

Healthy Food for a Healthy Europe

WP5 : GUIDELINES FOR CLASSIFICATION

BREAD PRODUCTS

ANSES



- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the category (slide 5-6)
- List of the subcategories and associated definitions (slides 7-8)
- Definitions of the subcategories and exemples of products included (slides 9-34)

Food category : Bread products

> What kind of product can be considered as a bread product?

- \rightarrow Bread products to be stored at <u>room temperature</u>
- \rightarrow <u>Gluten-free and vegan products</u> are also included in the category



- Croutons, bread crumbs
- Breads (toasted breads, sandwich breads, pre-packaged or prebaked breads, hamburger & hotdog buns, tortilla wraps, pita breads, ...)
- Brioches, kouglof, panettone
- Rusks, crackers, crispbreads (sweet or savoury)
- Puffed cakes, cereal specialties (filled or not)
- Fine bakery wares
- Pancakes, English muffins

Food category : Bread products

What is <u>excluded</u> from the bread products category ?





۲

Handmade products

aperitif crackers ...)

Fresh unbaked dough

Cocktail snacks products (TUC,

Fresh or frozen bread products

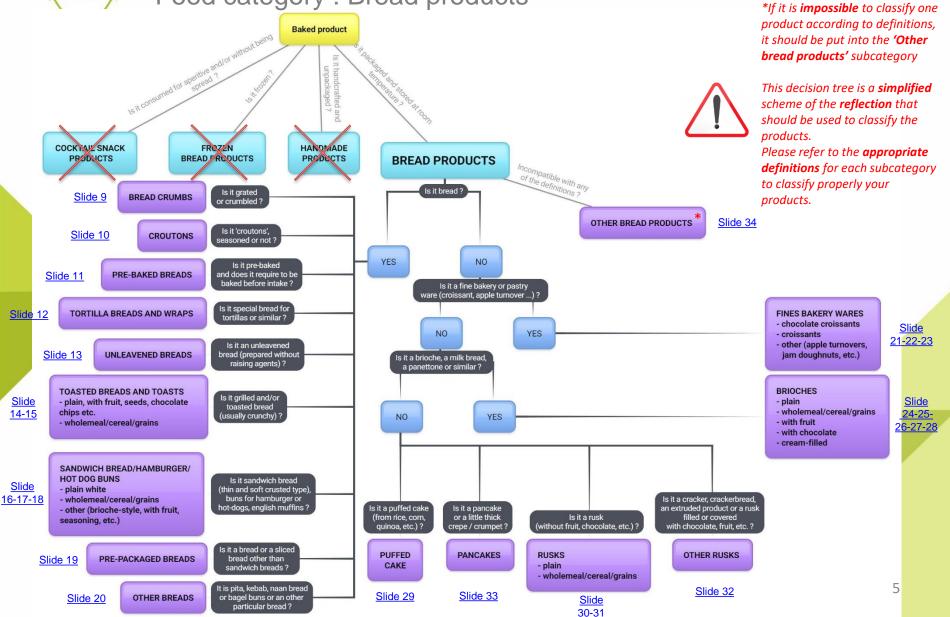


→ Those products are meant to be consumed as such (without being spread) for aperitive



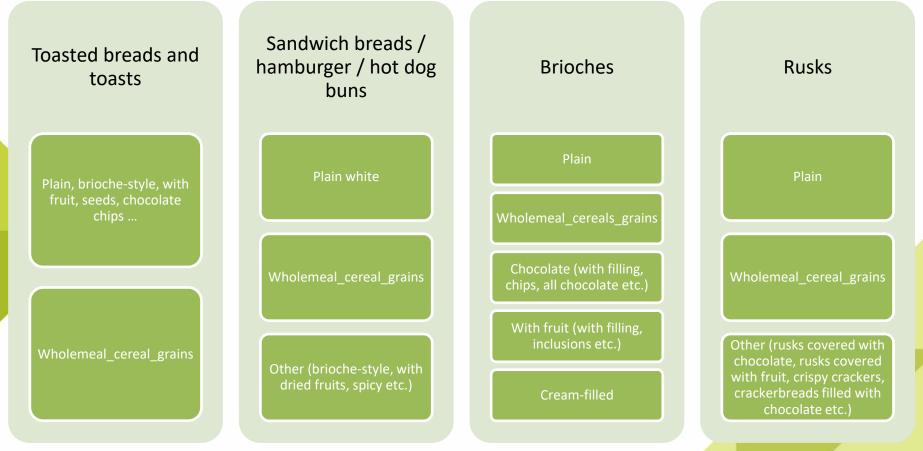
Co-funded by the Third Health Programme of the European Union

Food category : Bread products



Food category : Bread products

Classification distinguishes different subcategories of products for :



 \rightarrow For the other subcategories, there is no distinction made between the products (plain, wholemeal, cereal or grains, with fruit or chocolate inclusions, etc). All of them are classified together in the associated subcategory.

2024.04.24.





Bread products subcategories & definitions

Category code : 18 Subcategory code Subcategory Definition Grated or crumbled dried bread or rusks 730 Breadcrumbs 729 Croutons Small pieces of dry bread, seasoned or unseasoned 405 Pre-baked breads Pre-baked breads 408 Tortilla breads and wraps Special tortilla breads and wraps 396 Unleavened breads Unleavened breads Plain toasted breads and toasts 402 Plain toasted breads and toasts containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. These products can contain fruit inclusions, chocolate chips, etc. 403 Wholemeal cereal grains toasted Toasted breads and toasts containing whole wheat flour or with addition of bran/germ/fiber and/or containing at breads and toasts least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten. Plain sandwich breads, plain special breads for hamburgers and hot dogs, plain english muffins containing wheat 399 Plain white sandwich breads / hamburger /hot dog buns flour and without seeds (special breads for hamburger included in this subcategory can contain sesame seeds). These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Cupcake-type muffins are excluded. 398 Wholemeal cereal grains sandwich Sandwich breads, special breads for hamburgers and hot dogs, english muffins containing whole wheat flour or with breads / hamburger / hot dog buns addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten. Cupcake-type muffins and special breads for hamburger containing wheat flour with sesame seeds are excluded. 400 Other sandwich breads / hamburger / Sandwich breads, special breads for hamburgers and hot dogs, english muffins, brioche-style or not, with dried fruit hot dog buns inclusions, spicy or seasoning sandwich breads, etc. Includes products without gluten (made from soy flour, rice flour, corn flour, etc.) Cupcake-type muffins are excluded. 406 Pre-packaged breads Pre-packaged breads made from whole wheat flour and/or cereal flour (rye, barley, buckwheat, etc.), or wheat flour; plain, with or without seed inclusions (sunflower, flax, etc.) and/or dried fruit. Includes products without gluten (made from soy flour, rice flour, corn flour, etc.). 401 Other breads Special breads such as pita, kebab bread, Lebanese flatbread, bagel, Swedish bread, etc.



Bread products subcategories & definitions

Category code : 18

Subcategory code	Subcategory	Definition
604	Fine bakery wares_croissants	Croissants
605	Fine bakery wares_chocolate croissants	Chocolate croissants
603	Fine bakery wares_other	Apple turnovers, filled croissants, raisin breads, fruit-filled doughnuts, etc.
112	Plain brioches	Plain brioches and Viennese bread-type products, plain milk breads or gâches containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of sugar, fudge, etc.
114	Wholemeal_cereals_grains brioches	Brioches and Viennese bread-type products, milk breads or gâches containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products gluten.
119	Chocolate brioches	Brioches and Viennese bread-type products, milk breads or gâches with chocolate filling, all chocolate and/or with chocolate chips, panettones without fruit and with chocolate
116	Brioches with fruit	Brioches and Viennese bread-type products, milk breads or gâches with fruit filling or with fruit (candied or not) inclusions, panettones with fruit, kouglof or similar products.
115	Cream-filled brioches	Brioches and Viennese bread-type products, milk breads or gâches with cream filling which may contain inclusions (chocolate, fruits etc.)
288	Puffed cakes	Puffed cakes made from rice, corn, spelt, quinoa, buckwheat, cereals; plain, flavored, topped or with filling
117	Plain rusks	Plain rusks and plain brioche rusks containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of fruit and/or chocolate chips.
67	Wholemeal_cereal_grains rusks	Rusks containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes rusks containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.
744	Other rusks	Other rusks that do not fit the definition of any of the other rusk subcategories, crackers, crackerbreads and extruded products : rusks covered with chocolate, rusks covered with fruit, crispy crackers, crackerbreads filled with chocolate etc. Includes products without gluten (made from soy flour, rice flour, corn flour, etc.)
626	Pancakes	Pancake or little thick crepe / crumpet ; plain, with or without chocolate chips, filling or not.
51	Other bread products	Other bread products



Breadcrumbs

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	730	Breadcrumbs	Grated or crumbled dried bread or rusks











Croutons

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	729	Croutons	Small pieces of dry bread, seasoned or unseasoned









Pre-baked breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	405	Pre-baked breads	Pre-baked breads

Précuite au four à pierre Voorgebakken in een steenoven Precotta in forno a pietra

NUTRI-SCORE BCDE



READY TO BAKE GLUTEN FREE ROLLS

100



03 03

The Parties Sul Jack





Tortilla breads and wraps

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	408	Tortilla breads and wraps	Special tortilla breads and wraps







Unleavened breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	396	Unleavened breads	Unleavened breads









Toasted breads and toasts

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	402	Plain toasted breads and toasts	Plain toasted breads and toasts containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. These products can contain fruit inclusions, chocolate chips, etc.







