate cornflakes, Crispy cocoa cereal rings, etc.
138		Filled cereals	Cereals filled with chocolate, milk, hazelnut, caramel, vanilla, etc. They may be mixed with unfilled cereals (with filled cereals in the majority). Example: Cereals with milk filling, Cereals with vanilla filling, Cereals with chocolate filling, etc.
	142	Honey/caramel cereals	Cereals coated with honey, caramel or any other sweetening ingredient (sugar, cane sugar, sugar syrup, glucose syrup, agave syrup, rice syrup). These are neither chocolate nor filled products. May contain nuts.  Muesli and cereal flakes are excluded from this subcategory.  Sweet puffed cereals like "Rice Krispies" are included in this subcategory.  Example: Puffed wheat with honey, Corn balls with honey, Puffed rice with agave syrup, Caramel-coated puffed wheat, Cereal rings with a fruity taste, etc.
	17	Other ready-to-eat cereals	Other ready-to-eat cereals Examples : keto granola (granola without cereals), porridge with vegetables, etc.
796 Cereal preparation to drink Contains cereal-based products to be reconstitut These products contain cereals in powdered, gro		Cereal preparation to drink	Contains cereal-based products to be reconstituted and whose commercial name or legal name suggests consumption as a beverage.  These products contain cereals in powdered, ground form. Conventional porridge mixes are not included in this subcategory.  Example: Drinking porridge (porridge in powder form), etc.



- 5 main types of products
  15 subcategories in total





#### Traditional muesli flakes

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	386	Traditional muesli flakes	Mixture of cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) with dried fruit, seeds, flakes, added sugar and/or chocolate. This subcategory also includes porridge mixes (plain, with chocolate, fruit or nuts, etc.) except plain porridge mixes without added sugar that are included in the "Cereals without added sugar" (739) subcategory.  Example: 7-fruit flaky muesli, Chocolate hazelnut muesli, etc.









## Crunchy chocolate muesli

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	678	Crunchy chocolate muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with chocolate and/or cocoa. May contain fruit and/or nuts.  Example: Chocolate caramel muesli, Granola with figs and chocolate, Crunchy muesli with chocolate pieces and hazelnuts, etc.









## Crunchy fruit muesli

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	679	Crunchy fruit muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with fruit. May contain nuts and/or seeds but not chocolate and/or cocoa.  Example: Crunchy muesli with dried fruits, Crunchy apple banana and raisin clusters, Red fruit granola, Crunchy cereal mix with almonds and strawberries, etc.









## Crunchy fruit muesli

#### Precisions

- ✓ Coconut is considered as a fruit
  - → In the presence of coconut, products will be classified in the subcategories with fruit

#### Example:

This product contains **coconut** and it is specified that there are **flakes and clusters** 

→ it will be classified in the subcategory « Crunchy fruit muesli »





## Crunchy muesli with nuts/seeds

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	680	Crunchy muesli with nuts/seeds	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of plain crunchy clusters or with only honey/maple syrup or with only nuts (walnuts, hazelnuts, peanuts, almonds, etc.) or seeds. These products do not contain fruit, chocolate and/or cocoa.  Example: Crunchy nut muesli, Crunchy flax and pumpkin seed muesli, Crunchy plain muesli, Hazelnut almond and pecan muesli, etc.







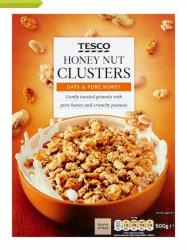


#### Crunchy muesli with nuts/seeds

#### Precisions

- ✓ « Crunchy muesli » is not always mentioned on package
  - → It can be mentioned « clusters » or « flakes and clusters »
  - → It can be mentioned « granola »
  - → In those cases, products will be considered as « crunchy muesli »

#### **Examples**:



Will be classified as « Crunchy muesli with nuts/seeds »



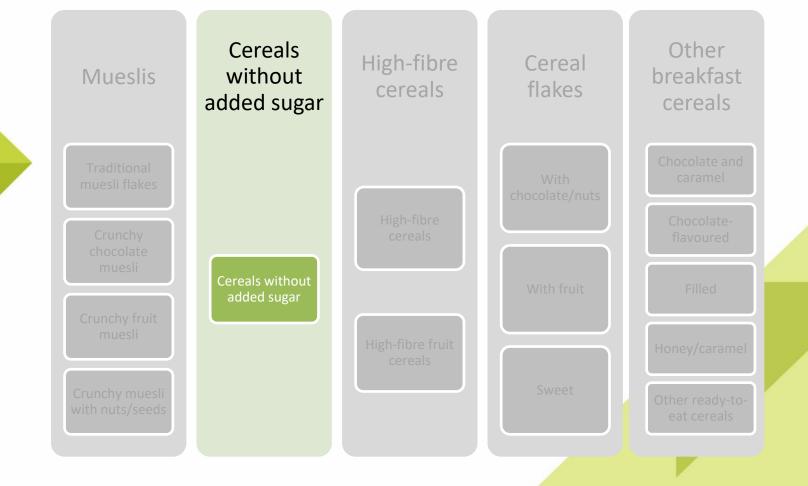
Will be classified as « Crunchy fruit muesli »



Will be classified as « Crunchy fruit muesli »



- 5 main types of products 15 subcategories in total





## Cereals without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	739	Cereals without added sugar	Cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) without added sugar, caramel, syrup, honey, molasses, glucose, fructose, sucrose, dextrose, or maltodextrins.  These products do not contain fruit, dried fruit, nuts or chocolate. This subcategory includes plain porridge mixes without added sugar.  Mueslis without added sugar are excluded from this subcategory (they are included in the "Traditional muesli flakes" subcategory).  Examples: Oat flakes, 5-cereal flakes, Cornflakes, Buckwheat flakes without added sugar, etc.









## Cereals without added sugar

→ It can be difficult to categorize cereals without added sugar when the ingredient list is not available.

To categorize cereals without added sugar, you have to follow these steps:

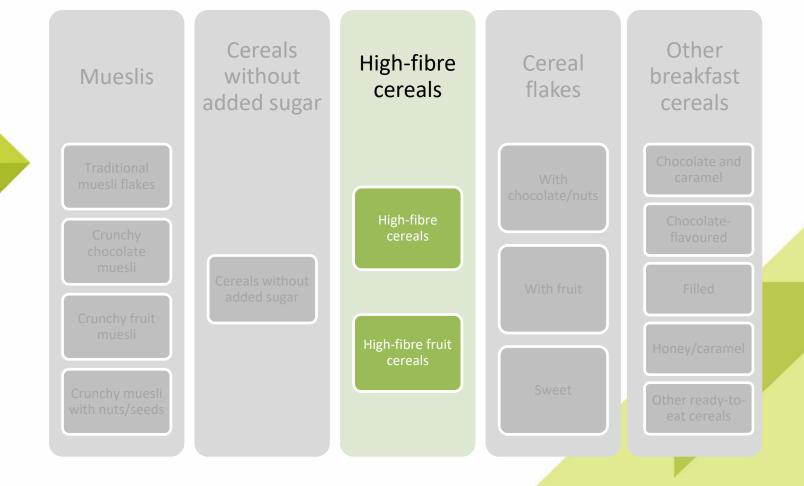
- see if there is a nutritional claim such as "no added sugar" or "contains naturally occurring sugars" and, in this case, the product is classified in the <u>739-Cereals</u> without added sugar subcategory.
- Otherwise you have to look at the list of ingredients and if the product does not contain sugar, caramel, honey, sucrose or any other sweetening product then the product is classified in the <u>739-Cereals without added sugar</u> subcategory
- 3) If the list of ingredients is **not available**, then we can **hypothesize** for a product with a sugar content ≤ 5g/100g that it is without added sugar and classify it in the <u>739-</u> <u>Cereals without added sugar</u> subcategory



The 3<sup>rd</sup> step is a hypothesis because it can exist products <u>without</u> added sugar with a sugar content > 5g/100g and products <u>with</u> added sugar with a sugar content < 5g/100g



- 5 main types of products 15 subcategories in total





## High-fibre cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	143	High-fibre cereals	Unfilled cereals with a fibre content greater than or equal to 6g per 100g of product. These products do not contain honey, caramel, chocolate, fruit or nuts. This subcategory includes cereal cake products that may contain chocolate.  Cereal flakes without added sugar and muesli (crunchy and flaky) are excluded from this subcategory.  Examples: Nature and fibre, Cereals with wheat bran naturally high in fibre, Wheat bran sticks, etc.





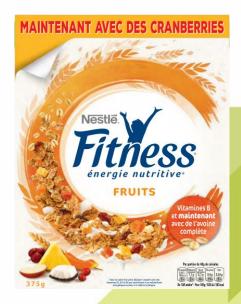




## High-fibre fruit cereals

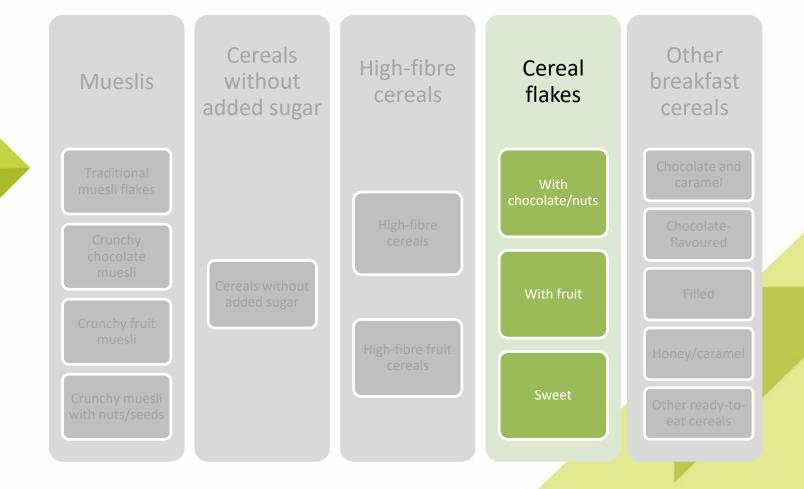
Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	676	High-fibre fruit cereals	Unfilled cereals accompanied by fruit and with a fibre content greater than or equal to 6g per 100g of product. These products do not contain honey, caramel or chocolate but may contain nuts.  Cereal flakes without added sugar and muesli (crunchy and flaky) with fruit are excluded from this subcategory.  Examples: Fruit and fibre, Whole wheat flakes with fruit, etc.







- 5 main types of products
  15 subcategories in total





#### Cereal flakes with chocolate/nuts

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	681	Cereal flakes with chocolate/nuts	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated with chocolate and/or plain with pieces of chocolate or nuts (walnuts, hazelnuts, peanuts, almonds, etc.). These products can contain fruits.
				Example: Rice and wheat flakes with chocolate shavings, Whole wheat, rice and barley flakes coated in sugar with dark chocolate shavings, Rice and wheat flakes with hazelnuts and slivered almonds, etc.









## Cereal flakes with fruit

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	683	Cereal flakes with fruit	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated or plain with pieces of fruit. These products do not contain chocolate and/or cocoa.  Flakes with more than 6g of fibre/100g are included in the "High-fibre fruit cereals" subcategory.  Examples: Rice and wheat flakes with pieces of red fruit, Whole wheat, rice and barley flakes with fruit, Rice and spelt flakes with mixed red fruit, etc.







#### Sweet cereal flakes

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	745	Sweet cereal flakes	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) which contains sugar, honey or maple syrup but without pieces of chocolate, fruit or nuts. These products may be coated, frosted, sweetened, etc. Sweet cereal flakes coated with milk are included in this subcategory.  Flakes with more than 6g of fibre/100g are included in the "High-fibre cereals" subcategory.  Example: Sugar-frosted cornflakes, Maple syrup cornflakes, Plain cornflakes, Plain buckwheat flakes, etc.

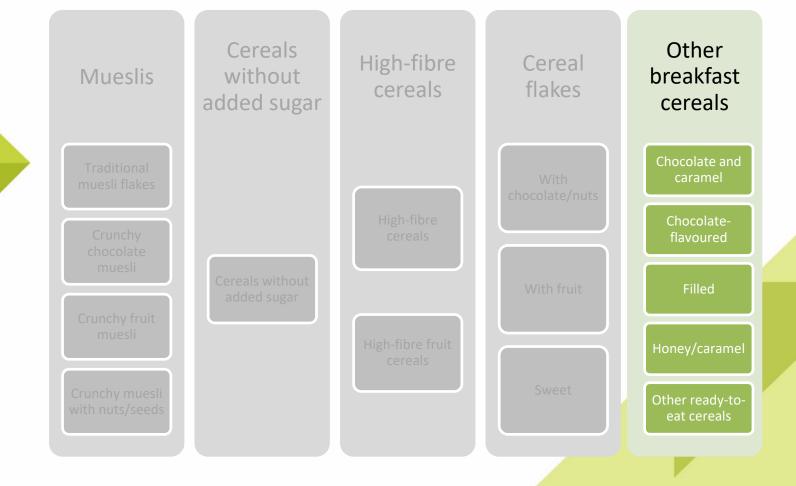








- 5 main types of products
  15 subcategories in total





## Chocolate and caramel cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	134	Chocolate and caramel cereals	Unfilled cereals with caramel and chocolate. They are usually extruded or puffed.  Muesli is excluded from this subcategory.  For example: Caramel and chocolate cereal mix, Caramel and powdered chocolate puffed cereal, etc.







