

→ Kick-off meeting

27-28 November 2023
29 November for WP9 and WP11

Istituto Superiore di Sanità
Viale Regina Elena 299, 00161 – Rome
Remote attendance options available

Coordination Team:
Benedetta Armocida, Graziano Onder,
Beatrice Formenti, Marco Silano



Aims

- Define JACARDI objectives, scope and core aspects
- General alignment in methodology and among WPs
- Clarify the administrative and financial priorities
- Share the JACARDI's vision with external audience
- Define the first activities and tasks to be performed
- Inspire motivation and team work

Core Values



Sustainability

Food

- Local and Low in sugar
- No alcohol policy

Transportation

- Public Transportation
- Walk the talk

Materials

- Digital over printing
- Recycled
- Circular economy



Gender equity

Gender balanced
among speakers

Gender
transformative
leadership



Mental Health and wellbeing

Physical
activities during
coffee break

Walk the talk
Yoga and Meditation



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JACARDI

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Day 1

27 November 2023

General Assembly

Meeting Room

Aula Pocchiari

(Viale Regina Elena, 299)

Remote attendance options available

[CLICK HERE](#)

Registration

08:30-09:15

Opening

09:15-09:30

Official opening session

09:30-10:00

Marco Silano

Director of Department of CVDs, Endocrine-metabolic diseases and aging, Italian National Institute of Health (ISS)

Giovanni Nicoletti

Italian Ministry of Health

Sandra Gallina

Director General for Health and Food Safety European Commission



Presentation of JACARDI Coordination Team

10:00-10:20

Benedetta Armocida

Coordinator of JACARDI, ISS

Graziano Onder

Scientific Coordinator of JACARDI, Fondazione Policlinico
Gemelli

Beatrice Formenti

Project Manager of JACARDI, Fondazione Policlinico Gemelli

Ethnic inequalities in health, a focus on NCDs burden in migrants' population in Europe

10:20-10:40

Keynote speaker:

Charles Agyemang

University of Amsterdam

Coffee Break - Physical activity

10:40-11:10

EU Health policy priorities and their translation into programmes

11:10-11:25

Stefan Craenen

Policy Officer, DG Sante



JRC activities relevant to JACARDI: the Collaborative Health Information European Framework (CHIEF) project

11:25-11:40

Paola Salari

Joint Research Centre (JRC)

Tania Di Iorio

WHO Europe Consultant

Overview and synergies of grants linked to JACARDI

11:40-11:55

Ugo Guarnacci

Programme Manager following JACARDI, HaDEA

Questions and answers

11:55-12:00

Lunch Break

12:00-13:00

World Health Organization priorities on CVDs and diabetes

13:00-13:15

Keynote speaker:

Bente Mikkelsen

Director NCD Department, World Health Organization



WP5 - Methodological framework and integrative approach

13:15-15:00

Moderator:

Benedetta Armocida

Coordinator of JACARDI, ISS

Speakers:

Graziano Onder

WP5 Leader, Fondazione Policlinico Gemelli

Jelka Zaletel

WP5 Co-leader, NIJZ

Coffee Break - Physical activity

15:00-15:30

Changing the track of policymaking & testing narratives of public health

15:30-16:00

Keynote speakers:

Karen Watson

Imperial College London

Omni Cassidy

New York University

WP2 - Communication and Dissemination

16:00-17:30

Moderator:

Albert Aszalos

WP2 Leader, GOKVI

Speaker:

Natalia Skogberg

WP2 Co-leader, THL

End of Day 1 - General Assembly

27 November 2023 - 17:30

Curiosity

Did you know that “San Pietrino” is the name for the cobblestones used on Roman streets?

They got their name from their close proximity to St. Peter’s Basilica.

Did you know that Rome has the most churches in the world?

The city is home to approximately 900 churches. Among the oldest are the Basilica of Santa Prudenziana and the Church of Santa Prisca.