2005

Wholemeal_cereal_grains toasted breads and toasts

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	403	Wholemeal_cereal_grains toasted breads and toasts	Toasted breads and toasts containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.





Plain white sandwich breads / hamburger /hot dog buns

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	399	Plain white sandwich breads / hamburger /hot dog buns	Plain sandwich breads, plain special breads for hamburgers and hot dogs, plain english muffins containing wheat flour and without seeds (special breads for hamburger included in this subcategory can contain sesame seeds). These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Cupcake-type muffins are excluded.















Wholemeal_cereal_grains sandwich breads / hamburger / hot dog buns

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	398	Wholemeal_cereal_grains sandwich breads / hamburger / hot dog buns	Sandwich breads, special breads for hamburgers and hot dogs, english muffins containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten. Cupcake-type muffins and special breads for hamburger containing wheat flour with sesame seeds are excluded.



Other_sandwich breads / hamburger / hot dog buns

6 Stück

I' DOG BOLLS

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	400	Other_sandwich breads / hamburger / hot dog buns	Sandwich breads, special breads for hamburgers and hot dogs, english muffins, brioche-style or not, with dried fruit inclusions, spicy or seasoning sandwich breads, etc. Include products without gluten (made from soy flour, rice flour, corn flour, etc.) Cupcake-type muffins are excluded.



2005

AutoSmolpho 10 Sultana Scones







Pre-packaged breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	406	Pre-packaged breads	Pre-packaged breads made from whole wheat flour and/or cereal flour (rye, barley, buckwheat, etc.), or wheat flour; plain, with or without seed inclusions (sunflower, flax, etc.) and/or dried fruit Include products without gluten (made from soy flour, rice flour, corn flour, etc.).



Other breads

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	401	Other breads	Special breads such as pita, kebab bread, Lebanese flatbread, bagel, Swedish bread, etc.



2005









DEJA FENDU -



Fine bakery wares_croissants

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	604	Fine bakery wares_croissants	Croissants



Fine bakery wares_chocolate croissants

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	605	Fine bakery wares_chocolate croissants	Chocolate croissants



Fine bakery wares_other

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	603	Fine bakery wares_other	Apple turnovers, filled croissants, raisin breads, fruit-filled doughnuts, etc.



Plain brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	112	Plain brioches	Plain brioches and Viennese bread-type products, plain milk breads or gâches containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of sugar, fudge, etc.





Wholemeal_cereals_grains brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	114	Wholemeal_cereals_grains brioches	Brioches and Viennese bread-type products, milk breads or gâches containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes products containing wheat flour with seeds. Includes products without gluten.









Chocolate brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	119	Chocolate brioches	Brioches and Viennese bread-type products, milk breads or gâches with chocolate filling, all chocolate and/or with chocolate chips, panettones without fruit and with chocolate



Brioches with fruit

Categor code	y Category	Subcategory code	Subcategory	Definition
18	Bread products	116	Brioches with fruit	Brioches and Viennese bread-type products, milk breads or gâches with fruit filling or with fruit (candied or not) inclusions, panettones with fruit, kouglof or similar products.



Cream-filled brioches

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	115	Cream-filled brioches	Brioches and Viennese bread-type products, milk breads or gâches with cream filling which may contain inclusions (chocolate, fruits etc.)







Puffed cakes

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	288	Puffed cakes	Puffed cakes made from rice, corn, spelt, quinoa, buckwheat, cereals; plain, flavored, topped or with filling





Plain rusks

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	117	Plain rusks	Plain rusks and plain brioche rusks containing wheat flour and without seeds. These products can contain broad beans flour and/or soy flour and/or barley flour in addition to the wheat flour. Includes products with inclusions of fruit and/or chocolate chips.









Wholemeal_cereals_grains rusks

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	67	Wholemeal_cereal_grains rusks	Rusks containing whole wheat flour or with addition of bran/germ/fiber and/or containing at least one cereal flour (apart from wheat, broad beans, soy and barley), with or without seeds. Includes rusks containing wheat flour with seeds. These products can contain fruit inclusions and/or chocolate chips. Includes products without gluten.





Other rusks

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	744	Other rusks	Other rusks that do not fit the definition of any of the other rusk subcategories, crackers, crackerbreads and extruded products : rusks covered with chocolate, rusks covered with fruit, crispy crackers, crackerbreads filled with chocolate etc. Include products without gluten (made from soy flour, rice flour, corn flour, etc.)















Pancakes

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	626	Pancakes	Pancake or little thick crepe / crumpet ; plain, with or without chocolate chips, filling or not.







Other bread products

Ď

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	51	Other bread products	Other bread products



Any doubts about classification?

Some products may not meet any subcategories' definition or you may hesitate between different subcategories:

- Carefully examinate the legal & commercial names
- Examinate the list of ingredients
- Check if nutritional values are relevant with those of the targeted subcategory
- In case of hybrid products, in accordance to the subcategory descriptions, consider the product's dominant ingredient



Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





Healthy Food for a Healthy Europe

WP 5 – GUIDELINES FOR CLASSIFICATION

BREAKFAST CEREALS

ANSES

2002

Webinar 20.11.2020



Food category : Breakfast cereals (1)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the food category (slide 5)
- Main types of products (slide 6)
- List of the subcategories and associated definitions (slides 7 9)
- Definitions of the subcategories and examples of products included (slides 10 – 32)



Food category : Breakfast cereals

- What kind of product can be considered as breakfast cereals ?
 - ✓ All types of breakfast cereals (plain, chocolate, caramel, filled, healthy, whole wheat, etc.)
 - ✓ Cereal cakes
 - \checkmark Cereals requiring preparation such as oatflakes, muesli, puffed rice







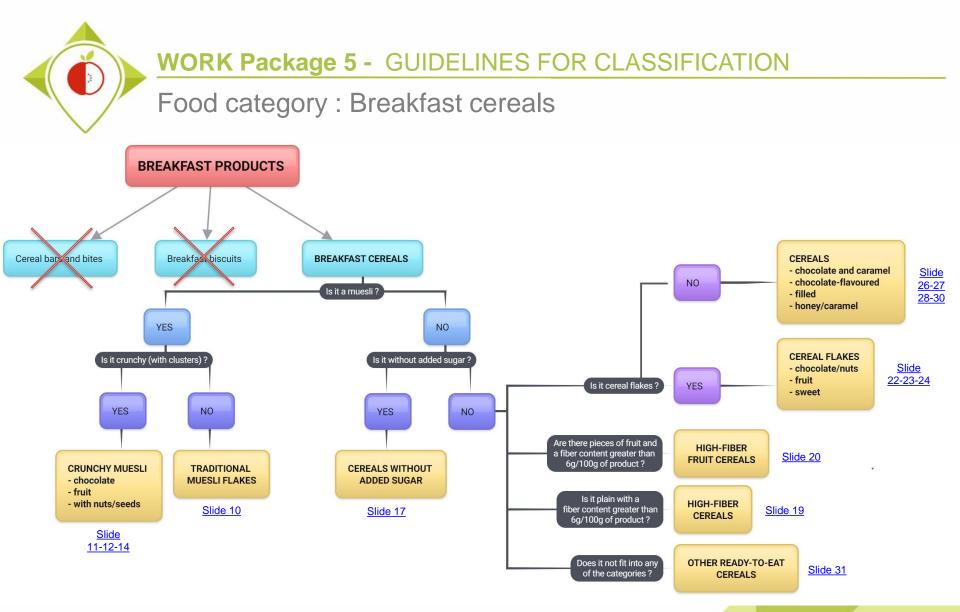


Food category : Breakfast cereals

- > What is <u>excluded</u> from the breakfast cereals category ?
 - Breakfast biscuits
 - Cereal bars and bites (cereal bars with fruits or nuts, with or without chocolate, with caramel, with pieces of biscuit, plain, etc.)