## Chocolate-flavoured cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	135	Chocolate-flavoured cereals	Cereals with chocolate or cocoa, without filling. They may or may not be mixed with filled cereals (with non-filled cereals in the majority). They are usually extruded or puffed.  Chocolate-coated cereal flakes are excluded from this subcategory.
				Example: Chocolate puffed rice, Chocolate cornflakes, Crispy cocoa cereal rings, etc.



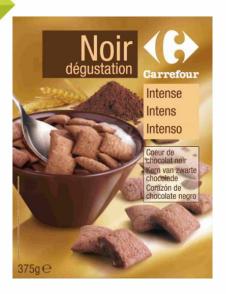






#### Filled cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	138	Filled cereals	Cereals filled with chocolate, milk, hazelnut, caramel, vanilla, etc. They may be mixed with unfilled cereals (with filled cereals in the majority).  Example: Cereals with milk filling, Cereals with vanilla filling, Cereals with chocolate filling, etc.









#### Filled cereals

#### Precisions

- ✓ It exists products with filled and unfilled cereals
  - → If the proportions of filled and unfilled cereals are unknown, the product will be classified as **unfilled cereals**.

#### Example:

This product contains **filled** and **unfilled** cereals and the proportions are unknown

→ It will be considered as **unfilled** cereals and will be classified in the « **Chocolate-flavoured cereals** » subcategory

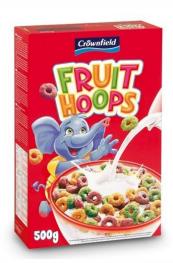




## Honey/caramel cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	142	Honey/caramel cereals	Cereals coated with honey, caramel or any other sweetening ingredient (sugar, cane sugar, sugar syrup, glucose syrup, agave syrup, rice syrup). These are neither chocolate nor filled products. May contain nuts.  Muesli and cereal flakes are excluded from this subcategory. Sweet puffed cereals like "Rice Krispies" are included in this subcategory.  Example: Puffed wheat with honey, Corn balls with honey, Puffed rice with agave syrup, Caramel-coated puffed wheat, Cereal rings with a fruity taste, etc.





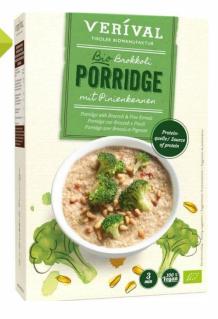




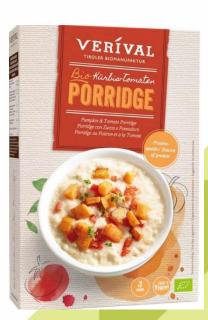


## Other ready-to-eat cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	17	Other ready-to-eat cereals	Other ready-to-eat cereals Examples: keto granola (granola without cereals), porridge with vegetables, etc.









#### Other ready-to-eat cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	17	Other ready-to-eat cereals	Other ready-to-eat cereals Examples: keto granola (granola without cereals), porridge with vegetables, etc.

#### Precision

✓ Assortment of different type of cereals with an average ingredient list and average nutritional values must be classified in this sub-category

**Example:** → A single ingredient list and average nutritional values on the back of the package





NUTRITIONAL FACTS	C IDAMA	0 200	
ENERGIE / VALORE ENERGETICO / VALOR ENERGETICO / ENERGIA / ENEPTEIA	1619kJ 38zkcal	453kJ 107k	cal (5)
MATIÈRES GRASSES / VETTEN / GRASSI / GRASAS / LÍPIDOS / AITH	1.59	0.49	(<1)
dont acides gras saturés / waarvan verzadigde vetzuren / di cui acidi grassi saturi / de las cuales saturadas / dos quais saturados / εκ των οποίων κορεσμένα	0.6g	0.29	(<1)
GLUCIDES / KOOLHYDRATEN / CARBOIDRATI / HIDRATOS DE CARBONO / ΥΔΑΤΑΝΘΡΑΚΈΣ	84g	249	
dont sucres / waarvan suikers / di cui zuccheri / de los cuales azúcares / dos quais açúcares / εκ των οποίων σάκχαρι	28g	7.89	(9)
FIBRES ALIMENTAIRES / VEZELS / FIBRE / FIBRA ALIMENTARIA / FIBRA / OYTIKEX INEX	3.5g	1.09	
PROTÉINES / EIWITTEN / PROTEINE / PROTÉINAS / ΠΡΩΤΕΊΝΕΣ	6.3g	1.89	
SEL/ZOUT/SALE/SAL/AAATI	0.70g	0.20g	(3).



Assortment of cereals with an ingredient list and nutritional values for each item in the assortment 

you must choose the correct subcategory for each item

More information about assortments slides 44 to 51 in guideline "Methodology for data collection"



## Cereal preparation to drink

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	796	Cereal preparation to drink	Contains cereal-based products to be reconstituted and whose commercial name or legal name suggests consumption as a beverage. These products contain cereals in powdered, ground form. Conventional porridge mixes are not included in this subcategory.
				Example: Drinking porridge (porridge in powder form), etc.







## Thank you for your attention!

# The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



## WP 5 – GUIDELINES FOR CLASSIFICATION





Food category: Delicatessen meats and similar (5)

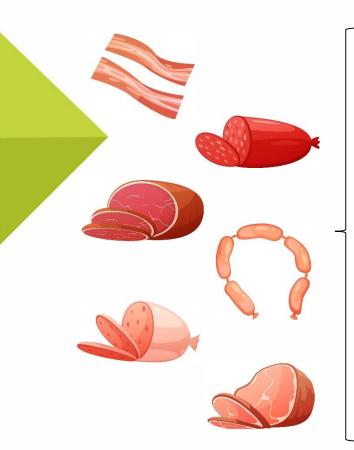
- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Main types of products (slide 5)
- List of the subcategories and associated definitions (slides 6-8)
- Definitions of the subcategories and examples of products included (slides 9 – 34)



#### Food category: Delicatessen meats and similar

## What kind of product can be considered as <u>delicatessen meats and</u> similar?

Delicatessen meats and alternative meat-free products (containing tofu, soy, etc.), found in the room-temperature, chilled and frozen, pre-packed sections (excluding foods cut to order)



- ✓ Cooked ham and shoulder, ham knuckle, roast poultry or pork, etc.
- ✓ Raw-cured ham, dry-cured ham
- ✓ Sausages, cooked sausages, sausage specialities, chorizo, dry sausages, etc.
- ✓ Pâté, country-style pâté, duck mousse, pork liver mousse or terrine, etc.
- ✓ Lardons
- ✓ Pork belly and bacon
- ✓ Boudin (white or blood sausage), uncooked andouille and andouillette (chitterling sausage)
- ✓ Sausage specialities such as chipolatas, merguez, coarse minced sausages (Morteau, Montbéliard, etc.)
- ✓ Dried, smoked or cured meats (Coppa, Alsatian Kassler, Corsican Lonzu, Bündnerfleisch, Bresaola, etc.)
- ✓ Corned beef, corned lamb, etc. (canned or not)
- ✓ Preserved uncooked meat (such as canned sausages)
- ✓ Alternative meat-free products (containing tofu, soy, etc.)



#### Food category: Delicatessen meats and similar

#### What is excluded from the Delicatessen meats and similar category?

- Delicatessen meats in pastry
- Delicatessen meat products included in complete dishes (such as sauerkraut, cassoulet, couscous, etc.)
- Canned cooked meats (meats cooked in sauce, special meat recipes, etc.)
- Foie gras
- Gizzards and poultry livers
- Delicatessen meat assortments with cheese
- Meat salads
- Aspic products















#### Food category: Delicatessen meats and similar

- 5 main types of products 21 subcategories in total

Hams and roasts	Cured meats	Sausages and similar	Cooked meats	Other delicatessen meats
Cooked pork ham and roast (packaged)	Dried, smoked or cured pork	Sausages	Cooked lamb (packaged)	Pork belly and bacon (packaged)  Poultry lardons
Poultry ham and roast (packaged)	Dried, smoked or cured beef	Dry sausage	Cooked beef (packaged)	Boudin, andouille and andouillette  Alternative products without animal protein
Cured ham	Other cured meats	Pepperoni	Other cooked meats (packaged)	Preserved pork or poultry liver (canned)  Assortment of delicatessen meats  Other delicatessen meats based on offal



#### Food category: Delicatessen meats and similar

#### Hams and roasts

Category code: 5

Subcategory code	Subcategory	Definition
742	Cooked pork ham and roast (packaged)	Cooked pork ham and roast, plain, smoked, golden baked, with herbs, etc. in slices or in the form of dice/cubes, matchsticks, grated ham, chopped ham. Cooked ham knuckle, all qualities combined. Prosciutto cotto is included in this subcategory. Contains similar products reduced in salt.
332	Poultry ham and roast (packaged)	Poultry breast or fillet, plain or smoked, golden baked, with herbs, mustard, etc.  Poultry roast, poultry breast, cooked poultry meat preparations, in slices or in the form of dice/cube, matchsticks, grated, chopped.  Contains similar products reduced in salt.
333	Cured ham	Dry-cured ham or raw cured ham Example : Prosciutto crudo, Serrano ham, Iberian ham, Speck dell' Alto Adige, etc. Contains similar products reduced in salt.

#### **Cured meats**

Subcategory code	Subcategory	Definition
628	Dried, smoked or cured pork	Dried, smoked or cured pork (coppa, Alsatian Kassler, Corsican Lonzu and other regional specialities of this type). Contains similar products reduced in salt.
629	Dried, smoked or cured beef	Dried, smoked or cured beef (Bündnerfleisch, bresaola,). Contains similar products reduced in salt.
632	Other cured meats	Dried meat other than pork or beef. Veal bacon and poultry bacon are included in this subcategory.  Contains similar products reduced in salt.



## Food category: Delicatessen meats and similar

#### Sausages and similar

Category code: 5

Subcategory code	Subcategory	Definition
795	Sausages	All types of sausages. Sausages with smooth homogeneous filling, from pork or other meat (poultry, beef) like sausages from Alsace, Strasbourg or Frankfurt, cocktail sausages, sausages with cheese inclusions. Saveloys, sausages for slicing with smooth homogeneous filling (roulades), fine Lyon sausages, cooked sausages with garlic, Paris sausages. Mortadella, with or without pistachios. Sausage specialties such as chipolatas, merguez or sausages with Provençal herbs, coarse minced sausages (Morteau, Montbéliard, etc.). Cachir sausages are included in this subcategory. Cotto salami (boiled salami) is included in this subcategory. Contains similar products reduced in salt.
520	Dry sausage	Dry-cured sausages with or without inclusions (dried fruit, cheese, olives, etc.), dry salami, danish salami. Cotto salami (boiled salami) is excluded from this subcategory.  Does not contain pepperoni and chorizo.  Contains similar products reduced in salt.
634	Pepperoni	Cured mixture of pork and/or beef seasoned with paprika or other chili pepper. Contains similar products reduced in salt.
168	Chorizo	Chorizo (sliced or unsliced). Contains similar products reduced in salt.

#### Cooked meats

Subcategory code	Subcategory	Definition
1	Cooked lamb (packaged)	Cooked lamb packaged in trays or packs or canned. Contains similar products reduced in salt.
90 Cooked beef (packaged) Cooked beef packaged in trays or packs or canned. Example : corned beef, etc. Contains similar products reduced in salt.		
50 Other cooked meats Other cooked meats (packaged or canned). (packaged) Contains similar products reduced in salt.		