Day 2

28 November 2023

General Assembly

Meeting Room

Aula Pocchiari

(Viale Regina Elena, 299)

Remote attendance options available

[CLICK HERE](#)

Registration

08:30-09:00

Administrative and Financial issues

09:00-10:00

Moderators:

Graziano Onder

Scientific Coordinator of JACARDI,
Fondazione Policlinico Gemelli

Benedetta Armocida

Coordinator of JACARDI, ISS

Speakers:

Anna Ceccarelli

Research Coordination and Support Service, ISS

Ugo Guarnacci

Programme Manager following JACARDI, HaDEA

Coffee Break - Physical activity

10:00-10:15



WP4 - Sustainability

10:15-12:15

Moderator:

Marco Silano

JACARDI Coordination Team

Speakers:

Jelka Zaletel

WP4 Leader, NIJZ

Jaana Lindstrom

WP4 Co-leader, THL

Lunch Break

12:15-13:00

WP3 - Evaluation

13:00-14:10

Moderator:

Beatrice Formenti

Project Manager of JACARDI, Fondazione Policlinico Gemelli

Speakers:

Michal Nowicki

WP3 Leader, PUMS

Karolina Michalak

WP3 Leader, PUMS

Hanna Shchetynina

WP3 Co-leader, PHC

Wrap - up

14:10-14:15

Speakers:

Benedetta Armocida

Coordinator of JACARDI, ISS

Graziano Onder

Scientific Coordinator of JACARDI, Fondazione Policlinico Gemelli

End of Day 2 - General Assembly

28 November 2023 - 14:15

Curiosity

Did you know that Rome has more fountains than any other city in the world?

The city boasts over 2,500 fountains of various shapes and sizes, with a distinctive cylindrical design that Romans affectionately call “nasoni” (big noses).

Did you know that your wishes at the Trevi Fountain serve a good cause?

To uphold tradition, almost every visitor tosses at least three coins into the Trevi Fountain. At the end of each day, an average of around €3,000 is collected, amounting to €1.4 million annually, which the city donates to charity.



Day 2

28 November 2023

Side Events

Time 14:30 - 17:30

WP6 - Health literacy and awareness of CVD and DM

14:30-17:30

Aula Rossi

(Via Giano della Bella 32, Rome)

Remote attendance options available [CLICK HERE](#)

Moderators:

Mounia Elyamani

WP6 Leader, SpF

Richard Osborne

WP6 Leader, SpF

Ane Fullaondo Zabala

WP6 Co-leader, Biosistemak

WP7 - Data availability, quality, accessibility and sharing

14:30-17:30

Aula Pocchiari

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

Moderators:

Markku Peltonen

WP7 Leader, THL

Hector Bueno

WP7 Co-leader, SERMAS/FIBH120



WP8 - Screening high-risk populations and individuals

14:30-17:30

Aula Bovet

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

Moderators:

Hanna Tolonen

WP8 Leader, THL

Luigi Palmieri

WP8 Co-leader, ISS

Chiara Donfrancesco

WP8 Co-leader, ISS

WP10 - Patients' self-management

14:30-17:30

Aula Marotta

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

Moderators:

Bernardino Morillo

WP10 Leader, FUNDESALUD

Roberta Papa

WP10 Co-leader, Marche Region



End of Day 2 - Side events

28 November 2023 - 17:30

Q Curiosity

“Did you know that there is a place in Rome that hosts one of the largest and most diverse collections of roses from all around the world?”

The Roseto Comunale is known to be one of the most beautiful gardens in the world, housing over 1,000 different varieties of roses from every corner of the globe. Situated on the Aventine Hill, it offers a spectacular view of the Eternal City, attracting visitors from all around the world.