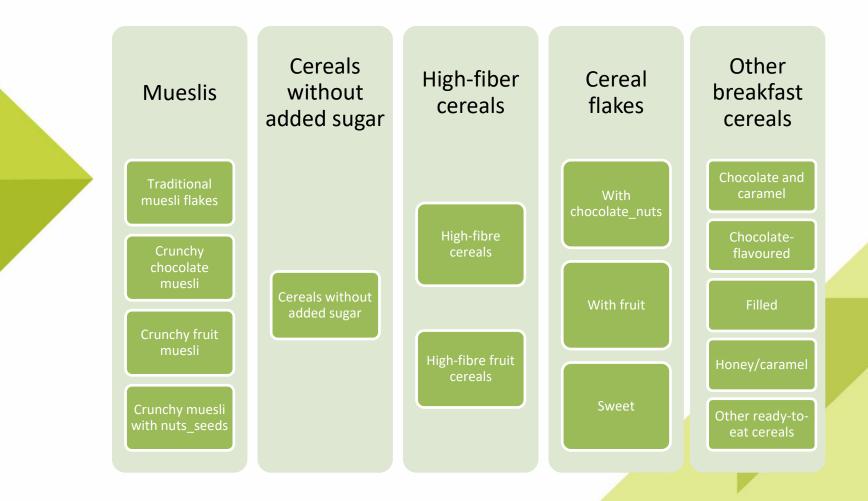


This decision tree is a **simplified** scheme of the **reflection** that should be used to classify the products. Please refer to the **appropriate definitions** for each subcategory to classify properly your products.



Food category : Breakfast cereals

5 main types of products
15 subcategories in total





Breakfast cereals subcategories & definitions

Mueslis

Category code : 1

Subcategory code	Subcategory	Definition
386	Traditional muesli flakes	Mixture of cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) with dried fruit, seeds, flakes, added sugar and/or chocolate. This subcategory also includes porridge mixes (plain, with chocolate, fruit or nuts, etc.) except plain porridge mixes without added sugar that are included in the "Cereals without added sugar"(739) subcategory. Example: 7-fruit flaky muesli, Chocolate hazelnut muesli, etc.
678	Crunchy chocolate muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with chocolate and/or cocoa. May contain fruit and/or nuts. Example: Chocolate caramel muesli, Granola with figs and chocolate, Crunchy muesli with chocolate pieces and hazelnuts, etc.
679	Crunchy fruit muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with fruit. May contain nuts and/or seeds but not chocolate and/or cocoa. Example: Crunchy muesli with dried fruits, Crunchy apple banana and raisin clusters, Red fruit granola, Crunchy cereal mix with almonds and strawberries, etc.
680	Crunchy muesli with nuts_seeds	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of plain crunchy clusters or with only honey/maple syrup or with only nuts (walnuts, hazelnuts, peanuts, almonds, etc.) or seeds. These products do not contain fruit, chocolate and/or cocoa. Example: Crunchy nut muesli, Crunchy flax and pumpkin seed muesli, Crunchy plain muesli, Hazelnut almond and pecan muesli, etc.

Cereals without added sugar

Subcategory code	Subcategory	Definition
739	Cereals without added sugar	Cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) without added sugar, caramel, syrup, honey, molasses, glucose, fructose, sucrose, dextrose, or maltodextrins. These products do not contain fruit, dried fruit, nuts or chocolate. This subcategory includes plain porridge mixes without added sugar. Mueslis without added sugar are excluded from this subcategory (they are included in the "Traditional muesli flakes" subcategory). Examples: Oat flakes, 5-cereal flakes, Cornflakes, puffed buckwheat, puffed millet etc.



Breakfast cereals subcategories & definitions

High-fiber cereals

Category code : 1

Subcategory code	Subcategory	Definition	
143	High-fibre cereals	Infilled cereals with a fiber content greater than or equal to 6g per 100g of product. hese products do not contain honey, caramel, chocolate, fruit or nuts. his subcategory includes cereal cake products that may contain chocolate. ereal flakes without added sugar and muesli (crunchy and flaky) are excluded from this subcategory. xamples: Nature and fiber, Cereals with wheat bran naturally high in fiber, Wheat bran sticks, etc.	
676	High-fibre fruit cereals	Unfilled cereals accompanied by fruit and with a fiber content greater than or equal to 6g per 100g of product. These products do not contain honey, caramel or chocolate but may contain nuts. Cereal flakes without added sugar and muesli (crunchy and flaky) with fruit are excluded from this subcategory. Examples: Fruit and fiber, Whole wheat flakes with fruit, etc.	

Cereal flakes

Subcategory Subcategory code		Definition		
681	Cereal flakes with chocolate_nuts	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated with chocolate and/or plain with pieces of chocolate or nuts (walnuts, hazelnuts, peanuts, almonds, etc.). These products can contain fruits. Example: Rice and wheat flakes with chocolate shavings, Whole wheat, rice and barley flakes coated in sugar with dark chocolate shavings, Rice and wheat flakes with hazelnuts and slivered almonds, etc.		
683	Cereal flakes with fruit	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated or plain with pieces of fruit. These products do not contain chocolate and/or cocoa. Flakes with more than 6g of fiber/100g are included in the "High-fiber fruit cereals" subcategory. Examples: Rice and wheat flakes with pieces of red fruit, Whole wheat, rice and barley flakes with fruit, Rice and spelt flakes with mixed red fruit, etc.		
745	Sweet cereal flakes	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) which contains sugar, honey or maple syrup but without pieces of chocolate, fruit or nuts. These products may be coated, frosted, sweetened, etc. Sweet cereal flakes coated with milk are included in this subcategory. Flakes with more than 6g of fiber/100g are included in the "High-fiber cereals" subcategory. Example: Sugar-frosted cornflakes, Maple syrup cornflakes, Plain cornflakes, plain buckwheat flakes, etc.		



Breakfast cereals subcategories & definitions

Other breakfast cereals

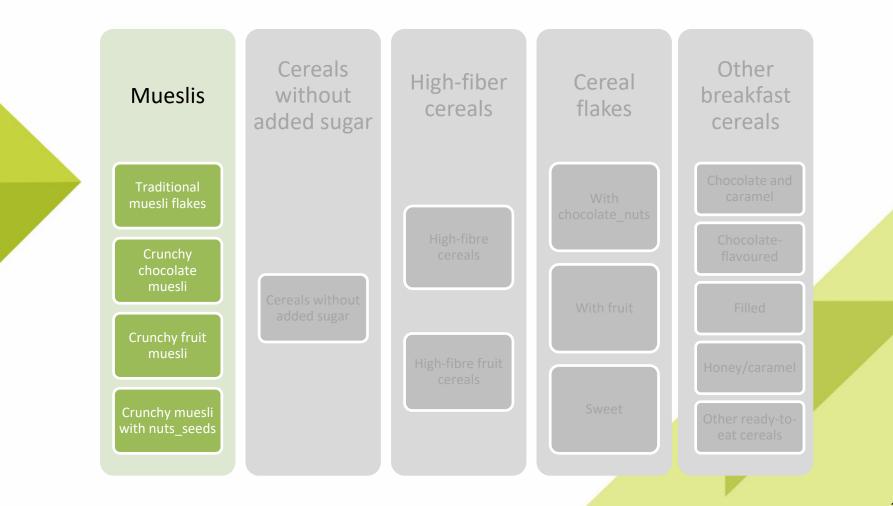
Category code : 1

Subcategory code	Subcategory	Definition
134	Chocolate and caramel cereals	Unfilled cereals with caramel and chocolate. They are usually extruded or puffed. Muesli is excluded from this subcategory. For example: Caramel and chocolate cereal mix, Caramel and powdered chocolate puffed cereal, etc.
135	Chocolate-flavoured cereals	Cereals with chocolate or cocoa, without filling. They may or may not be mixed with filled cereals (with non-filled cereals in the majority). They are usually extruded or puffed. Chocolate-coated cereal flakes are excluded from this subcategory. Example: Chocolate puffed rice, Chocolate cornflakes, Crispy cocoa cereal rings, etc.
138	Filled cereals	Cereals filled with chocolate, milk, hazelnut, caramel, vanilla, etc. They may be mixed with unfilled cereals (with filled cereals in the majority). Example: Cereals with milk filling, Cereals with vanilla filling, Cereals with chocolate filling, etc.
142	Honey/caramel cereals	Cereals coated with honey, caramel or any other sweetening ingredient (sugar, cane sugar, sugar syrup, glucose syrup, agave syrup, rice syrup). These are neither chocolate nor filled products. May contain nuts. Muesli and cereal flakes are excluded from this subcategory. Sweet puffed cereals like " <i>Rice Krispies</i> " are included in this subcategory. Example: Puffed wheat with honey, Corn balls with honey, Puffed rice with agave syrup, Caramel-coated puffed wheat, Cereal rings with a fruity taste, etc.
17	Other ready-to-eat cereals	Other ready-to-eat cereals Examples : keto granola (granola without cereals), porridge with vegetables, etc.
796	Cereal preparation to drink	Contains cereal-based products to be reconstituted and whose commercial name or legal name suggests consumption as a beverage. These products contain cereals in powdered, ground form. Conventional porridge mixes are not included in this subcategory. Example: Drinking porridge (porridge in powder form), etc.