## Food category: Delicatessen meats and similar

#### Other delicatessen meats

Category code: 5

Subcategory code	Subcategory	Definition
753 Pork belly and bacon (packaged)		Belly, country bacon, pancetta, lardons or matchsticks (allumettes) made from cured pork belly or cuts, slices or matchsticks of pork bacon. Contains similar products reduced in salt.
342	Poultry lardons	Lardons or matchsticks made from poultry meat. Contains similar products reduced in salt.
743	Pâté	Country-style pâté, with or without mushrooms or herbs. Superior country-style pâté, country terrine, Breton pâté or terrine, with mushrooms or herbs. Pork liver pâté, mousse, terrine or cream, with or without mushrooms and herbs. Pâté or terrine made from game, with or without inclusions (dried fruit, chestnuts, etc.). Pork-based pâté: ham pâté, meat pâté, Ardennes pâté. Pâté or terrine made from poultry (duck, turkey, chicken) or rabbit, with or without inclusions, containing pork. Pork rillettes. Other pork delicatessen specialties similar to rillettes. Chicken, duck or goose rillettes, scratchings (may contain pork). Other poultry-based delicatessen specialties similar to rillettes. Duck mousse of superior quality or not, with or without mushrooms and herbs, regardless of the liver content.  Contains similar products reduced in salt.
630	Boudin, andouille et andouillette	Boudin (white or blood sausage), uncooked andouille and andouillette (chitterling sausage). Contains similar products reduced in salt.
631	Alternative products without animal protein	Alternative products without animal protein (containing tofu, soy, etc.). These products may contain vegetables. Falafels, veggie steaks or patties are excluded from this subcategory.  Contains similar products reduced in salt.
177	Preserved pork or poultry liver (canned)	Confit of poultry or pork liver. Contains similar products reduced in salt.
740	Assortment of delicatessen meats	Assortment of different delicatessen meats with average nutritional values for all the assortment components and consisting of products not belonging to the same subcategories.  Contains similar products reduced in salt.
741	Other delicatessen meats based on offal	Other delicatessen meats based on offal : cooked tongue, cooked muzzle, etc. Contains similar products reduced in salt.



#### Food category: Delicatessen meats and similar

- 5 main types of products 21 subcategories in total

١	Hams	and
	roas	sts

Cooked pork ham and roast (packaged)

Poultry ham and roast

Cured ham

Cured meats

Sausages and similar

Cooked meats

Other delicatessen meats



#### Cooked pork ham and roast (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	742	Cooked pork ham and roast (packaged)	Cooked pork ham and roast, plain, smoked, golden baked, with herbs, etc. in slices or in the form of dice/cubes, matchsticks, grated ham, chopped ham. Cooked ham knuckle, all qualities combined. Prosciutto cotto is included in this subcategory.  Contains similar products reduced in salt.









#### Poultry ham and roast (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	332	Poultry ham and roast (packaged)	Poultry breast or fillet, plain or smoked, golden baked, with herbs, mustard, etc. Poultry roast, poultry breast, cooked poultry meat preparations, in slices or in the form of dice/cube, matchsticks, grated, chopped. Contains similar products reduced in salt.



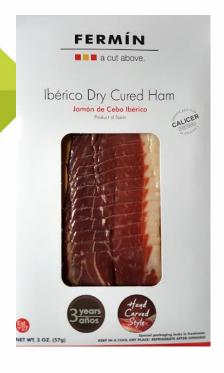






#### Cured ham

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	333	Cured ham	Dry-cured ham or raw cured ham Example: Prosciutto crudo, Serrano ham, Iberian ham, Speck dell' Alto Adige, etc. Contains similar products reduced in salt.



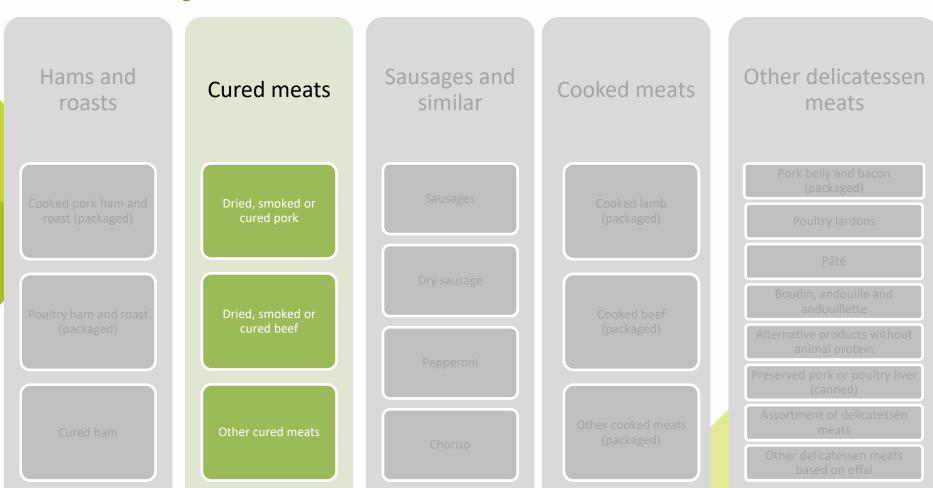






#### Food category: Delicatessen meats and similar

- 5 main types of products 21 subcategories in total





## Dried, smoked or cured pork

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	628	Dried, smoked or cured pork	Dried, smoked or cured pork (coppa, Alsatian Kassler, Corsican Lonzu and other regional specialities of this type). Contains similar products reduced in salt.









#### Dried, smoked or cured beef

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	629	Dried, smoked or cured beef	Dried, smoked or cured beef (Bündnerfleisch, bresaola,). Contains similar products reduced in salt.









#### Other cured meats

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	632	Other cured meats	Dried meat other than pork or beef. Veal bacon and poultry bacon are included in this subcategory. Contains similar products reduced in salt.





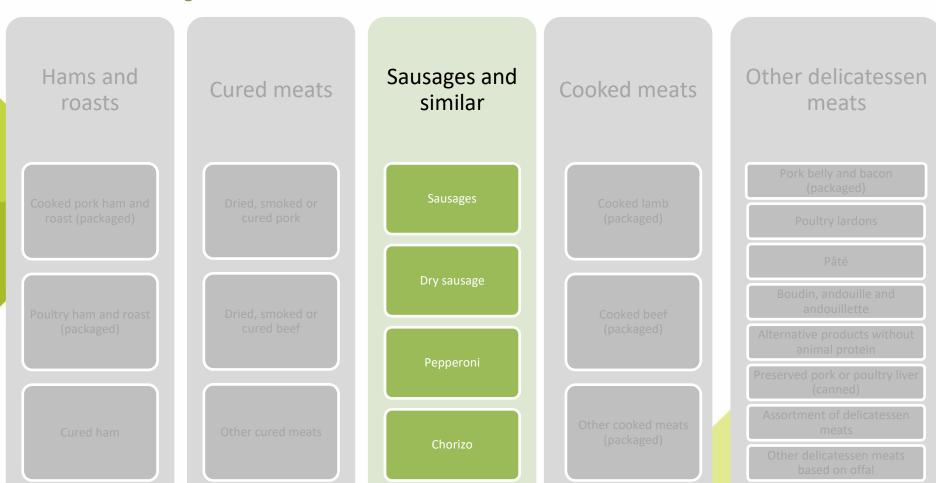






#### Food category: Delicatessen meats and similar

- 5 main types of products 21 subcategories in total





#### Sausages

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	795	Sausages	All types of sausages. Sausages with smooth homogeneous filling, from pork or other meat (poultry, beef) like sausages from Alsace, Strasbourg or Frankfurt, cocktail sausages, sausages with cheese inclusions. Saveloys, sausages for slicing with smooth homogeneous filling (roulades), fine Lyon sausages, cooked sausages with garlic, Paris sausages. Mortadella, with or without pistachios. Sausage specialties such as chipolatas, merguez or sausages with Provençal herbs, coarse minced sausages (Morteau, Montbéliard, etc.). Cachir sausages are included in this subcategory. Cotto salami (boiled salami) is included in this subcategory. Contains similar products reduced in salt.









CICHIR VOLAILLE





CACHIR VOLAILLE

BŒUF NATURE



#### Dry sausage

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	520	Dry sausage	Dry-cured sausages with or without inclusions (dried fruit, cheese, olives, etc.), dry salami, Danish salami. Cotto salami (boiled salami) is excluded from this subcategory.  Does not contain pepperoni and chorizo. Contains similar products reduced in salt.











## Pepperoni

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	634	Pepperoni	Cured mixture of pork and/or beef seasoned with paprika or other chili pepper. Contains similar products reduced in salt.









#### Chorizo

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	168	Chorizo	Chorizo (sliced or unsliced). Contains similar products reduced in salt.



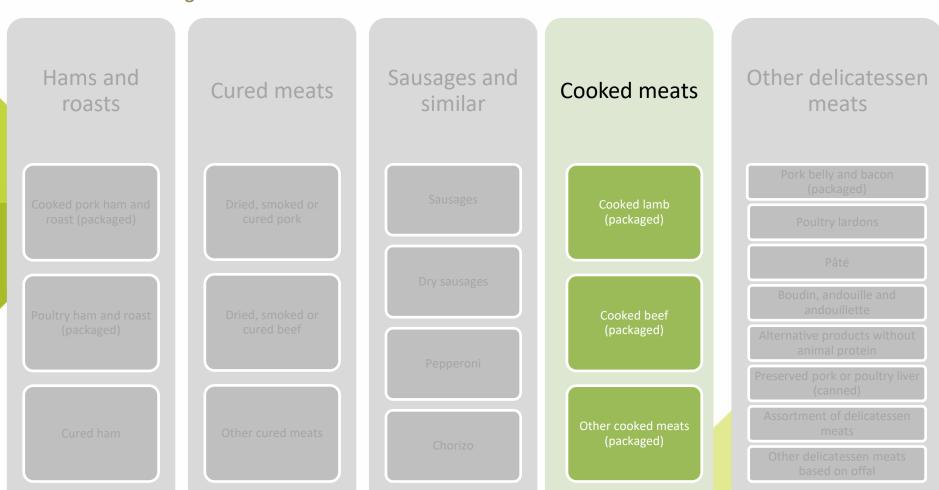






#### Food category: Delicatessen meats and similar

- 5 main types of products 21 subcategories in total





## Cooked lamb (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	1	Cooked lamb (packaged)	Cooked lamb packaged in trays or packs or canned. Contains similar products reduced in salt.









## Cooked beef (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	90	Cooked beef (packaged)	Cooked beef packaged in trays or packs or canned. Example: corned beef, etc. Contains similar products reduced in salt.







#### Other cooked meats (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	50	Other cooked meats (packaged)	Other cooked meats (packaged or canned). Contains similar products reduced in salt.









#### Food category: Delicatessen meats and similar

- 5 main types of products 21 subcategories in total





#### Pork belly and bacon (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	753	Pork belly and bacon (packaged)	Belly, country bacon, pancetta, lardons or matchsticks (allumettes) made from cured pork belly or cuts, slices or matchsticks of pork bacon. Contains similar products reduced in salt.











#### Poultry lardons

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	342	Poultry lardons	Lardons or matchsticks made from poultry meat. Contains similar products reduced in salt.





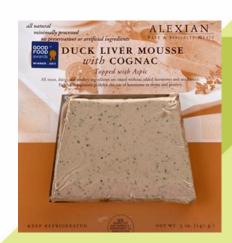


#### Pâté

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	743	Pâté	Country-style pâté, with or without mushrooms or herbs. Superior country-style pâté, country terrine, Breton pâté or terrine, with mushrooms or herbs. Pork liver pâté, mousse, terrine or cream, with or without mushrooms and herbs. Pâté or terrine made from game, with or without inclusions (dried fruit, chestnuts, etc.). Pork-based pâté: ham pâté, meat pâté, Ardennes pâté. Pâté or terrine made from poultry (duck, turkey, chicken) or rabbit, with or without inclusions, containing pork. Pork rillettes. Other pork delicatessen specialties similar to rillettes. Chicken, duck or goose rillettes, scratchings (may contain pork). Other poultry-based delicatessen specialties similar to rillettes. Duck mousse of superior quality or not, with or without mushrooms and herbs, regardless of the liver content. Contains similar products reduced in salt.









#### Boudin, andouille et andouillette

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	630	Boudin, andouille et andouillette	Boudin (white or blood sausage), uncooked andouille and andouillette (chitterling sausage). Contains similar products reduced in salt.









#### Alternative products without animal protein

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	631	Alternative products without animal protein	Alternative products without animal protein (containing tofu, soy, etc.). These products may contain vegetables. Falafels, veggie steaks or patties are excluded from this subcategory.  Contains similar products reduced in salt.









## Preserved pork or poultry liver (canned)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	177	Preserved pork or poultry liver (canned)	Confit of poultry or pork liver. Contains similar products reduced in salt.







#### Assortment of delicatessen meats

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	740	Assortment of delicatessen meats	Assortment of different delicatessen meats with average nutritional values for all the assortment components and consisting of products not belonging to the same subcategories.  Contains similar products reduced in salt.









#### Other delicatessen meats based on offal

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	741	Other delicatessen meats based on offal	Other delicatessen meats based on offal : cooked tongue, cooked muzzle, etc. Contains similar products reduced in salt.