Day 3

29 November 2023

Side Events

Registration

08:30-09:00

Aula Bovet and Marotta

(Viale Regina Elena 299, Rome)

WP9 - Integrated care pathways

9:00-17:00

Aula Bovet

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

Moderators:

Helena Safadi

WP9 Leader, GOKVI

Edwin Wouters

WP9 Co-leader, University of Antwerp

WP11 - Labour participation of people living with NCDs

9:00-12:00

Aula Marotta

(Viale Regina Elena 299, Rome)

Remote attendance options available [CLICK HERE](#)

Moderators:

Michal Nowicki

WP11 Leader, PUMS

Ewelina Chawłowska

WP11 Leader, PUMS



Matilde Leonardi

WP11 Co-leader, Istituto Nazionale Neurologico Carlo Besta

Scientific Directors:

Benedetta Armocida, Istituto Superiore di Sanità (ISS)

Graziano Onder, Fondazione Policlinico Gemelli

Beatrice Formenti, Fondazione Policlinico Gemelli

Scientific Secretariat:

Tiziana Grisetti, Istituto Superiore di Sanità (ISS)

Cinzia Lo Noce, Istituto Superiore di Sanità (ISS)

Administrative Office:

Claudia Meduri, Istituto Superiore di Sanità (ISS)

Matilde Bocci, Istituto Superiore di Sanità (ISS)



→ Practical information

Kick-off meeting

JACARDI

27-28 November 2023

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Istituto Superiore di Sanità



Location

Istituto Superiore di Sanità

Viale Regina Elena 299, 00161 – Rome

[CLICK HERE](#) for Google Maps

Directions & Transport

How to get to the Istituto Superiore di Sanità:



by Subway:

- You can take **Metro Line B** and get off at the “Policlinico” station. From there, it’s an 8 minute walk.



by Tram:

- You can take the **Tram Line 2 or 19** and get off at the “Regina Elena (V.le Università)” stop.



by Bus:

- You can take the **Bus line 3L or 19L or 88 or n3s** and get off at the “Regina Elena (V.le Università)” stop. From there it’s a 3 minute by walk.

How to reach the main transportation hubs from the Istituto Superiore di Sanità



Termini Railway Station

[CLICK HERE](#) for Google map

- You can **walk for 8 minutes to the Metro B station “Poli-clinico.”** From there, take the metro in the **direction of Laurentina** and get off after **two stops at the “Termini” station.** The total travel time is approximately **16 minutes.**
- Otherwise, you can take a **25 minutes walk** for 1.7km.



Tiburtina Railway Station

[CLICK HERE](#) for Google map

- You can **walk for 4 minutes to the Bus stop “Tiburtina/ Castro Laurenziano”.** From there, **take the Bus line 71 in the direction of Staz.ne Tiburtina** and get off after **three stops at the “Tiburtina” station.** The total travel time is **approximately 10 minutes.**
- Otherwise, you can **take a 20 minutes walk** for 1.5 km.



Airport “Leonardo da Vinci” (Fiumicino)

[CLICK HERE](#) for Google map

- The **airport is connected to Termini railway station by 30 minutes nonstop trains, and to the Tiburtina railway station by 45 minutes trains.** The total travel time is approximately **1 hour.**



Airport “G.B. Pastine” (Ciampino)

[CLICK HERE](#) for Google map

- A **subway connects the railway station of Ciampino with Termini railway station by 12 minutes.** The total travel time is **approximately 1 hour.**

→ Social Events

Kick-off meeting

JACARDI

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Istituto Superiore di Sanità



Apero - JACARDI

27 November 19:00-22:00 CET

Terrazza Caffarelli

Piazzale Caffarelli, 4

[CLICK HERE](#) for Google Maps

- You can **walk to the “Policlinico” Metro station.** Take **Metro Line B** towards **Laurentina** and get off at the **4th stop, “Colosseo.”** After taking a moment to **admire the Colosseum,** you can **continue by foot for 1.2 kilometers** (approximately **15 minutes**).
We can walk together and have a nice chit-chat!
- Alternatively, you can **take Bus Line 3L, 19L, or 88** towards **Valle Giulia** and get off at the **5th stop, “V.Le Regina Margherita/Nomentana.”** From there, you can take **Bus 60** towards **“Piazza Venezia”** and get off at the **5th stop, “Piazza Venezia.”** Terrazza Caffarelli is a **5-minute (300 meters) walk** from there.