Food category : Breakfast cereals

5 main types of products 15 subcategories in total





Traditional muesli flakes

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	386	Traditional muesli flakes	Mixture of cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) with dried fruit, seeds, flakes, added sugar and/or chocolate. This subcategory also includes porridge mixes (plain, with chocolate, fruit or nuts, etc.) except plain porridge mixes without added sugar that are included in the "Cereals without added sugar" (739) subcategory. Example: 7-fruit flaky muesli, Chocolate hazelnut muesli, etc.









Crunchy chocolate muesli

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	678	Crunchy chocolate muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with chocolate and/or cocoa. May contain fruit and/or nuts. Example: Chocolate caramel muesli, Granola with figs and chocolate, Crunchy muesli with chocolate pieces and hazelnuts, etc.









Crunchy fruit muesli

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	679	Crunchy fruit muesli	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of crunchy clusters with fruit. May contain nuts and/or seeds but not chocolate and/or cocoa. Example: Crunchy muesli with dried fruits, Crunchy apple
				banana and raisin clusters, Red fruit granola, Crunchy cereal mix with almonds and strawberries, etc.







Crunchy fruit muesli

Precisions

✓ Coconut is considered as a fruit

ightarrow In the presence of coconut, products will be classified in the subcategories with fruit

Example :

This product contains **coconut** and it is specified that there are **flakes and clusters**

 \rightarrow it will be classified in the subcategory « Crunchy fruit muesli »





Crunchy muesli with nuts/seeds

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	680	Crunchy muesli with nuts_seeds	Mixture of cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) in the form of plain crunchy clusters or with only honey/maple syrup or with only nuts (walnuts, hazelnuts, peanuts, almonds, etc.) or seeds. These products do not contain fruit, chocolate and/or cocoa.
				Example: Crunchy nut muesli, Crunchy flax and pumpkin seed muesli, Crunchy plain muesli, Hazelnut almond and pecan muesli, etc.









Crunchy muesli with nuts/seeds

Precisions

✓ « Crunchy muesli » is not always mentioned on package

- ightarrow It can be mentioned « clusters » or « flakes and clusters »
- ightarrow It can be mentioned « granola »
- ightarrow In those cases, products will be considered as « crunchy muesli »

Examples :



Will be classified as « Crunchy muesli with nuts/seeds »



Will be classified as « Crunchy fruit muesli »

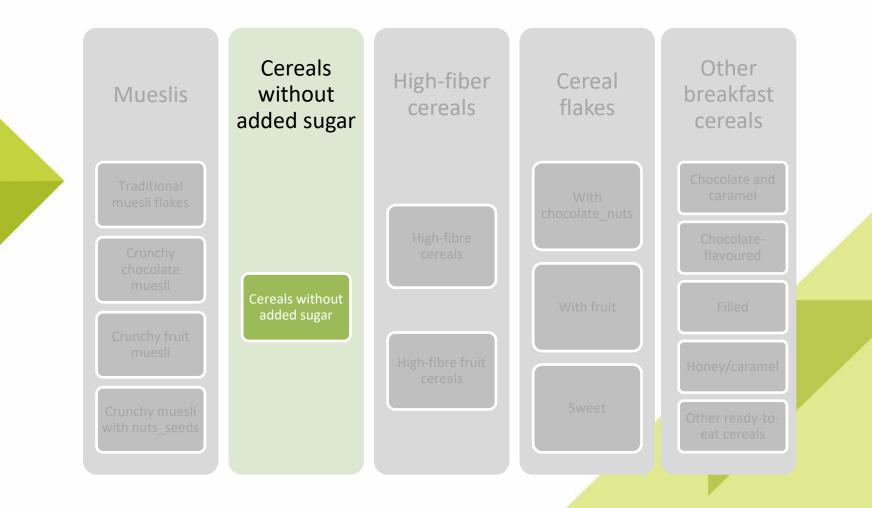


Will be classified as « Crunchy fruit muesli »



Food category : Breakfast cereals

5 main types of products 15 subcategories in total





Cereals without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	739	Cereals without added sugar	Cereals (oat, wheat, rice, spelt, corn, buckwheat, etc.) without added sugar, caramel, syrup, honey, molasses, glucose, fructose, sucrose, dextrose, or maltodextrins. These products do not contain fruit, dried fruit, nuts or chocolate. This subcategory includes plain porridge mixes without added sugar. Mueslis without added sugar are excluded from this subcategory (they are included in the "Traditional muesli flakes" subcategory). Examples: Oat flakes, 5-cereal flakes, Cornflakes, Buckwheat flakes without added sugar, etc.









→ It can be difficult to categorize cereals without added sugar when the ingredient list is not available.

To categorize cereals without added sugar, you have to follow these steps :

- see if there is a nutritional claim such as "no added sugar" or "contains naturally occurring sugars" and, in this case, the product is classified in the <u>739-Cereals</u> without added sugar subcategory.
- 2) Otherwise you have to look at the **list of ingredients** and if the product **does not contain** sugar, caramel, honey, sucrose or any other sweetening product then the product is classified in the <u>739-Cereals without added sugar</u> subcategory
- 3) If the list of ingredients is not available, then we can hypothesize for a product with a sugar content ≤ 5g/100g that it is without added sugar and classify it in the <u>739-</u> <u>Cereals without added sugar</u> subcategory

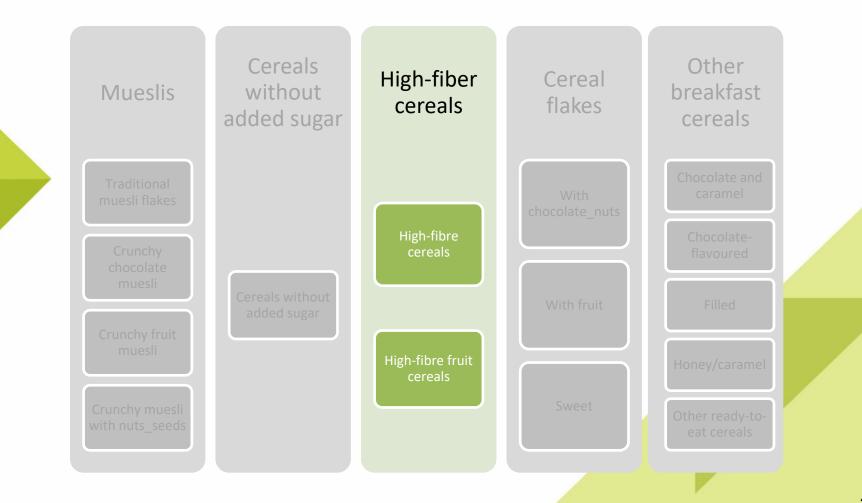


The 3^{rd} step is a hypothesis because it can exist products <u>without</u> <u>added sugar with a sugar content > 5g/100g</u> and products <u>with</u> <u>added sugar with a sugar content < 5g/100g</u>



Food category : Breakfast cereals

- **5 main types of products** 15 subcategories in total





High-fiber cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	143	High-fibre cereals	Unfilled cereals with a fiber content greater than or equal to 6g per 100g of product. These products do not contain honey, caramel, chocolate, fruit or nuts. This subcategory includes cereal cake products that may contain chocolate.
				Cereal flakes without added sugar and muesli (crunchy and flaky) are excluded from this subcategory.
				Examples: Nature and fiber, Cereals with wheat bran naturally high in fiber, Wheat bran sticks, etc.





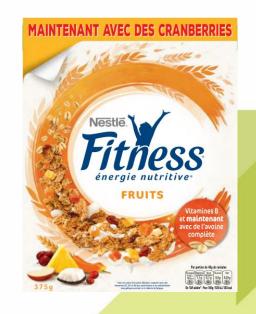




High-fiber fruit cereals

	ategory ode	Category	Subcategory code	Subcategory	Definition
1		Breakfast cereals	676	High-fibre fruit cereals	Unfilled cereals accompanied by fruit and with a fiber content greater than or equal to 6g per 100g of product. These products do not contain honey, caramel or chocolate but may contain nuts. Cereal flakes without added sugar and muesli (crunchy and flaky) with fruit are excluded from this subcategory. Examples: Fruit and fiber, Whole wheat flakes with fruit, etc.