# Thank you for your attention!

# The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



WP5: GUIDELINES FOR CLASSIFICATION





Food category: Fresh dairy products and desserts (3)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the food category (slide 5-6)
- List of the subcategories and associated definitions (slides 7-9)
- Definitions of the subcategories and examples of products included (slides 10 36)



Food category: Fresh dairy products and desserts

- ➤ What kind of product can be considered as a <u>fresh dairy</u> product and dessert ?
- → Dairy products and desserts to be stored chilled



- Yoghurts and drinkable yoghurts
- Fresh cheeses (Quark, skyr, ...)
- Dessert creams, custards, jellied milks, crèmes brûlées, flans, floating islands
- Rice puddings
- Fresh-plant based desserts
- Fresh mousse-type desserts
- Fresh cakes, fresh pastries
- Fresh dairy-based desserts (tiramisu, cheesecake, clafoutis, profiteroles, rum baba ...)
- Panna Cotta
- Curdled milks





Food category: Fresh dairy products and desserts

➤ What is <u>excluded</u> from the fresh dairy products and desserts category ?



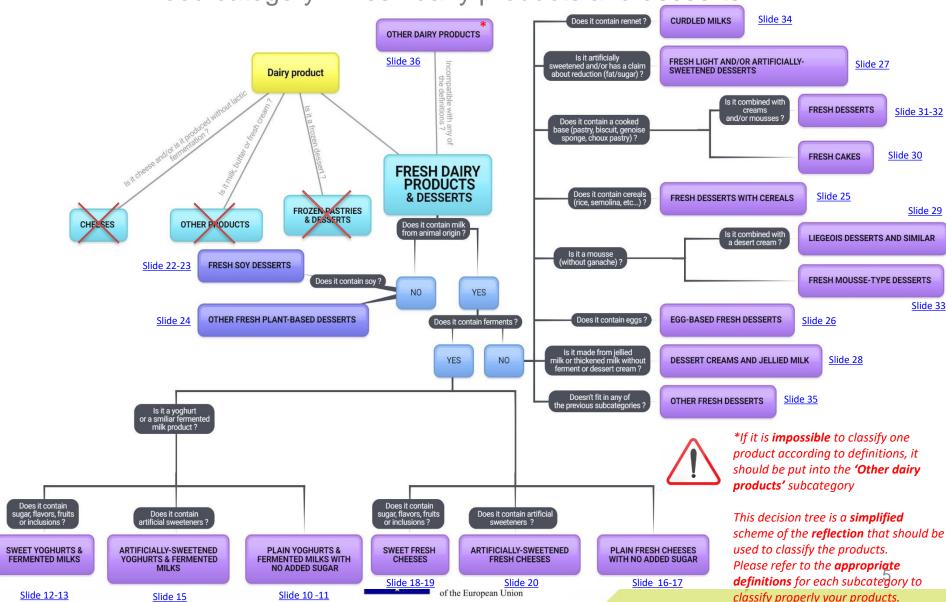
- Milk, butter, fresh cream
- Cheeses (ricotta, mascarpone, cottage cheese, cream cheese and similar\*)
- Frozen pastries and desserts
- Dairy products to be stored at room temperature
- Whey products\*

\*However, some of them can be used in **fresh desserts'** recipes (tiramisu, cheesecake ...) or in dairy products' formulation





Food category: Fresh dairy products and desserts





## Food category: Fresh dairy products and desserts

- Classification distinguish different categories of products :
- > For each yoghurts and fermented milks subcategories (plain or sweet) based on **fat content** :
  - Classic yoghurts and fermented milks : fat content ≤ 3,6 g/100g
  - Gourmet yoghurts and fermented milks: fat content > 3,6 g/100g
- For each fresh cheeses subcategories (plain or sweet) based on fat content:
  - Classic fresh cheeses : fat content ≤ 3,8 g/100g
  - Gourmet fresh cheeses: fat content > 3,8 g/100g
- For the fresh soy desserts based on sugar content :
  - Fresh plain unsweetened soy desserts: if the product is plain with no sugar
  - Fresh sweetened soy desserts: if the product contains sugar and/or flavours
- For the fresh desserts based on the product composition :
  - Fresh desserts with fruit: if the product contains fruits
  - Fresh desserts without fruit: if the product does not contain fruits





## Fresh dairy products and desserts subcategories & definitions

		Category code: 3			
Subcategory code	Subcategory	Definition Definition			
612	Classic plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, with a fat content ≤3.6g/100g. Do not contain artificial sweetener			
613	Gourmet plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt with a fat content >3.6g/100g, mainly due to the addition of cream. Do not contain artificial sweetener			
614	Classic sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content ≤3.6g/100g. Groups together plain or flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc. Contains drinkable dairy products with or without ferments			
615	Gourmet sweet <b>yoghurts and</b> <b>fermented milks</b>	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content >3.6g/100g, mainly due to the addition of cream. Groups together plain and flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc.			
611	Artificially-sweetened yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, and containing artificial sweeteners regardless of the fat content, with or without sugar. Contains drinkable dairy products with or without ferments.			
249	Classic plain <b>fresh cheeses</b> with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, faisselles, quark, skyr and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheeses, with a fat content ≤3.8g/100g. Do not contain artificial sweetener			
250	Gourmet plain <b>fresh cheeses</b> with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, petits suisses, faisselles, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheese and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artificial sweetener			
719	Classic sweetened fresh cheeses	Sugar-sweetened (without artificial sweetening) fresh cheeses, smooth fromage blanc, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, with a fat content ≤3.8g/100g. Includes plain and flavoured products, with fruit, on a bed of fruit, etc.			
252	Gourmet sweet <b>fresh cheeses</b>	Sweetened fresh cheeses, smooth fromages blancs, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/ fresh cheeses and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artifical sweetener. Groups together plain and flavoured products but also those containing fruits, on a bed of fruit, with inclusions of chocolate/caramel/biscuit/cereal, etc.			
708	Artificially-sweetened fresh cheeses	Artificially-sweetened fresh cheeses, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, irrespective of fat content. May contain artificially-sweetened and sugar-sweetened products			



## Fresh dairy products and desserts subcategories & definitions

Category code: 3

Subcategory code	Subcategory	Definition
712	Fresh plain unsweetened soy desserts	Includes all plain unsweetened soy desserts
711	Fresh sweetened soy desserts	Includes all sweetened soy desserts, regardless of the flavour (plain, fruit, chocolate, vanilla, etc.)
713	Other fresh plant-based desserts	Includes all plant-based dessert other than those with soy, whether sweetened or not, with or without cereals
215	Fresh desserts with cereals	Groups together fresh desserts such as all rice milk puddings (vanilla, caramel, chocolate, on a bed of strawberry, etc.), semolina milk puddings, as well as rice and semolina cakes. Groups together products with or without inclusions (of grapes, coconut, etc.), with or without topping.
216	Egg-based fresh desserts	Egg-based dessert such as egg creams, crèmes caramel, egg custards, floating islands, œufs au lait, crèmes brûlées and catalan creams
218	Fresh light and/or artificially-sweetened desserts	Groups together all products in the fresh desserts category containing artificial sweeteners and/or a nutrition claim about reduction, low or no fat and/or sugar according to Regulation (EC) No 1924/2006
709	Dessert creams and jellied milks	Groups together fresh desserts based on jellied milk or thickened milk without ferment, such as flan or dessert creams, regardless of the flavour (chocolate, vanilla, coffee, brownie, with fruit, on a bed of fruit, etc.)
710	Liégeois desserts and similar	Groups together fresh desserts with "Liégeois" or "Viennese" on the front of the packaging as well as equivalent products based on dessert cream topped with a layer of whipped cream/mousse. Liégeois mousses and equivalent products such as mousse topped with whipped mousse/cream are not included in this subcategory





# Fresh dairy products and desserts subcategories & definitions

Category code: 3

Subcategory code	Subcategory	Definition
714	Fresh cakes	Groups together fresh desserts sold in the chilled food section such as brownies, cakes, fondants, moist cakes with melting centres (regardless of the filling), rum baba, clafoutis, far
715	Fresh desserts with fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge) combined with creams and/or mousses and containing fruit (cut fruit, coulis, juice, purée) (example: bavarois/fruit cheesecake/fruit tiramisu/tart/crumble/fruit charlotte, Black Forest gâteau, fraisier or framboisier cakes)
716	Fresh desserts without fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge, choux pastry) combined with creams and/or mousses and not containing fruit (example: cheesecake without fruit/tiramisu without fruit/chocolate tart/profiteroles)
718	Fresh mousse-type desserts	Groups together mousses of all flavours (chocolate, coffee, caramel, fruit, etc.), including Liégeois mousses and mousses with sauces. May contain eggs. Does not include mousses with fromage blanc/fresh cheese and mousses with ganache.
720	Curdled milks	Includes fresh dairy desserts (other than fresh cheeses) based on renneted milk
717	Other fresh desserts	Groups together fresh desserts other than dessert creams, jellied milks, Liégeois desserts, curdled milks, mousses, egg- or cereal-based desserts, cakes and pastry desserts. Contains for example panna cotta, mousses with ganache, fruit/fruit purées topped with whipped cream, French toast, etc.
35	Other dairy products	Other dairy products



## Classic plain yoghurts and fermented milks with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	612	Classic plain <b>yoghurts and</b> <b>fermented milks</b> with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, with a fat content ≤3.6g/100g. Do not contain artificial sweetener









#### Gourmet plain yoghurts and fermented milks with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	613	Gourmet plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt with a fat content >3.6g/100g, mainly due to the addition of cream. Do not contain artificial sweetener









## Classic sweet yoghurts and fermented milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	614	Classic sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content ≤3.6g/100g. Groups together plain or flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc. Contains drinkable dairy products with or without ferments











#### Gourmet sweet yoghurts and fermented milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	615	Gourmet sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content >3.6g/100g, mainly due to the addition of cream. Groups together plain and flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc.









Yoghurts and fermented milks

# /!\ Information to take into account only if the ingredient lists of the products are not available

To decide if a yoghurt or fermented milk should be classified as **plain with no added sugar** or as **sweet** when the <u>ingredient list is not available</u> and <u>no specific flavor is mentionned in the name</u> (i.e. natural, etc.):

- → See if the commercial name or the legal name of the product contains a health claim 'no added sugar' or similar
- → If not, use the sugar content of the product (g/100g):
  - For a sugar content < 7.0 g/100 g: the product is considered as **plain with no added sugar**
  - For a sugar content > 7.0 g/100 g: the product is considered as **sweet**



The cut off is a hypothesis based on observations on the French market and should help to classify only as a last resort

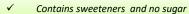




#### Artificially-sweetened yoghurts and fermented milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	611	Artificially-sweetened yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, and containing artificial sweeteners regardless of the fat content, with or without sugar. Contains drinkable dairy products with or without ferments.







✓ Fermented milk with sweeteners



✓ Fermented milk with sweeteners





## Classic plain fresh cheeses with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	249	Classic plain <b>fresh cheeses</b> with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, faisselles, quark, skyr and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheeses, with a fat content ≤3.8g/100g. Do not contain artificial sweetener







Contains also yoghurt but in a lower amount than Quark so it is still considered as a fresh cheese





#### Gourmet plain fresh cheeses with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	250	Gourmet plain <b>fresh cheeses</b> with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, petits suisses, faisselles, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheese and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artificial sweetener









#### Classic sweetened fresh cheeses

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	719	Classic sweetened <b>fresh</b> cheeses	Sugar-sweetened (without artificial sweetening) fresh cheeses, smooth fromage blanc, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, with a fat content ≤3.8g/100g. Includes plain and flavoured products, with fruit, on a bed of fruit, etc.









#### Gourmet sweet fresh cheeses

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	252	Gourmet sweet fresh cheeses	Sweetened fresh cheeses, smooth fromages blancs, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/ fresh cheeses and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artifical sweetener. Groups together plain and flavoured products but also those containing fruits, on a bed of fruit, with inclusions of chocolate/caramel/biscuit/cereal, etc.









#### Artificially-sweetened fresh cheeses

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	708	Artificially-sweetened <b>fresh</b> cheeses	Artificially-sweetened fresh cheeses, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, irrespective of fat content. May contain artificially-sweetened and sugar-sweetened products







✓ Contains sweeteners and sugar





Yoghurts and fermented milks

#### /!\ For products containing both fresh cheese and yoghurt :

To decide if the product should be classified as a yoghurt and fermented milk or as a fresh cheese :

- → Check if the legal name of the product highlights one of the two ingredients of interest :

  For example « fresh cheese preparation with ... », etc
  - > If the term yoghurt or fermented milk is mentioned, then classify the product as such
  - If the term **fresh cheese** is mentioned, then classify it as such
- → If the legal name doesn't allow the classification of the product, then look at the ingredient list :
  - If the yoghurt content is higher than the fresh cheese's content, then classify it as a **yoghurt and fermented milk**
  - If the fresh cheese content is higher than the yoghurt's content, then classify it as a fresh cheese





## Fresh plain unsweetened soy desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	712	Fresh plain unsweetened soy desserts	Includes all plain unsweetened soy desserts







#### Fresh sweetened soy desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	711	Fresh sweetened soy desserts	Includes all sweetened soy desserts, regardless of the flavour (plain, fruit, chocolate, vanilla, etc.)