We are enthusiastic to welcome you to a delightful evening at the Caffarelli Terrace, offering a stunning backdrop of the Roman rooftops.

Our culinary offerings prioritize sustainability and health. Locally sourced, low in sugars, and with veggie and vegan options. In a deliberate choice, we’ve decided not to offer alcohol, aiming to send a strong message about the promotion and prevention of NCDs.



Yoga and Meditation

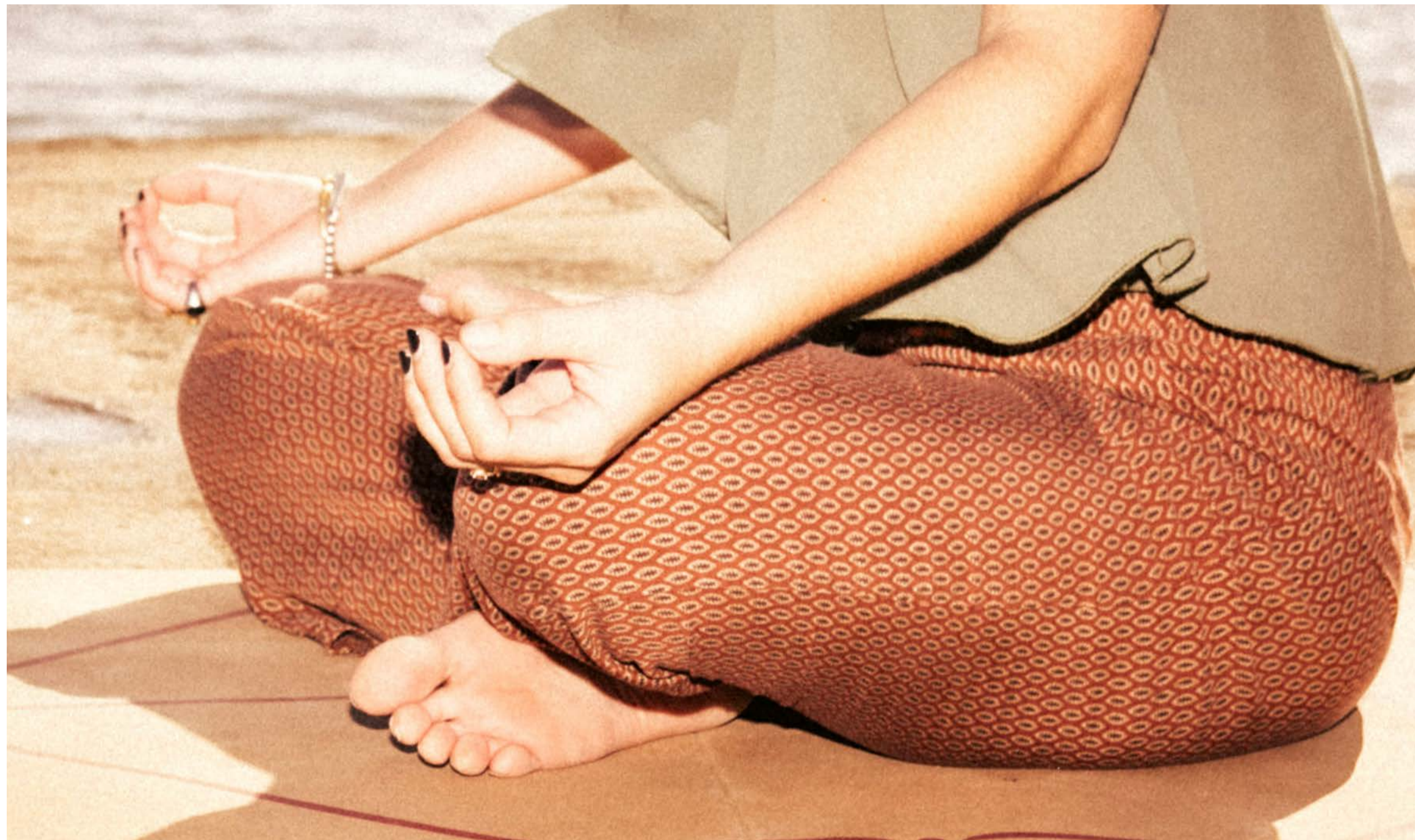
28 November 8:00-8:45 CET

Istituto Superiore di Sanità

Aula Bovet

(Viale Regina Elena 299, Rome)

[CLICK HERE](#) for Google Maps



We will start our second day of the Kick-Off Meeting with an engaging yoga and muscle awakening session! This dynamic and invigorating practice not only prepares you for a productive day but also offers numerous short-term benefits.

From a physical standpoint, stretching and muscle awakening will enhance your flexibility and mobility, helping to reduce muscle tension and improve posture. You'll immediately feel the benefits of the session on your body, loosening stiffness and reducing the risk of muscle strains.

On the mental front, yoga promotes relaxation and concentration. During the session, you can clear your mind of stress and worries, increasing mental clarity and a sense of well-being.

This session is suitable for everyone; you don't need to be athletic or highly trained to participate! Just ensure that you're comfortable and at ease in your clothing, or bring a change of clothes if you prefer. The only thing you need to bring is your enthusiasm to join in and participate wholeheartedly!