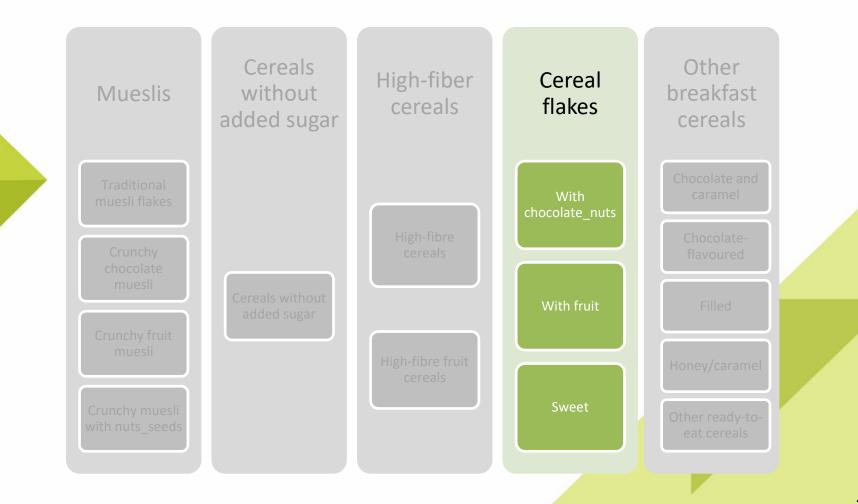






Food category : Breakfast cereals

- **5 main types of products** 15 subcategories in total





Cereal flakes with chocolate/nuts

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	681	Cereal flakes with chocolate_nuts	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated with chocolate and/or plain with pieces of chocolate or nuts (walnuts, hazelnuts, peanuts, almonds, etc.). These products can contain fruits.
				Example: Rice and wheat flakes with chocolate shavings, Whole wheat, rice and barley flakes coated in sugar with dark chocolate shavings, Rice and wheat flakes with hazeInuts and slivered almonds, etc.





Cereal flakes with fruit

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	683	Cereal flakes with fruit	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) coated or plain with pieces of fruit. These products do not contain chocolate and/or cocoa. Flakes with more than 6g of fibre/100g are included in the "High-fibre fruit cereals" subcategory. Examples: Rice and wheat flakes with pieces of red fruit, Whole wheat, rice and barley flakes with fruit, Rice and spelt flakes with mixed red fruit, etc.







Sweet cereal flakes

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	745	Sweet cereal flakes	Cereal flakes (oat, wheat, rice, spelt, corn, buckwheat, etc.) which contains sugar, honey or maple syrup but without pieces of chocolate, fruit or nuts. These products may be coated, frosted, sweetened, etc. Sweet cereal flakes coated with milk are included in this subcategory. Flakes with more than 6g of fiber/100g are included in the "High-fiber cereals" subcategory. Example: Sugar-frosted cornflakes, Maple syrup cornflakes, Plain cornflakes, Plain buckwheat flakes, etc.









Food category : Breakfast cereals

- **5 main types of products** 15 subcategories in total





Chocolate and caramel cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	134	Chocolate and caramel cereals	Unfilled cereals with caramel and chocolate. They are usually extruded or puffed.
				Muesli is excluded from this subcategory.
				For example: Caramel and chocolate cereal mix, Caramel and powdered chocolate puffed cereal, etc.







Chocolate-flavoured cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	135	Chocolate-flavoured cereals	Cereals with chocolate or cocoa, without filling. They may or may not be mixed with filled cereals (with non- filled cereals in the majority). They are usually extruded or puffed. Chocolate-coated cereal flakes are excluded from this subcategory. Example: Chocolate puffed rice, Chocolate cornflakes, Crispy cocoa cereal rings, etc.









Filled cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	138	Filled cereals	Cereals filled with chocolate, milk, hazelnut, caramel, vanilla, etc. They may be mixed with unfilled cereals (with filled cereals in the majority).
				Example: Cereals with milk filling, Cereals with vanilla filling, Cereals with chocolate filling, etc.







Filled cereals

Precisions

\checkmark It exists products with filled and unfilled cereals

→ If the proportions of filled and unfilled cereals are unknown, the product will be classified as **unfilled cereals**.

Example:

This product contains **filled** and **unfilled** cereals and the proportions are unknown

→ It will be considered as **unfilled** cereals and will be classified in the « **Chocolate-flavoured cereals** » subcategory



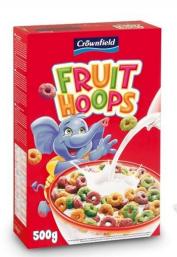




Honey/caramel cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	142	Honey/caramel cereals	Cereals coated with honey, caramel or any other sweetening ingredient (sugar, cane sugar, sugar syrup, glucose syrup, agave syrup, rice syrup). These are neither chocolate nor filled products. May contain nuts. Muesli and cereal flakes are excluded from this subcategory. Sweet puffed cereals like " <i>Rice Krispies</i> " are included in this subcategory. Example: Puffed wheat with honey, Corn balls with honey, Puffed rice with agave syrup, Caramel-coated puffed wheat, Cereal rings with a fruity taste , etc.





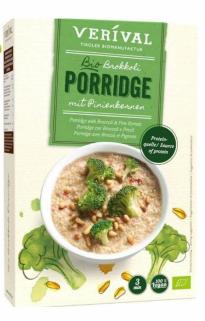




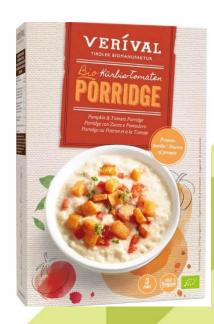


Other ready-to-eat cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	17	Other ready-to-eat cereals	Other ready-to-eat cereals Examples : keto granola (granola without cereals), porridge with vegetables, etc.









Other ready-to-eat cereals

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	17	Other ready-to-eat cereals	Other ready-to-eat cereals Examples : keto granola (granola without cereals), porridge with vegetables, etc.

Precision

 Assortment of different type of cereals with an average ingredient list and average nutritional values must be classified in this sub-category

Example : \rightarrow A single ingredient list and average nutritional values on the back of the package



INGRÉDIENTS: Céréales(Mais, Riz, Farine de blé), Sucre, Sinop de glucose, Cacan en poudre, Cacan maigre en poudre, Sel, Extrait de malt d'orge, Miel, Pâte de cacan, Fibre de mais, Arômes, Arôme naturel, Cannelle, Colorant(Caroténoides), Lait écrémé en poudre, Isolat de protéine de soja, Vitamine D, Vitamine B1, Vitamine B2, Niacine, Vitamine B6, Acide folique, Vitamine B12, Fer.

	C 1000 1000	(453kJ 107k	
MATIÈRES GRASSES / VETTEN / GRASSI / GRASAS / LÍPIDOS / AINH	1.5g	0.4g	(<1)
dont acides gras saturés / waarvan verzadigde vetzuren / di cui acidi grassi saturi / de las cuales saturadas / dos quais saturados / εκ των οποίων κορεσμένα	0.6g	0.2g	(<1)
GLUCIDES / KOOLHYDRATEN / CARBOIDRATI / HIDRATOS DE CARBONO / YAATANOPAKEZ	84g	24g	
dont sucres / waarvan suikers / di cui zuccheri / de los cuales azúcares / dos quais açúcares / εκ των οποίων σάκχαρα	28g	7.8g	(9)
FIBRES ALIMENTAIRES / VEZELS / FIBRE / FIBRA ALIMENTARIA / FIBRA / ØYTIKEΣ INEΣ	3.5g	1.09	-
PROTÉINES / EIWITTEN / PROTEINE / PROTEÍNAS / ΠΡΩΤΕΙΝΕΣ	6.3g	1.89	(4)
SEL/ZOUT/SALE/SAL/ANATI	0.70g	0.20g	(3).



Assortment of cereals with an ingredient list and nutritional values for each item in the assortment → you must choose the correct subcategory for each item *More information about assortments slides 44 to 51 in guideline "Methodology for data collection"*



Cereal preparation to drink

Category code	Category	Subcategory code	Subcategory	Definition
1	Breakfast cereals	796	Cereal preparation to drink	Contains cereal-based products to be reconstituted and whose commercial name or legal name suggests consumption as a beverage. These products contain cereals in powdered, ground form. Conventional porridge mixes are not included in this subcategory.
				Example: Drinking porridge (porridge in powder form), etc.







Any doubts about classification?

Some products may not meet any subcategories' definition or you may hesitate between different subcategories:

- Carefully examinate the legal & commercial names
- Examinate the list of ingredients
- Check if nutritional values are relevant with those of the targeted subcategory
- In case of hybrid products, in accordance to the subcategory descriptions, consider the product's dominant ingredient



Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





Healthy Food for a Healthy Europe

WP 5 – GUIDELINES FOR CLASSIFICATION

DELICATESSEN MEATS AND SIMILAR

ANSES

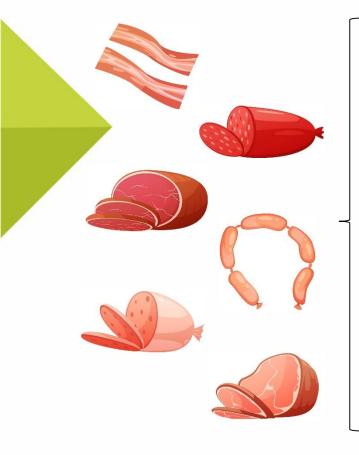


- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Main types of products (slide 5)
- List of the subcategories and associated definitions (slides 6 8)
- Definitions of the subcategories and examples of products included (slides 9 – 37)

Food category : Delicatessen meats and similar

What kind of product can be considered as <u>delicatessen meats and</u> <u>similar</u>?