#### Other fresh plant-based desserts

Catego code	y Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	713	Other fresh plant-based desserts	Includes all plant-based dessert other than those with soy, whether sweetened or not, with or without cereals









#### Fresh desserts with cereals

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	215	Fresh desserts with cereals	Groups together fresh desserts such as all rice milk puddings (vanilla, caramel, chocolate, on a bed of strawberry, etc.), semolina milk puddings, as well as rice and semolina cakes. Groups together products with or without inclusions (of grapes, coconut, etc.), with or without topping.









#### Egg-based fresh desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	216	Egg-based fresh desserts	Egg-based dessert such as egg creams, crèmes caramel, egg custards, floating islands, œufs au lait, crèmes brûlées and catalan creams







#### Fresh light and/or artificially-sweetened desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	218	Fresh light and/or artificially- sweetened desserts	Groups together all products in the fresh desserts category containing artificial sweeteners and/or a nutrition claim about reduction, low or no fat and/or sugar according to Regulation (EC) No 1924/2006



✓ Classified in this subcategory because no ferments (so not a yoghurt or a fresh cheese) but contains sweeteners



✓ Chocolate mousse which contains sweeteners



Nutrition claim 'Low fat'





#### Dessert cream and jellied milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	709	Dessert cream and jellied milks	Groups together fresh desserts based on jellied milk or thickened milk without ferment, such as flan or dessert creams, regardless of the flavour (chocolate, vanilla, coffee, brownie, with fruit, on a bed of fruit, etc.)







✓ Flan without eggs, only jellied milk





## Liégeois desserts and similar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	710	Liégeois desserts and similar	Groups together fresh desserts with "Liégeois" or "Viennese" on the front of the packaging as well as equivalent products based on dessert cream topped with a layer of whipped cream/mousse. Liégeois mousses and equivalent products such as mousse topped with whipped mousse/cream are not included in this subcategory









#### Fresh cakes

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	714	Fresh cakes	Groups together fresh desserts sold in the chilled food section such as brownies, cakes, fondants, moist cakes with melting centres (regardless of the filling), rum baba, clafoutis, far

Co-funded









#### Fresh desserts with fruit

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	715	Fresh desserts with fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge) combined with creams and/or mousses and containing fruit (cut fruit, coulis, juice, purée) (example: bavarois/fruit cheesecake/fruit tiramisu/tart/crumble/fruit charlotte, Black Forest gâteau, fraisier or framboisier cakes)









#### Fresh desserts without fruit

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	716	Fresh desserts without fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge, choux pastry) combined with creams and/or mousses and not containing fruit (example: cheesecake without fruit/tiramisu without fruit/chocolate tart/profiteroles)









#### Fresh mousse-type desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	718	Fresh mousse-type desserts	Groups together mousses of all flavours (chocolate, coffee, caramel, fruit, etc.), including Liégeois mousses and mousses with sauces. May contain eggs. Does not include mousses with fromage blanc/fresh cheese and mousses with ganache.



✓ This product is made of two mousses layers combined in one dessert; it is different from the Liégeois desserts and similar subcategory as it doesn't contain dessert cream











#### Curdled milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	720	Curdled milks	Includes fresh dairy desserts (other than fresh cheeses) based on renneted milk







#### Other fresh desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	717	Other fresh desserts	Groups together fresh desserts other than dessert creams, jellied milks, Liégeois desserts, curdled milks, mousses, egg- or cereal-based desserts, cakes and pastry desserts. Contains for example panna cotta, mousses with ganache, fruit/fruit purées topped with whipped cream, French toast, etc.









## Other dairy products

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	35	Other dairy products	Other dairy products





# Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



WP5: GUIDELINES FOR CLASSIFICATION





Food category: Soft drinks (9)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the food category (slide 5-6)
- List of the subcategories and associated definitions (slides 7 10)
- Definitions of the subcategories and examples of products included (slides 11 – 44)



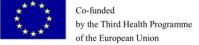
### Food category: Soft drinks

➤ What kind of product can be considered as a <u>soft drink</u>?



- Fruit or vegetable beverages
- Flavoured milk beverages
- Plant-based beverages
- Flavoured waters
- Colas
- Tea beverages
- Sport drinks
- Energy drinks
- Tonics and bitter
- Alcohol-free beers
- Aperitif beverages
- Instant drinks (powders)
- Spritzer/schorle\*

<sup>\*</sup>Beverages containing fruit juice with water and carbon dioxide, usually named 'Schorle' or 'Spitzer'





### Food category: Soft drinks

➤ What is <u>excluded</u> from the soft drink category ?



Fruit juices

Fruit juices from concentrate

Nectars

Syrups and concentrated <u>liquids</u> for instant drinks

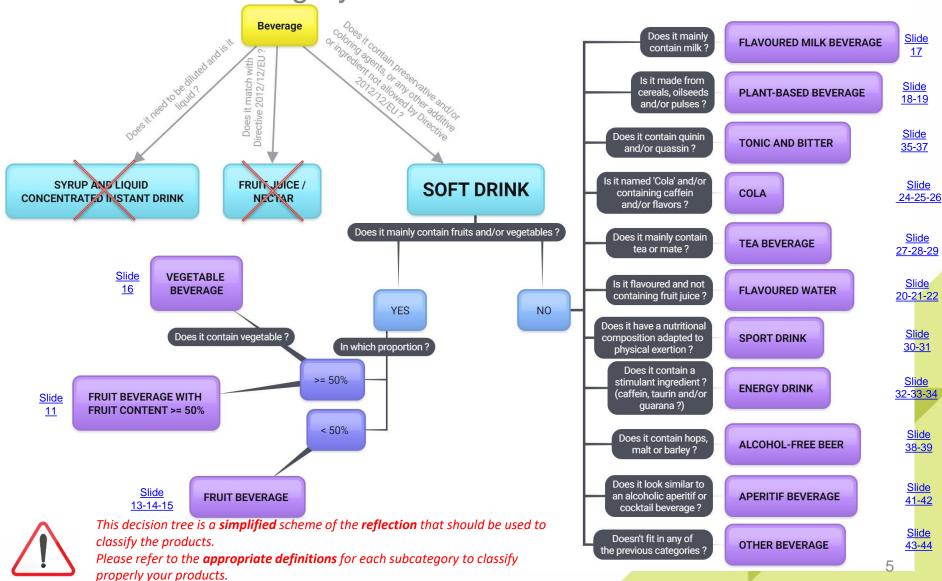
(Sodastream, ...)

	Fruit juices	Fruit juices from concentrate	Nectars
Fruit content	100%	100%	25-50% minimum
	Allowed	/ Prohibited ingredient	s
Vitamins & minerals	Yes	Yes	Yes
Pulp	Yes	Yes	Yes
Lemon juice (for acidification)	Yes	Yes	Yes
Added sugars	No	No	Yes
Preservative and coloring agents	No	No	No





Food category: Soft drinks





### Food category: Soft drinks

- Classification distinguishes most of the time 3 types of products :
- ➤ <u>Beverages with no added sugars</u>: can be containing **artificial sweeteners** but no ingredients such as **mono- and disaccharides** (sucrose, glucose, fructose, fruit sugar, etc.), **syrup, honey, caramel** (not used as an additive)
- Sugar-sweetened and artificially-sweetened beverages: containing one (or more) artificial sweetener(s) with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive)
- ➤ <u>Sugar-sweetened beverages</u>: not containing <u>artificial sweeteners</u> but containing one or more ingredients such as <u>mono- and disaccharides</u> (sucrose, glucose, fructose, fruit sugar, etc.), <u>syrup</u>, <u>honey</u>, <u>caramel</u> (not used as an additive)

This distinction is not used for **Vegetable beverages**, **Flavoured milk beverages**, **Plant-based beverages**, **Sports drinks**, **Alcohol-free beers**, **Aperitif beverages** and **Other beverages** 





### Soft drink subcategories & definitions

Category code: 9

Subcategory code	Subcategory	Definition
95	Fruit beverages with fruit content > or = 50%	Product with a combined <b>fruit juice and purée content ≥ 50%.</b> Possible presence of coconut (not considered as a fruit), milk, tea and cereals in lower proportions than the fruit(s). This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.
645	Fruit beverages without added sugar	Beverages with or without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel not used as an additive. Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s).  Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.
646	Sugar-sweetened and artificially-sweetened fruit beverages	Artificially-sweetened beverages, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.
647	Sugar-sweetened fruit beverages	Beverages without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s).  Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.
99	Vegetable beverages	Beverages containing at least one vegetable (e.g. carrot) and with a vegetable and/or fruit juice and purée content > 50% and which include the term vegetable(s) in their sale description. Possible presence of coconut and tea. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.
644	Flavoured milk beverages	Flavoured (chocolate, coffee, strawberry, etc.) drinks containing milk (of animal origin) whose sales description indicates milk drink or flavoured milk. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.
648	Plant-based beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.



## Soft drink subcategories & definitions

Category code: 9

Subcategory code	Subcategory	Definition
649	Sugar-sweetened plant- based beverages	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.
650	Flavoured waters without added sugar	Flavoured waters with or without artificial sweetening, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products without juice or ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
651	Flavoured sugar- sweetened and artificially- sweetened waters	Flavoured artificially-sweetened waters, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
652	Flavoured sugar- sweetened waters	Flavoured waters without artificial sweetening, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with at least one ingredient such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
653	Colas without added sugar	Cola-flavoured beverages with or without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).
654	Sugar-sweetened and artificially-sweetened colas	Cola-flavoured artificially-sweetened beverages, with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).
655	Sugar-sweetened colas	Cola-flavoured beverages without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).

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## Soft drink subcategories & definitions

Category code: 9

		- 6.11		
Subcategory code	Subcategory	Definition		
656	Tea beverages without added sugar	Beverages with or without artificial sweetening, with tea or maté extracts, carbonated or still, flavoured or not, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory.		
657	Sugar-sweetened and artificially-sweetened tea beverages	Artificially-sweetened beverages, with tea or maté extracts, carbonated or still, flavoured or not, with one or more ingredients sugmono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory.		
658	Sugar-sweetened <b>tea</b> <b>beverages</b>	Beverages without artificial sweetening, with tea or maté extracts, carbonated or still, flavoured or not, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory		
659	Other <b>sports drinks</b>	Artificially-sweetened beverages whose nutritional composition is particularly adapted to physical exertion., which may contain one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes beverages without artificial sweetening and without ingredients such as mono- and disaccharides, syrup, honey, caramel (not used as additive).		
660	Sugar-sweetened sports drinks	Beverages <b>without artificial sweetening</b> containing one or more ingredients such as <b>mono- and disaccharides</b> (sucrose, glucose fructose, fruit sugar, etc.), <b>syrup, honey, caramel</b> (not used as an additive) and whose nutritional composition is particularly adaphysical exertion.		
662	Energy drinks without added sugar	Beverages with or without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) but without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Contains products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.		
663	Sugar-sweetened and artificially-sweetened energy drinks	Artificially-sweetened beverages containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) and one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.		
664	Sugar-sweetened <b>energy</b> <b>drinks</b>	Beverages without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) and one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.		



Soft drink subcategories & definitions

Category code: 9

Subcategory code	Subcategory	Definition
665	Tonics and bitters without added sugar	Beverages with or without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) but no ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).
666	Sugar-sweetened and artificially-sweetened tonics and bitters	Artificially-sweetened beverages, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).
667	Sugar-sweetened tonics and bitters	Beverages without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).  Does not include quinine-based aperitif beverages (e.g. Palermo).
668	Alcohol-free beers without added sugar	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.
669	Sugar-sweetened alcohol-free beers	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.
670	Aperitif beverages without added sugar	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on <b>dealcoholised wine</b> , <b>aniseed</b> without dilution using or <b>gentian</b> beverages, as well as <b>sparkling beverages imitating alcoholic beverages</b> consumed as an aperitif. Products that may be <b>artificially-sweetened</b> but do not contain ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).
671	Sugar-sweetened aperitif beverages	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on <b>dealcoholised wine</b> , <b>aniseed</b> without dilution using or <b>gentian</b> beverages, as well as <b>sparkling beverages imitating alcoholic beverages</b> consumed as an aperitif. Products that may be <b>artificially-sweetened</b> and containing one or more ingredients such as <b>mono- and disaccharides</b> (sucrose, glucose, fructose, fruit sugar, etc.), <b>syrup</b> , <b>honey</b> , <b>caramel</b> (not used as an additive).
672	Other beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
673	Other sugar- sweetened beverages	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.



### Fruit beverages with fruit content > or = 50%

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	95	Fruit beverages with fruit content > or = 50%	Product with a combined <b>fruit juice and purée content ≥ 50%.</b> Possible presence of coconut (not considered as a fruit), milk, tea and cereals in lower proportions than the fruit(s). This subcategory includes sugarsweetened, artificially-sweetened and unsweetened products.