So, get ready to experience a genuine revitalization, both physically and mentally.

Cultural Event

Basilica of St Lawrence Outside the Walls and catacombs

28 November 18:45-21:00 CET

Basilica of St Lawrence Outside the Walls

Piazzale del Verano, 3

[CLICK HERE](#) for Google Maps

Five minutes by walk from the Istituto Superiore di Sanità.

We can walk together and have a nice chit-chat!

Close by the S. Lorenzo neighborhood, right on Piazzale del Verano, you will encounter the beautiful portico of this church. Behind those columns lies centuries of history waiting to be explored.

The first church was commissioned by Constantine in 330 AD. It was designed as a “cemetery basilica”, featuring a circular layout with three naves, situated near the tomb of the martyr Lorenzo. Over the centuries, the basilica was enriched by the tombs of the faithful who, being buried near the martyr’s remains, hoped to secure divine salvation through this unique connection.

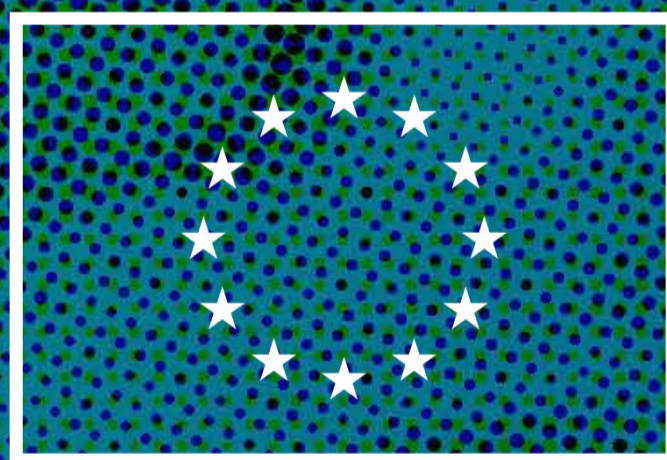
Exploring the cultural and artistic treasures within this church and its catacombs not only offers a profound historical perspective but can also have a positive impact on your well-being.

Immersing oneself in art and culture has been shown to reduce stress, boost mental and emotional well-being, and stimulate a sense of wonder and awe.





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