Delicatessen meats and alternative meat-free products (containing tofu, soy, etc.), found in the room-temperature, chilled and frozen, pre-packed sections (excluding foods cut to order)



- Cooked ham and shoulder, ham knuckle, roast poultry or pork, etc.
- ✓ Raw-cured ham, dry-cured ham
- ✓ Sausages, cooked sausages, sausage specialities, chorizo, dry sausages, etc.
- ✓ Pâté, country-style pâté, duck mousse, pork liver mousse or terrine, etc.
- ✓ Lardons
- ✓ Pork belly and bacon
- Boudin (white or blood sausage), uncooked andouille and andouillette (chitterling sausage)
- Sausage specialities such as chipolatas, merguez, coarse minced sausages (Morteau, Montbéliard, etc.)
- Dried, smoked or cured meats (Coppa, Alsatian Kassler, Corsican Lonzu, Bündnerfleisch, Bresaola, etc.)
- ✓ Corned beef, corned lamb, etc. (canned or not)
- ✓ Preserved uncooked meat (such as canned sausages)
- ✓ Alternative meat-free products (containing tofu, soy, etc.)

Food category : Delicatessen meats and similar

What is <u>excluded</u> from the Delicatessen meats and similar category ?

- Delicatessen meats in pastry
- Delicatessen meat products included in complete dishes (such as sauerkraut, cassoulet, couscous, etc.)
- Canned cooked meats (meats cooked in sauce, special meat recipes, etc.)
- Foie gras
- Gizzards and poultry livers
- Delicatessen meat assortments with cheese
- Meat salads
- Aspic products







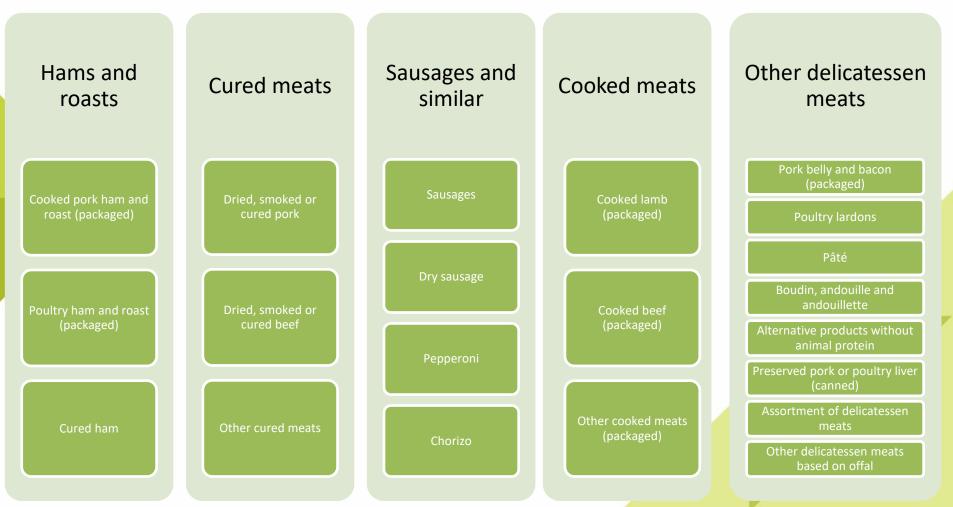






Food category : Delicatessen meats and similar

5 main types of products 21 subcategories in total





Food category : Delicatessen meats and similar

Hams and roasts

Category code : 5

Subcategory code	Subcategory	Definition
742	Cooked pork ham and roast (packaged)	Cooked pork ham and roast, plain, smoked, golden baked, with herbs, etc. in slices or in the form of dice/cubes, matchsticks, grated ham, chopped ham. Cooked ham knuckle, all qualities combined. Prosciutto cotto is included in this subcategory. Contains similar products reduced in salt.
332	Poultry ham and roast (packaged)	Poultry breast or fillet, plain or smoked, golden baked, with herbs, mustard, etc. Poultry roast, poultry breast, cooked poultry meat preparations, in slices or in the form of dice/cube, matchsticks, grated, chopped. Contains similar products reduced in salt.
333	Cured ham	Dry-cured ham or raw cured ham Example : Prosciutto crudo, Serrano ham, Iberian ham, Speck dell' Alto Adige, etc. Contains similar products reduced in salt.

Cured meats

Subcategory Subcategory code		Definition			
628	Dried, smoked or cured pork	Dried, smoked or cured pork (coppa, Alsatian Kassler, Corsican Lonzu and other regional specialities of this type). Contains similar products reduced in salt.			
629 Dried, smoked or cured beef		Dried, smoked or cured beef (Bündnerfleisch, bresaola). Contains similar products reduced in salt.			
632	Other cured meats	Dried meat other than pork or beef. Veal bacon and poultry bacon are included in this subcategory. Contains similar products reduced in salt.			



Food category : Delicatessen meats and similar

Sausages and similar

Category code : 5

Subcategory code	Subcategory	Definition
795	Sausages	All types of sausages. Sausages with smooth homogeneous filling, from pork or other meat (poultry, beef) like sausages from Alsace, Strasbourg or Frankfurt, cocktail sausages, sausages with cheese inclusions. Saveloys, sausages for slicing with smooth homogeneous filling (roulades), fine Lyon sausages, cooked sausages with garlic, Paris sausages. Mortadella, with or without pistachios. Sausage specialties such as chipolatas, merguez or sausages with Provençal herbs, coarse minced sausages (Morteau, Montbéliard, etc.). Cachir sausages are included in this subcategory. Cotto salami (boiled salami) is included in this subcategory. Contains similar products reduced in salt.
520	Dry sausage	Dry-cured sausages with or without inclusions (dried fruit, cheese, olives, etc.), dry salami, danish salami. Cotto salami (boiled salami) is excluded from this subcategory. Does not contain pepperoni and chorizo. Contains similar products reduced in salt.
634	Pepperoni	Cured mixture of pork and/or beef seasoned with paprika or other chili pepper. Contains similar products reduced in salt.
168	Chorizo	Chorizo (sliced or unsliced). Contains similar products reduced in salt.

Cooked meats

Subcategory code	Subcategory	Definition
1	Cooked lamb (packaged)	Cooked lamb packaged in trays or packs or canned. Contains similar products reduced in salt.
90	Cooked beef (packaged)	Cooked beef packaged in trays or packs or canned. Example : corned beef, etc. Contains similar products reduced in salt.
50	Other cooked meats (packaged)	Other cooked meats (packaged or canned). Contains similar products reduced in salt.