✓ Contains vegetal extracts and legal name not mentionning juice or nectar



✓ Contains a flavor

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✓ Contains Coconut milk



### Fruit beverages with fruit content > or = 50%

#### **Precisions**

Some beverages can contain hops, malt or barley extracts but are not considered as alcohol-free beers:



ALLÉAUER

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/!\ Products containing only a little amount of hops, malt or barley extracts in addition to other relevant ingredients for classification (fruit juice, caffeine, etc) should not be classified automatically as alcohol-free beers

Water, invert sugar syrup\*, 1% elderberry juice from elderberry juice concentrate\*, carbonic acid, acidifier: lactic acid; natural flavouring, antioxidant: ascorbic acid; 0.03% barley malt extract.

→ Sugar-sweetened fruit beverage (647)

Natural mineral water, invert sugar syrup, lemon juice from lemon juice concentrate (4.5%), carbonic acid, natural citrus flavouring , herbal extract (0.16%), barley malt extract (gluten-free)

→ Sugar-sweetened fruit beverage (647)



# Fruit beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	645	Fruit beverages without added sugar	Beverages with or without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel not used as an additive. Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s).  Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.









### Sugar-sweetened and artificially-sweetened fruit beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	646	Sugar-sweetened and artificially- sweetened fruit beverages	Artificially-sweetened beverages, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s).  Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.







# Sugar-sweetened fruit beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	647	Sugar-sweetened fruit beverages	Beverages without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.





Contains lemon juice which makes this beverage match with this subcategory (and not the 'other beverages' subcategory despite the aloe vera juice)



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### Vegetable beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	99	Vegetable beverages	Beverages containing at least one vegetable (e.g. carrot) and with a vegetable and/or fruit juice and purée content > 50% and which include the term vegetable(s) in their sale description. Possible presence of coconut and tea. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.



✓ Contains Cucumber (which is indicated on the front pack). Fruits>50%>matcha so not considered as 'tea beverage'









### Flavoured milk beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	644	Flavoured milk beverages	Flavoured (chocolate, coffee, strawberry, etc.) drinks containing milk (of animal origin) whose sales description indicates milk drink or flavoured milk. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.







# Plant-based beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	648	Plant-based beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products without ingredients such as monoand disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.





Contains also apple juice but in lower proportion than rice





### Sugar-sweetened plant-based beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	649	Sugar-sweetened plant-based beverages	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products containing one or more ingredients such as monoand disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.









## Flavoured waters without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	650	Flavoured waters without added sugar	Flavoured waters with or without artificial sweetening, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products without juice or ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.









### Flavoured sugar-sweetened and artificially-sweetened waters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	651	Flavoured sugar- sweetened and artificially- sweetened waters	Flavoured artificially-sweetened waters, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.







## Flavoured sugar-sweetened waters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	652	Flavoured sugar- sweetened waters	Flavoured waters without artificial sweetening, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with at least one ingredient such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.







### Ginger beers / root beers

#### > Precisions

For ginger beer/root beer beverages, the classification should be made according to the subcategories definitions :

Examples of ginger beers/root beers composition		Subcategories		
1	Fruit juice (<50%)	-	Ginger extract	Fruit beverage (645, 646, 647)
2	Fruit juice (<50%)	Malt or barley extract	Ginger extract	Alcohol-free beer (668, 669)
3	-	Malt or barley extract	Ginger extract	Alcohol-free beer (668, 669)
4	-	-	Ginger extract	Flavoured water (650, 651, 652)

/!\ Even if mentionned in the **Flavoured waters** definitions, ginger beers/root beers are not automatically classified as such. They should be classified depending on the other relevant ingredients (if there are any)

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### Colas without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	653	<b>Colas</b> without added sugar	Cola-flavoured beverages with or without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).







### Sugar-sweetened and artificially-sweetened colas

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	654	Sugar-sweetened and artificially- sweetened <b>colas</b>	Cola-flavoured <b>artificially-sweetened beverages</b> , with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as <b>mono- and disaccharides</b> (sucrose, glucose, fructose, fruit sugar, etc.), <b>syrup, honey, caramel</b> (not used as an additive).







# Sugar-sweetened colas

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	655	Sugar-sweetened colas	Cola-flavoured beverages without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).







# Tea beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	656	Tea beverages without added sugar	Beverages with or without artificial sweetening, with tea or maté extracts, carbonated or still, flavoured or not, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory.







#### Sugar-sweetened and artificially-sweetened tea beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	657	Sugar-sweetened and artificially- sweetened tea beverages	Artificially-sweetened beverages, with tea or maté extracts, carbonated or still, flavoured or not, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory.







✓ Contains black tea extracts and cherry juice but only 3%





### Sugar-sweetened tea beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	658	Sugar- sweetened tea beverages	Beverages without artificial sweetening, with tea or maté extracts, carbonated or still, flavoured or not, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory







Instant drink in **powder** form that needs to be diluted and containing black tea extracts





### Artificially-sweetened sports drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	659	Other <b>sports drinks</b>	Artificially-sweetened beverages whose nutritional composition is particularly adapted to physical exertion., which may contain one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes beverages without artificial sweetening and without ingredients such as mono- and disaccharides, syrup, honey, caramel (not used as additive).







## Sugar-sweetened sports drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	660	Sugar-sweetened sports drinks	Beverages without artificial sweetening containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and whose nutritional composition is particularly adapted to physical exertion.









## Energy drinks without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	662	Energy drinks without added sugar	Beverages with or without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) but without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Contains products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.









Should be excluded because cola but contains guarana + caffein so matching the definition



### Sugar-sweetened and artificially-sweetened energy drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	663	Sugar-sweetened and artificially- sweetened <b>energy</b> <b>drinks</b>	Artificially-sweetened beverages containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) and one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.





# Sugar-sweetened energy drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	664	Sugar-sweetened energy drinks	Beverages without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) and one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.







## Tonics and bitters without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	665	Tonics and bitters without added sugar	Beverages with or without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) but no ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).









### Sugar-sweetened and artificially-sweetened tonics and bitters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	666	Sugar-sweetened and artificially-sweetened tonics and bitters	Artificially-sweetened beverages, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).







# Sugar-sweetened tonics and bitters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	667	Sugar-sweetened tonics and bitters	Beverages without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).  Does not include quinine-based aperitif beverages (e.g. Palermo).







# Alcohol-free beers without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	668	Alcohol-free beers without added sugar	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.







All beverages named
'Fassbrause' are considered as
alcohol-free beers





### Sugar-sweetened alcohol-free beers

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	669	Sugar-sweetened alcohol-free beers	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.











# Beverages containing hops, malt or barley

#### Precisions

Some beverages can contain hops, malt or barley extracts but are not considered as alcohol-free beers:





/!\ Products containing only a little amount of hops, malt or barley extracts in addition to other relevant ingredients for classification (fruit juice, caffeine, etc) should not be classified automatically as alcohol-free beers

Water, invert sugar syrup\*, 1% elderberry juice from elderberry juice concentrate\*, carbonic acid, acidifier: lactic acid; natural flavouring, antioxidant: ascorbic acid; 0.03% barley malt extract.

→ Sugar-sweetened fruit beverage (647)

Natural mineral water, invert sugar syrup, lemon juice from lemon juice concentrate (4.5%), carbonic acid, natural citrus flavouring , herbal extract (0.16%), barley malt extract (gluten-free)

→ Sugar-sweetened fruit beverage (647)



# Aperitif beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	670	Aperitif beverages without added sugar	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on dealcoholised wine, aniseed without dilution using or gentian beverages, as well as sparkling beverages imitating alcoholic beverages consumed as an aperitif. Products that may be artificially-sweetened but do not contain ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).







# Sugar-sweetened aperitif beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	671	Sugar-sweetened aperitif beverages	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on dealcoholised wine, aniseed without dilution using or gentian beverages, as well as sparkling beverages imitating alcoholic beverages consumed as an aperitif. Products that may be artificially-sweetened and containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).











# Other beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	672	Other beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.







# Other sugar-sweetened beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	673	Other sugar- sweetened beverages	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.







# Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



WP5: GUIDELINES FOR CLASSIFICATION





Food category: Cakes and biscuits (2)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the category (slide 5-6)
- List of the subcategories and associated definitions (slides 7-10)
- Definitions of the subcategories and exemples of products included (slides 11-40)



Food category: Cakes and biscuits

- ➤ What kind of product can be considered as a cake and biscuit?
  - → Cakes and biscuits to be stored at <u>room temperature\*</u>
  - → Gluten-free and vegan products are also included in the category



- Biscuits (Dry biscuits, puff pastry biscuits, ladyfinger biscuits, Swedish oatmeal cookies, shortbread biscuits, Viennese biscuits (sprits), finger biscuits, speculoos, cookies, coconut rock buns, biscuit bars, etc)
- Cakes (Moist cakes, gingerbreads, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, etc)
- Waffles and wafers
- Crepes









Food category: Cakes and biscuits

➤ What is <u>excluded</u> from the cakes and biscuits category ?







- Cereal bars / sport energy bars
- Savory biscuits, savory wafers, etc. = products to be consumed for aperitif
- Ready-to-bake dough or batters
- Frozen or chilled cakes and biscuits\*



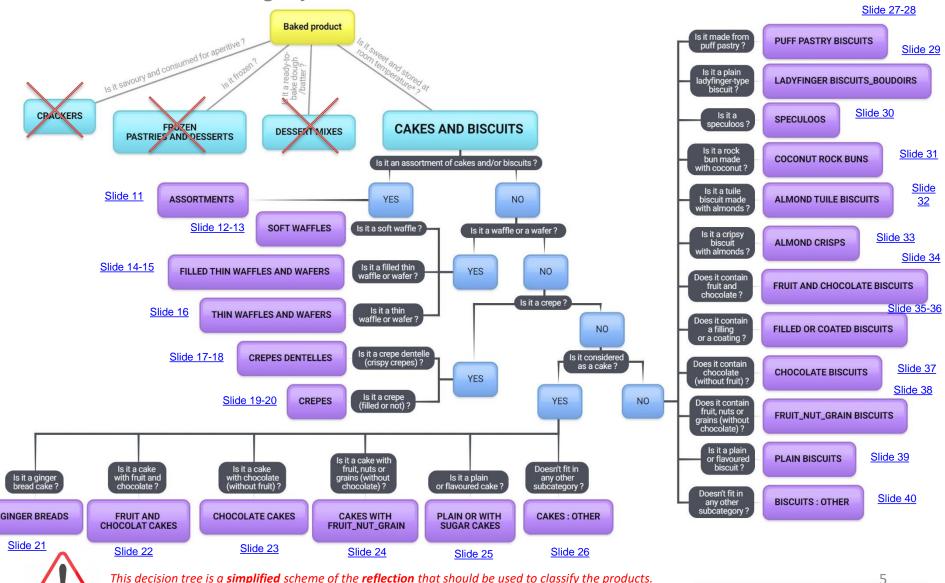






Food category: Cakes and biscuits

Please refer to the appropriate definitions for each subcategory to classify properly your products.





#### Food category: Cakes and biscuits

Classification distinguishes different subcategories of products for :

Filled thin Filled or Puff pastry Crepes Soft waffles waffles or Crepes dentelles biscuits coated biscuits wafers Plain or with Plain or with Plain or with With fruit filling Plain With fruit filling Other (with Other (with Other (with Other (with With other filling With other filling (brown sugar, (with chocolate, chocolate, fruit, covered with cocoa, fruit, etc) honey, etc) milk, vanilla, etc) etc) etc)

→ For almond tuile biscuits, ladyfinger biscuits\_boudoirs, almond crisps, coconut rock buns, gingerbreads and speculoos: no distinction is made between plain, filled or coated, with chocolate, fruit, grain,... They are all classified in the same associated subcategory

Cakes and biscuits subcategories & definitions

Assortments

776

Crepes: other

Category	/ COde · /
Category	/ code : 2

Subcategory code	Subcategory	Definition		
794	Assortments	Assortments of cakes and biscuits with average ingredient lists and nutritional values and consisting of products belonging to different subcategories. (If the products in the assortment are belonging to the same subcategory, they should be classified in the corresponding subcategory).		
Waffles and wafers				
Subcategory code	Subcategory	Definition		
790	Plain or with sugar soft waffles	Plain or with sugar (sprinkled with icing sugar, with inclusions of sugar) soft waffles, witho	ut filling, can be flavored.	
789	Soft waffles: other	Soft waffles that are not plain. These products can contain chocolate, cocoa, fruits, etc.		
787	Fruit-filled <b>thin</b> waffles and wafers	Thin waffles and flat or tube wafers with fruit filling (including coconut). These products do not contain chocolate.		
786	Filled <b>thin waffles</b> <b>and wafers</b> : other	Thin filled waffles and flat or tube wafers filled without fruit (with brown sugar, with honey, etc), coated or not with chocolate. Includes filled waffles and filled flat or tube wafers with both fruit and chocolate		
788	Thin waffles or wafers without filling	Thin waffles and wafers without filling, for example with honey, chicory, covered with cho	colate, etc.	
Crepes				
Subcategory code	Subcategory	Definition		
778	Plain <b>crepes dentelle</b>	Plain or flavoured crepes dentelle		
777	Crepes dentelle: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.		
779	Plain or with sugar crepes	Plain or with sugar (sprinkled with sugar, icing sugar, etc.) crepes, can be flavoured. Crepe this subcategory.	s with caramel are excluded from	

Crepes that are not plain, can contain chocolate, fruit, caramel, etc.



### Cakes and biscuits subcategories & definitions

#### Cakes

Category code: 2

Subcategory code	Subcategory	Definition
791	Gingerbreads	All gingerbreads / iced gingerbreads (term used in the legal name or in the commercial name). These products can be plain, with honey, with milk, with fruit, with chocolate, with dried fruits, etc.
783	Fruit and chocolate <b>cakes</b>	Cakes* with fruit (including coconut) and chocolate in the dough or as topping or icing. Crepes are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
782	Chocolate <b>cakes</b>	Chocolate cakes* or cakes with cocoa, filled, coated or with chips. These products can contain nuts or grains. This subcategory includes marble cakes and brownies. Barquette-type sponge biscuits and chocolate waffles as well as products with fruit are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
784	Cakes with fruit_nut_grain	Cakes* with fruit (including coconut) and/or nuts and/or grains. These products do not contain chocolate. Barquette-type sponge biscuits and waffles with fruit are excluded from this subcategory.*Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
785	Plain or with sugar <b>cakes</b>	Plain, with sugar (sprinkled with icing sugar, with inclusions of sugar) or flavored cakes*. Waffles are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
781	Cakes: other	Cakes that do not correspond to any of the other defined subcategories (rum babas, <i>kouign-amann</i> , <i>canelés</i> , sponge cakes filled with cream, cakes with coffee, carrot cakes, etc)



### Cakes and biscuits subcategories & definitions

Category code: 2

#### Biscuits

Subcategory code	Subcategory	Definition
771	Plain or with sugar <b>puff pastry biscuits</b>	Puff pastry biscuits and French palmier cookies plain or with sugar (with inclusions of sugar, sugar icing, etc.), can contain flavors. Puff pastry biscuits or French palmier cookies with caramel are excluded from this subcategory.
770	Puff pastry biscuits: other	Puff pastry biscuits and French palmier cookies that are not plain (with grains, with fruit, covered with chocolate, etc)
769	Ladyfinger biscuits_boudoirs	All ladyfinger biscuits / boudoirs and pink biscuits from Reims (plain, flavored, with fruit, nuts, grains, chocolate, etc).
792	Speculoos	All speculoos (term used in the legal name or in the commercial name). These products can contain fruit, nuts, grains, chocolate, etc.
775	Coconut rock buns	All Congolese rocks or coconut rock buns (with or without chocolate, with or without fruit in addition to coconut)
793	Almond tuile biscuits	All almond tuile biscuits. These products can contain fruits, nuts, grains, chocolate, etc.
780	Almond crisps	All almond crispy biscuits, Provencal almond crisps, <i>croquants de Cordes</i> biscuits, canistrelli or cantuccini (term used in the legal name or in the commercial name). These products can be plain, flavored, with honey, with fruit, nuts, grains, chocolate, etc.



### Cakes and biscuits subcategories & definitions

Category code: 2

Subcategory code	Subcategory	Definition
767	Fruit and chocolate <b>biscuits</b>	Biscuits* with fruit (pieces, filling, extracts), including coconut, as well as chocolate or cocoa (topping, coating, inclusion). These products can contain nuts or grains in addition to the fruit. Puff pastry biscuits, florentine biscuits, macaroons and biscuits with a genoise sponge base are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.
773	Fruit-filled or coated <b>biscuits</b>	Filled biscuits*, sandwiched or coated with fruit (including coconut). These products can contain nuts or grains and do not contain chocolate. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and Lunette de Romans biscuits. Florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.
772	Filled or coated <b>biscuits</b> : other	Filled biscuits*, topped with a tablet (filled or not), sandwiched or coated without fruit (chocolate, milk, vanilla, etc). These products can contain nuts or grains. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and <i>Lunette de Romans</i> biscuits. Waffers, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
766	Chocolate <b>biscuits</b>	Chocolate biscuits* or biscuits with cocoa, without filling, without topping, may contain nuts or grains. Puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petitsbeurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.
768	Biscuits with fruit_nut_grain	Biscuits* with fruit and/or nuts and/or grains, without filling, without topping. These products do not contain chocolate. Wafles or waffers, almond crips, almond tuile biscuits, puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.
774	Plain <b>biscuits</b>	Plain or flavoured biscuits*. Puff pastry biscuits, macaroons and ladyfinger biscuits/boudoirs are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.
765	Biscuits: other	Biscuits that do not correspond to any of the other defined subcategories (florentine biscuits, macaroons, biscuits to be dipped into spread, ginger biscuits, biscuits with tea, etc).



### Assortments

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	794	Assortments	Assortments of cakes and biscuits with average ingredient lists and nutritional values and consisting of products belonging to different subcategories. (If the products in the assortment are belonging to the same subcategory, they should be classified in the corresponding subcategory).











### Plain or with sugar soft waffles

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	790	Plain or with sugar <b>soft waffles</b>	Plain or with sugar (sprinkled with icing sugar, with inclusions of sugar) soft waffles, without filling, can be flavored.









### Soft waffles: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	789	Soft waffles: other	Soft waffles that are not plain. These products can contain chocolate, cocoa, fruits, etc.









### Fruit-filled thin waffles and wafers

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	787	Fruit-filled thin waffles and wafers	Thin waffles and flat or tube wafers with fruit filling (including coconut). These products do not contain chocolate.









### Filled thin waffles and wafers: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	786	Filled thin waffles and wafers: other	Thin filled waffles and flat or tube wafers filled without fruit (with brown sugar, with honey, etc), coated or not with chocolate. Includes filled waffles and filled flat or tube wafers with both fruit and chocolate

















# Thin waffles or wafers without filling

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	788	Thin waffles or wafers without filling	Thin waffles and wafers without filling, for example with honey, chicory, covered with chocolate, etc.















### Plain crepes dentelle

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	778	Plain <b>crepes dentelle</b>	Plain or flavoured crepes dentelle







### Crepes dentelle: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	777	Crepes dentelle: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.











# Plain or with sugar crepes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	779	Plain or with sugar <b>crepes</b>	Plain or with sugar (sprinkled with sugar, icing sugar, etc.) crepes, can be flavoured. Crepes with caramel are excluded from this subcategory.









### Crepes: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	776	Crepes: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.









# Gingerbreads

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	791	Gingerbreads	All gingerbreads / iced gingerbreads (term used in the legal name or in the commercial name). These products can be plain, with honey, with milk, with fruit, with chocolate, with dried fruits, etc.













### Fruit and chocolate cakes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	783	Fruit and chocolate <b>cakes</b>	Cakes* with fruit (including coconut) and chocolate in the dough or as topping or icing. Crepes are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.















### Chocolate cakes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	782	Chocolate <b>cakes</b>	Chocolate cakes* or cakes with cocoa, filled, coated or with chips. These products can contain nuts or grains. This subcategory includes marble cakes and brownies. Barquette-type sponge biscuits and chocolate waffles as well as products with fruit are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.















TOUT CHOCO



### Cakes with fruit\_nut\_grain

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	784	Cakes with fruit_nut_grain	Cakes* with fruit (including coconut) and/or nuts and/or grains. These products do not contain chocolate. Barquette-type sponge biscuits and waffles with fruit are excluded from this subcategory.*Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.



















### Plain or with sugar cakes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	785	Plain or with sugar <b>cakes</b>	Plain, with sugar (sprinkled with icing sugar, with inclusions of sugar) or flavored cakes*. Waffles are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.







### Cakes: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	781	Cakes: other	Cakes that do not correspond to any of the other defined subcategories (rum babas, kouign-amann, canelés, sponge cakes filled with cream, cakes with coffee, carrot cakes, etc)













# Plain or with sugar puff pastry biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	771	Plain or with sugar <b>puff pastry</b> <b>biscuits</b>	Puff pastry biscuits and French palmier cookies plain or with sugar (with inclusions of sugar, sugar icing, etc.), can contain flavors. Puff pastry biscuits or French palmier cookies with caramel are excluded from this subcategory.











### Puff pastry biscuits: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	770	Puff pastry biscuits : other	Puff pastry biscuits and French palmier cookies that are not plain (with grains, with fruit, covered with chocolate, etc)









✓ Contains apricot purée





# Ladyfinger biscuits\_boudoirs

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	769	Ladyfinger biscuits_boudoirs	All ladyfinger biscuits / boudoirs and pink biscuits from Reims (plain, flavored, with fruit, nuts, grains, chocolate, etc).











# Speculoos

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	792	Speculoos	All speculoos (term used in the legal name or in the commercial name). These products can contain fruit, nuts, grains, chocolate, etc.







✓ Not considered as an assortement because all biscuits are speculoos covered with chocolate





# Coconut rock buns

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	775	Coconut rock buns	All Congolese rocks or coconut rock buns (with or without chocolate, with or without fruit in addition to coconut)









# Almond tuile biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	793	Almond tuile biscuits	All almond tuile biscuits. These products can contain fruits, nuts, grains, chocolate, etc.







# Almond crisps

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	780	Almond crisps	All almond crispy biscuits, Provencal almond crisps, <i>croquants de Cordes</i> biscuits, canistrelli or cantuccini (term used in the legal name or in the commercial name). These products can be plain, flavored, with honey, with fruit, nuts, grains, chocolate, etc.









# Fruit and chocolate biscuits

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	767	Fruit and chocolate <b>biscuits</b>	Biscuits* with fruit (pieces, filling, extracts), including coconut, as well as chocolate or cocoa (topping, coating, inclusion). These products can contain nuts or grains in addition to the fruit. Puff pastry biscuits, florentine biscuits, macaroons and biscuits with a genoise sponge base are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.













#### Fruit-filled or coated biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	773	Fruit-filled or coated <b>biscuits</b>	Filled biscuits*, sandwiched or coated with fruit (including coconut). These products can contain nuts or grains and do not contain chocolate. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and Lunette de Romans biscuits. Florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.















# Filled or coated biscuits: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	772	Filled or coated <b>biscuits</b> : other	Filled biscuits*, topped with a tablet (filled or not), sandwiched or coated without fruit (chocolate, milk, vanilla, etc). These products can contain nuts or grains. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and <i>Lunette de Romans</i> biscuits. Waffers, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.



















# Chocolate biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	766	Chocolate <b>biscuits</b>	Chocolate biscuits* or biscuits with cocoa, without filling, without topping, may contain nuts or grains. Puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.















# Biscuits with fruit\_nut\_grain

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	768	<b>Biscuits</b> with fruit_nut_grain	Biscuits* with fruit and/or nuts and/or grains, without filling, without topping. These products do not contain chocolate. Wafles or waffers, almond crips, almond tuile biscuits, puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.













The term 'covered' or 'topped' is not mentionned in the commercial or legal names → not considered as a Fruit-filled or coated biscuits



#### Plain biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	774	Plain <b>biscuits</b>	Plain or flavoured biscuits*. Puff pastry biscuits, macaroons and ladyfinger biscuits/boudoirs are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, cigarettes russes biscuits, cookies, etc.











BUTTER KEKS



Sondey

Haferflockengel









#### Biscuits: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	765	Biscuits : other	Biscuits that do not correspond to any of the other defined subcategories (florentine biscuits, macaroons, biscuits to be dipped into spread, ginger biscuits, biscuits with tea, etc).



Contains carrot











Gourmet





# Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



WP5: GUIDELINES FOR CLASSIFICATION





Food category: Baby food (41)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Main types of products (slide 5)
- List of the subcategories and associated definitions (slides 6-10)
- Definitions of the subcategories and examples of products included (slides 11-30)



Food category: Baby food (41)

What kind of product can be considered as a <u>Baby food</u>?

#### **Processed cereal-based foods**

(cereals with milk, reconstituted instant cereals, biscuits)

"Means food intended to fulfil the particular requirements of infants in good health while they are being weaned, and of young children in good health as a supplement to their diet and/or for their progressive adaptation, to ordinary food."

#### **Baby desserts and beverages**

( fruit- and/or plant-based beverages, dairy desserts, fruit- and cereal-based desserts, fruit-based desserts)

# Infant foods with vegetables and/or meat/fish

(soups, vegetable preparations, meat preparations, dishes)

"Means food intended to fulfil the particular requirements of infants in good health while they are being weaned, and of young children in good health as a supplement to their diet and/or for their progressive adaptation to ordinary food, **excluding**:

- processed cereal-based food;
- and milk-based drinks and similar products intended for young children."