Food category : Delicatessen meats and similar

Other delicatessen meats

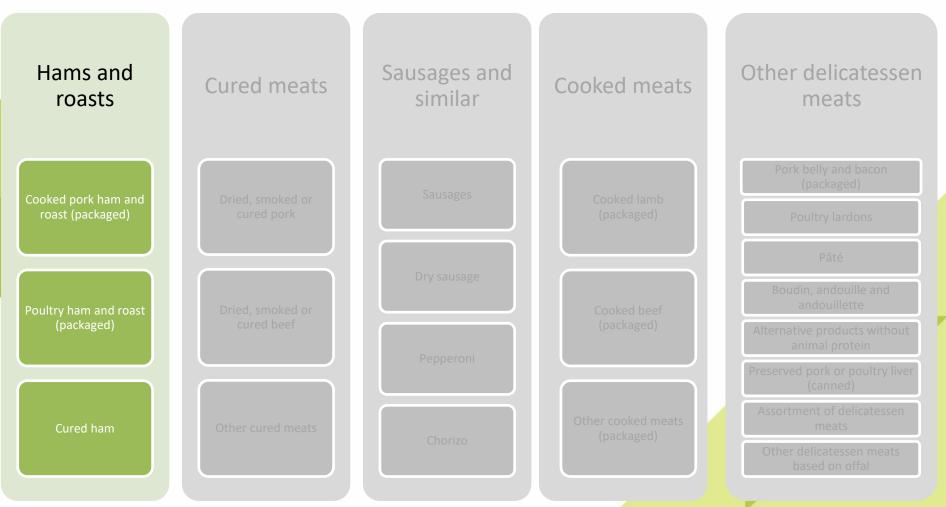
Category code : 5

Subcategory code	Subcategory	Definition
753	Pork belly and bacon (packaged)	Belly, country bacon, pancetta, lardons or matchsticks (allumettes) made from cured pork belly or cuts, slices or matchsticks of pork bacon. Contains similar products reduced in salt.
342	Poultry lardons	Lardons or matchsticks made from poultry meat. Contains similar products reduced in salt.
743	Pâté	Country-style pâté, with or without mushrooms or herbs. Superior country-style pâté, country terrine, Breton pâté or terrine, with mushrooms or herbs. Pork liver pâté, mousse, terrine or cream, with or without mushrooms and herbs. Pâté or terrine made from game, with or without inclusions (dried fruit, chestnuts, etc.). Pork-based pâté: ham pâté, meat pâté, Ardennes pâté. Pâté or terrine made from poultry (duck, turkey, chicken) or rabbit, with or without inclusions, containing pork. Pork rillettes. Other pork delicatessen specialties similar to rillettes. Chicken, duck or goose rillettes, scratchings (may contain pork). Other poultry-based delicatessen specialties similar to rillettes. Duck mousse of superior quality or not, with or without mushrooms and herbs, regardless of the liver content. Contains similar products reduced in salt.
630	Boudin, andouille and andouillette	Boudin (white or blood sausage), uncooked andouille and andouillette (chitterling sausage). Contains similar products reduced in salt.
631	Alternative products without animal protein	Alternative products without animal protein (containing tofu, soy, etc.). These products may contain vegetables. Falafels, veggie steaks or patties are excluded from this subcategory. Contains similar products reduced in salt.
177	Preserved pork or poultry liver (canned)	Confit of poultry or pork liver. Contains similar products reduced in salt.
740	Assortment of delicatessen meats	Assortment of different delicatessen meats with average nutritional values for all the assortment components and consisting of products not belonging to the same subcategories. Contains similar products reduced in salt.
741	Other delicatessen meats based on offal	Other delicatessen meats based on offal : cooked tongue, cooked muzzle, etc. Contains similar products reduced in salt.



Food category : Delicatessen meats and similar

5 main types of products 21 subcategories in total





Cooked pork ham and roast (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	742	Cooked pork ham and roast (packaged)	Cooked pork ham and roast, plain, smoked, golden baked, with herbs, etc. in slices or in the form of dice/cubes, matchsticks, grated ham, chopped ham. Cooked ham knuckle, all qualities combined. Prosciutto cotto is included in this subcategory. Contains similar products reduced in salt.









Poultry ham and roast (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	332	Poultry ham and roast (packaged)	Poultry breast or fillet, plain or smoked, golden baked, with herbs, mustard, etc. Poultry roast, poultry breast, cooked poultry meat preparations, in slices or in the form of dice/cube, matchsticks, grated, chopped. Contains similar products reduced in salt.



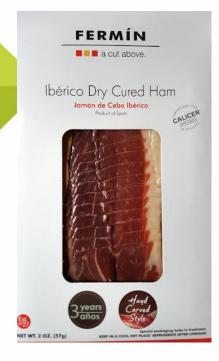






Cured ham

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	333	Cured ham	Dry-cured ham or raw cured ham Example : Prosciutto crudo, Serrano ham, Iberian ham, Speck dell' Alto Adige , etc. Contains similar products reduced in salt.



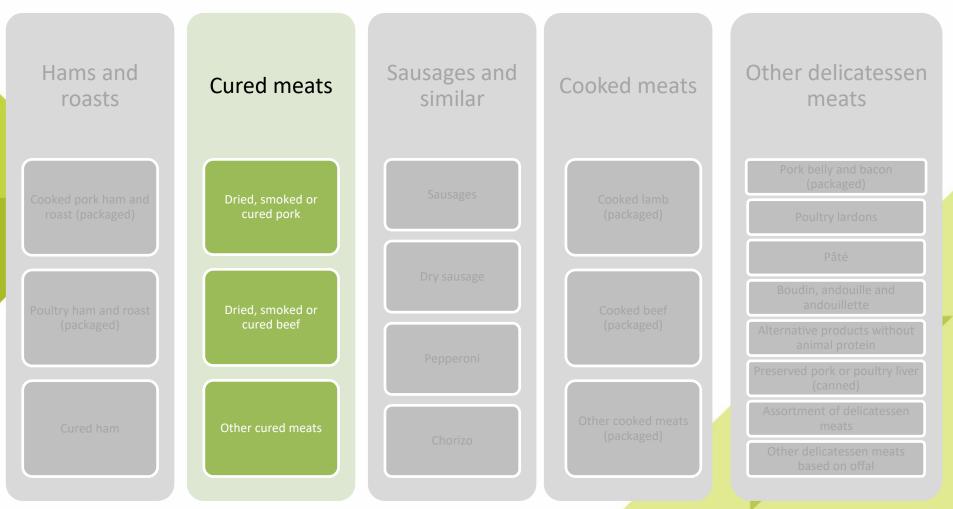






Food category : Delicatessen meats and similar

5 main types of products 21 subcategories in total





Dried, smoked or cured pork

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	628	Dried, smoked or cured pork	Dried, smoked or cured pork (coppa, Alsatian Kassler, Corsican Lonzu and other regional specialities of this type). Contains similar products reduced in salt.









Dried, smoked or cured beef

Categ code	 Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	629	Dried, smoked or cured beef	Dried, smoked or cured beef (Bündnerfleisch, bresaola). Contains similar products reduced in salt.





Other cured meats

	Category code	Category	Subcategory code	Subcategory	Definition
ţ,	5	Delicatessen meats and similar	632	Other cured meats	Dried meat other than pork or beef. Veal bacon and poultry bacon are included in this subcategory. Contains similar products reduced in salt.









Food category : Delicatessen meats and similar

5 main types of products 21 subcategories in total





Sausages

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	795	Sausages	All types of sausages. Sausages with smooth homogeneous filling, from pork or other meat (poultry, beef) like sausages from Alsace, Strasbourg or Frankfurt, cocktail sausages, sausages with cheese inclusions. Saveloys, sausages for slicing with smooth homogeneous filling (roulades), fine Lyon sausages, cooked sausages with garlic, Paris sausages. Mortadella, with or without pistachios. Sausage specialties such as chipolatas, merguez or sausages with Provençal herbs, coarse minced sausages (Morteau, Montbéliard, etc.). Cachir sausages are included in this subcategory. Cotto salami (boiled salami) is included in this subcategory. Contains similar products reduced in salt.











Dry sausage

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	520	Dry sausage	Dry-cured sausages with or without inclusions (dried fruit, cheese, olives, etc.), dry salami, Danish salami. Cotto salami (boiled salami) is excluded from this subcategory.
				Does not contain pepperoni and chorizo. Contains similar products reduced in salt.











Pepperoni

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	634	Pepperoni	Cured mixture of pork and/or beef seasoned with paprika or other chili pepper. Contains similar products reduced in salt.



The term "Pepperoni" has to appear in the commercial name in order to classify the product as "**Pepperoni (634)**". If you find products with the same composition as a Pepperoni but without the term "Pepperoni", it should be classified as "**Dry sausage (520)**".



Chorizo

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	168	Chorizo	Chorizo (sliced or unsliced). Contains similar products reduced in salt.

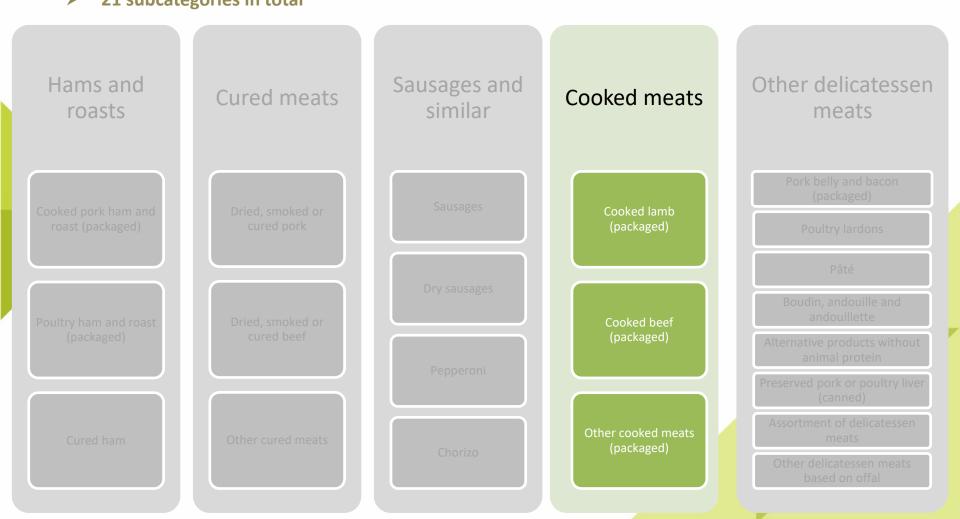


The term "Chorizo" has to appear in the commercial name in order to classify the product as "**Chorizo (168)**". If you find products with the same composition as a Chorizo but without the term "Chorizo", it should be classified as "**Dry sausage (520)**".