/!\ Infant milks have their own Best Remap category → Infant milks (44)

**Infant** means a child under the age of 12 months. **Young child** means a child aged between one and three years



Food category: Baby food (41)

- ➤ What is <u>excluded</u> from the Baby food category?
- Infant milks
- Follow-on formulae milks
- Growing-up milks
- All foods that do not comply with regulations UE n°609/20132 and directive 2006/125/CE











Food category: Baby food (41)

/!\ Infant milks have their own Best Remap category → Infant milks (44)

- 4 main types of products
- > 15 subcategories in total

Processed cerealbased foods

**Biscuits** 

Cereals with milk

Instant cereals

Other processed cereal based foods

Baby desserts and beverages

Dairy desserts

Fruit- and cereal-based desserts

Fruit-based desserts

Fruit- and/or plantbased beverages Infant foods with vegetables and/or meat/fish

Meals with vegetables and cereals

Meals with vegetables and cereals and milk/cream

Meals with vegetables and potatoes

Meals with vegetables and potatoes and milk/cream

Meals with vegetables and/or starchy food and meat/fish

Meat preparations

Vegetable preparations

Soups

Other baby foods

**Covered by** 



# Baby food subcategories & definitions

Category code: 41

#### Processed cereal-based foods

	Subcategory code	Subcategory name	Subcategory definition
100	68	Biscuits	Biscuits or rusks meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
	140		Ready-to-eat cereals with milk (sold in liquid form) meeting the definition of " <b>processed cereal-based foods</b> " laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain fruits and/or vegetables powder.
	139	Instant cereals	Instant cereals to be reconstituted corresponding to cereals to be reconstituted in a bottle or plate, in water or in suitable infant milk (sold in powder form) and meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain powder or flakes of fruits, vegetables, chocolate,
	764	Other processed cereal based foods	Other processed cereal based foods for babies and infants as mueslis, puffed rice cake with fruits and/or vegetable, cereal bars, Products may contain fruits, vegetables, chocolate,



# Baby food subcategories & definitions

Category code: 41

#### Desserts and beverages meeting the definition of baby food

Subcategory code	Subcategory name	Subcategory definition
210	Dairy desserts	Dairy desserts consisting mainly of milk and/or fresh cheese. These products may contain sugar and/or fruit and/or vegetable and/or chocolate and/or cereals. They meet the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
209	Fruit- and cereal- based desserts	Fruit- and cereal-based desserts consisting mainly of fruit and cereals, and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
208	Fruit-based desserts	Fruit-based desserts consisting mainly of fruit and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
91	Fruit- and/or plant- based beverages	Fruit- and/or plant-based beverages that can be ready-to-eat (sold in liquid form) or reconstituted in water (sold in powder form) and meeting the definition of " <b>baby food</b> " laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.



# Baby food subcategories & definitions

Category code: 41

#### Meals meeting the definition of baby food

Subcategory code	Subcategory name	Subcategory definition
450	Meals with vegetables and cereals	Meals with vegetables and/or legumes and cereals meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain potatoes and / or small quantities of fruits.
451	Meals with vegetables and cereals and milk/cream	Meals with vegetables and cereals and milk/cream/cheese consisting mainly of vegetables, cereals, milk and/or cream, and which may contain cheese, potatoes, legumes and/or small quantities of fruits, meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and by Directive 2006/125/EC.
452	Meals with vegetables and potatoes	Meals with vegetables and potatoes meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits.  Vegetables with potatoes sauces are included in this subcategory.
453	Meals with vegetables and potatoes and milk/cream	Meals with vegetables and potatoes and milk/cream consisting mainly of vegetables, potatoes and milk and/or cream and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes and milk/cream sauces are included in this subcategory.



# Baby food subcategories & definitions

Category code: 41

#### Meals meeting the definition of baby food

	Subcategory Subcategory code name		Subcategory definition			
,	454	Meals with vegetables and/or starchy food and meat/fish	Meals consisting mainly of meat and/or fish, vegetables and/or starchy foods (rice, pasta, potatoes), and which may contain milk products (as cheese,), legumes, and/or small quantities of fruits and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.			
	480	Meat preparations	Meat preparations meeting the definition of " <b>baby food</b> " laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.			
	479	Vegetable preparations	Vegetable and/or legumes preparations consisting mainly of vegetables, and/or legumes, which may contain small quantities of milk (as cheese,) and/or fruits products and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Vegetables without starchy food sauces are included in this subcategory.			
	529	Soups	Soups consisting mainly of vegetables and/or legumes and water, which may contain small quantities of milk products and/or cereals and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Baby stock and soup cubs to be reconstituted with boiling water are included in this subcategory.			



# Baby food subcategories & definitions

Category code: 41

#### > Other baby foods

Subcategory code	Subcategory name	Subcategory definition
763	Other baby foods	Other products for infants under 3 years that don't fit in any existing sub categories (fruit pieces dry,).



# Processed cereal-based foods



#### Biscuits

Category code	Subcategory code	Subcategory name	Subcategory definition
41	68	Biscuits	Biscuits or rusks meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.



« rusks and biscuits which are to be used either directly or, after pulverisation, with the addition of water, milk or other suitable liquids »









#### > Cereals with milk

Category code	Subcategory code	Subcategory name	Subcategory definition
41	140	Cereals with milk	Ready-to-eat cereals with milk (sold in liquid form) meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain fruits and/or vegetables powder.







#### > Instant cereals

Catego code	•	Subcategory name	Subcategory definition
41	139	Instant cereals	Instant cereals to be reconstituted corresponding to cereals to be reconstituted in a bottle or plate, in water or in suitable infant milk (sold in powder form) and meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain powder or flakes of fruits, vegetables, chocolate,



"simple cereals which are or have to be reconstituted with milk or other appropriate nutritious liquids"

"cereals with an added high protein food which are or have to be reconstituted with water or other protein-free liquid"







#### > Instant cereals

Category code	Subcategory code	Subcategory name	Subcategory definition
41	764	Other processed cereal based foods	Other processed cereal based foods for babies and infants as mueslis, puffed rice cake with fruits and/or vegetable, cereal bars, Products may contain fruits, vegetables, chocolate,















# Desserts and beverages meeting the definition of baby food



#### Dairy desserts

Category code	Subcategory code	Subcategory name	Subcategory definition
41	210	Dairy desserts	Dairy desserts consisting mainly of milk and/or fresh cheese. These products may contain sugar and/or fruit and/or vegetable and/or chocolate and/or cereals. They meet the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.







#### Fruit- and cereal-based desserts

Category code	Subcategory code	Subcategory name	Subcategory definition
41	209	Fruit- and cereal-based desserts	Fruit- and cereal-based desserts consisting mainly of fruit and cereals, and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.







Contains fruits and biscuit



# Baby food subcategories & definitions

C	Category code	Subcategory code	Subcategory name	Subcategory definition
	41	208	Fruit-based desserts	Fruit-based desserts consisting mainly of fruit and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.









# > Fruit- and/or plant-based beverages

Category code	Subcategory code	Subcategory name	Subcategory definition
41	91	Fruit- and/or plant-based beverages	Fruit- and/or plant-based beverages that can be ready-to-eat (sold in liquid form) or reconstituted in water (sold in powder form) and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.







# Meals meeting the definition of baby food



Meals with vegetables and cereals

Category code	Subcategory code	Subcategory name	Subcategory definition
41	450	Meals with vegetables and cereals	Meals with vegetables and/or legumes and cereals meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain potatoes and / or small quantities of fruits.













➤ Meals with vegetables and cereals and milk/cream

Category code	Subcategory code	Subcategory name	Subcategory definition
41	451	Meals with vegetables and cereals and milk/cream	Meals with vegetables and cereals and milk/cream/cheese consisting mainly of vegetables, cereals, milk and/or cream, and which may contain cheese, potatoes, legumes and/or small quantities of fruits, meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and by Directive 2006/125/EC.









#### Meals with vegetables and potatoes

Category code	Subcategory code	Subcategory name	Subcategory definition
41	452	Meals with vegetables and potatoes	Meals with vegetables and potatoes meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes sauces are included in this subcategory.









### ➤ Meals with vegetables and potatoes and milk/cream

ategory code	Subcategory code	Subcategory name	Subcategory definition
41	453	Meals with vegetables and potatoes and milk/cream	Meals with vegetables and potatoes and milk/cream consisting mainly of vegetables, potatoes and milk and/or cream and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes and milk/cream sauces are included in this subcategory.







➤ Meals with vegetables and/or starchy food and meat/fish

Category code	Subcategory code	Subcategory name	Subcategory definition
41	454	Meals with vegetables and/or starchy food and meat/fish	Meals consisting mainly of meat and/or fish, vegetables and/or starchy foods (rice, pasta, potatoes), and which may contain milk products (as cheese,), legumes, and/or small quantities of fruits and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.









# Meat preparations

Category code	Subcategory code	Subcategory name	Subcategory definition
41	480	Meat preparations	Meat preparations meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.







# Vegetable preparations

Category code	Subcategory code	Subcategory name	Subcategory definition
41	479	Vegetable preparations	Vegetable and/or legumes preparations consisting mainly of vegetables and/or legumes, which may contain small quantities of milk (as cheese,) and/or fruits products and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.  Vegetables without starchy food sauces are included in this subcategory.











#### > Soups

Category code	Subcategory code	Subcategory name	Subcategory definition
41	529	Soups	Soups consisting mainly of vegetables and/or legumes and water, which may contain small quantities of milk products (as cheese,) and/or cereals and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Baby stock and soup cubs to be reconstituted with boiling water are included in this subcategory.









# Other baby foods

Category code	Subcategory code	Subcategory name	Subcategory definition
41	763	Other baby foods	Other products for infants under 3 years that don't fit in any existing sub categories (fruit pieces dry,).







# Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.



WP5: GUIDELINES FOR CLASSIFICATION





Food category: Infant milks (44)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- List of the subcategories and associated definitions (slide 5)
- Definitions of the subcategories and examples of products included (slides 6-8)



Food category: Infant milks (44)

➤ What kind of product can be considered as a <u>Infant milks</u>?

infant formulae

"means foodstuffs intended for particular nutritional use by infants during the first months of life and satisfying by themselves the nutritional requirements of such infants until the introduction of appropriate complementary feeding."

follow-on formulae

"means foodstuffs intended for particular nutritional use by **infants when appropriate complementary feeding is introduced** and constituting the principal liquid element in a progressively diversified diet of such infants."

#### **Covered by**

- Regulation (EU) No 609/2013 https://eur-lex.europa.eu/legalcontent/fr/TXT/?uri=CELEX:32013R0609
- Directive 2006/141/EC https://eur-lex.europa.eu/legal-content/FR/TXT/?uri=CELEX%3A32006L0141&qid=1612884804197

**Growing-up milks** 

Infant milks for children aged 10 months or more



Food category: Infant milks (44)

- ➤ What is <u>excluded</u> from the Infant milks category?
  - Milks
  - Milk powders
  - Flavoured milks
  - Plant-based beverages















# Infant milks subcategories & definitions

Category code: 44

Subcategory code	Subcategory name	Subcategory definition
477	Infant formulae	Infant formulae meeting the definition of "infant formula" laid down by Regulation (EU) No 609/2013 and by Directive 2006/141/EC. These products are intended for infants from birth to 6 months of age
478	Follow-on formulae	Follow-on formulae meeting the definition of "follow-on formula" laid down by Regulation (EU) No 609/2013 and by Directive 2006/141/EC. These products are intended for infants from 6 to 12 months of age
340	Growing-up milks	Growing-up milk with two types of infant milk: - infant milks for infants from 10 months of age, whose sales description contains "follow-on formula" and whose packaging indicates that the product is intended for infants and young children from 10 months of age. These products are covered by the regulations applicable to follow-on formulae; - infant milks for children aged 12 months or over.



#### > Infant formulae

Category code	Subcategory code	Subcategory name	Subcategory definition
44	477	Infant formulae	Infant formulae meeting the definition of "infant formula" laid down by Regulation (EU) No 609/2013 and by Directive 2006/141/EC. These products are intended for infants from birth to 6 months of age











#### > Follow-on formulae

Category code	Subcategory code	Subcategory name	Subcategory definition
44	478	Follow-on formulae	Follow-on formulae meeting the definition of "follow-on formula" laid down by Regulation (EU) No 609/20138 and by Directive 2006/141/EC. These products are intended for infants from 6 to 12 months of age











#### Growing-up milks

Category code	Subcategory code	Subcategory name	Subcategory definition
44	340	Growing-up milks	Growing-up milk with two types of infant milk:  - infant milks for infants from 10 months of age whose sales description contains "follow-on formula" and whose packaging indicates that the product is intended for infants and young children from 10 months of age. These products are covered by the regulations applicable to follow-on formulae;  - infant milks for children aged 12 months or over.













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