Food category : Delicatessen meats and similar

5 main types of products 21 subcategories in total





Cooked lamb (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	1	Cooked lamb (packaged)	Cooked lamb packaged in trays or packs or canned. Contains similar products reduced in salt.









Cooked beef (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	90	Cooked beef (packaged)	Cooked beef packaged in trays or packs or canned. Example : corned beef, etc. Contains similar products reduced in salt.







Other cooked meats (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	50	Other cooked meats (packaged)	Other cooked meats (packaged or canned). Contains similar products reduced in salt.









Food category : Delicatessen meats and similar

5 main types of products 21 subcategories in total





Pork belly and bacon (packaged)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	753	Pork belly and bacon (packaged)	Belly, country bacon, pancetta, lardons or matchsticks (allumettes) made from cured pork belly or cuts, slices or matchsticks of pork bacon. Contains similar products reduced in salt.











Poultry lardons

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	342	Poultry lardons	Lardons or matchsticks made from poultry meat. Contains similar products reduced in salt.







Pâté

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	743	Pâté	Country-style pâté, with or without mushrooms or herbs. Superior country-style pâté, country terrine, Breton pâté or terrine, with mushrooms or herbs. Pork liver pâté, mousse, terrine or cream, with or without mushrooms and herbs. Pâté or terrine made from game, with or without inclusions (dried fruit, chestnuts, etc.). Pork-based pâté: ham pâté, meat pâté, Ardennes pâté. Pâté or terrine made from poultry (duck, turkey, chicken) or rabbit, with or without inclusions, containing pork. Pork rillettes. Other pork delicatessen specialties similar to rillettes. Chicken, duck or goose rillettes, scratchings (may contain pork). Other poultry-based delicatessen specialties similar to rillettes. Duck mousse of superior quality or not, with or without mushrooms and herbs, regardless of the liver content. Contains similar products reduced in salt.









Boudin, andouille et andouillette

Catego code	ry Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	630	Boudin, andouille and andouillette	Boudin (white or blood sausage), uncooked andouille and andouillette (chitterling sausage). Contains similar products reduced in salt.







Alternative products without animal protein

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	631	Alternative products without animal protein	Alternative products without animal protein (containing tofu, soy, etc.). These products may contain vegetables. Falafels, veggie steaks or patties are excluded from this subcategory. Contains similar products reduced in salt.





Preserved pork or poultry liver (canned)

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	177	Preserved pork or poultry liver (canned)	Confit of poultry or pork liver. Contains similar products reduced in salt.







Assortment of delicatessen meats

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	740	Assortment of delicatessen meats	Assortment of different delicatessen meats with average nutritional values for all the assortment components and consisting of products not belonging to the same subcategories. Contains similar products reduced in salt.









Other delicatessen meats based on offal

Category code	Category	Subcategory code	Subcategory	Definition
5	Delicatessen meats and similar	741	Other delicatessen meats based on offal	Other delicatessen meats based on offal : cooked tongue, cooked muzzle, etc. Contains similar products reduced in salt.









Any doubts about classification?

Some products may not meet any subcategories' definition or you may hesitate between different subcategories:

- Carefully examinate the legal & commercial names
- Examinate the list of ingredients
- Check if nutritional values are relevant with those of the targeted subcategory
- In case of hybrid products, in accordance to the subcategory descriptions, consider the product's dominant ingredient



Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





Healthy Food for a Healthy Europe

WP5 : GUIDELINES FOR CLASSIFICATION

FRESH DAIRY PRODUCTS & DESSERTS

ANSES

-



Food category : Fresh dairy products and desserts (3)

- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the food category (slide 5 6)
- List of the subcategories and associated definitions (slides 7 11)
- Definitions of the subcategories and examples of products included (slides 10 – 37)

Food category : Fresh dairy products and desserts

What kind of product can be considered as a <u>fresh dairy</u> product and dessert ?

 \rightarrow Dairy products and desserts to be <u>stored chilled</u>



- Yoghurts and drinkable yoghurts
- Fresh cheeses (Quark, skyr, ...)
- Dessert creams, custards, jellied milks, crèmes brûlées, flans, floating islands
- Rice puddings
- Fresh-plant based desserts
- Fresh mousse-type desserts
- Fresh cakes, fresh pastries
- Fresh dairy-based desserts (tiramisu, cheesecake, clafoutis, profiteroles, rum baba ...)
- Panna Cotta
- Curdled milks



Food category : Fresh dairy products and desserts

What is <u>excluded</u> from the fresh dairy products and desserts category ?



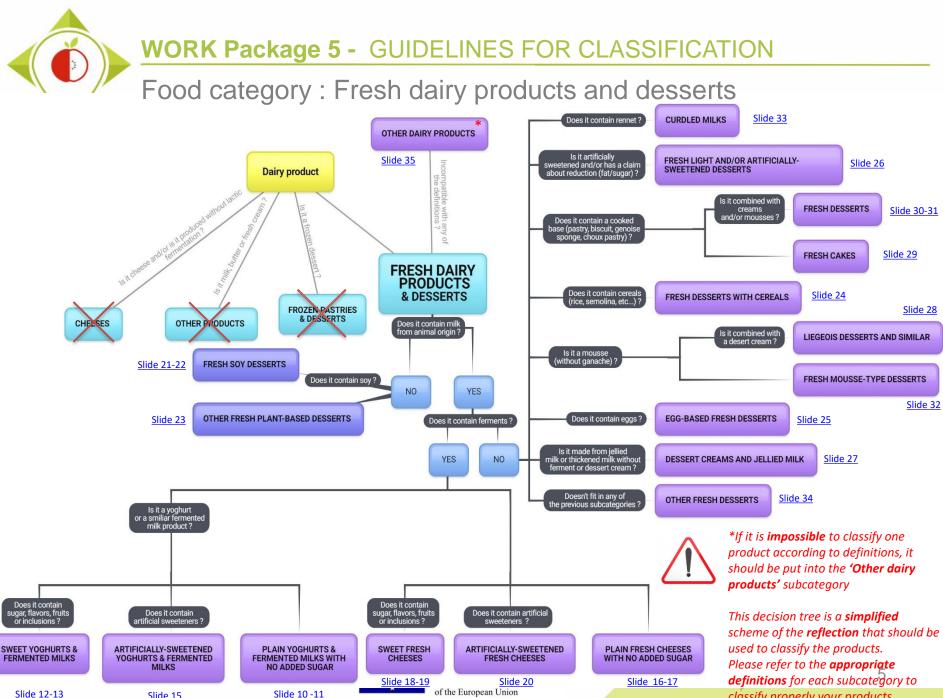
- Milk, butter, fresh cream
- Cheeses (ricotta, mascarpone, cottage cheese, cream cheese and similar*)
- Frozen pastries and desserts

 Dairy products to be stored at room temperature

Whey products*

*However, some of them can be used in **fresh desserts'** recipes (tiramisu, cheesecake ...) or in dairy products' formulation





Slide 15

classify properly your products.

Food category : Fresh dairy products and desserts

The classification distinguishes different product categories :

- For each yoghurts and fermented milks subcategories (plain or sweet) based on fat content :
 - Classic yoghurts and fermented milks : fat content ≤ 3,6 g/100g
 - Gourmet yoghurts and fermented milks : fat content > 3,6 g/100g

For each fresh cheeses subcategories (plain or sweet) based on **fat content** :

- <u>Classic fresh cheeses :</u> fat content ≤ 3,8 g/100g
- Gourmet fresh cheeses : fat content > 3,8 g/100g
- ➢ For the fresh soy desserts based on sugar content :
 - Fresh plain unsweetened soy desserts : if the product is plain with no sugar
 - Fresh sweetened soy desserts : if the product contains sugar and/or flavours
- > For the fresh desserts based on the **product composition** :
 - Fresh desserts with fruit : if the product contains fruits
 - Fresh desserts without fruit : if the product does not contain fruits





Fresh dairy products and desserts subcategories & definitions

Category code : 3

Subcategory	Subcategory	Definition		
code	Subcategory	Demitton		
612	Classic plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, with a fat content ≤3.6g/100g. Do not contain artificial sweetener		
613	Gourmet plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt with a fat content >3.6g/100g, mainly due to the addition of cream. Do not contain artificial sweetener		
614	Classic sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content ≤3.6g/100g. Groups together plain or flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc. Contains drinkable dairy products with or without ferments		
615	Gourmet sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content >3.6g/100g, mainly due to the addition of cream. Groups together plain and flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc.		
611	Artificially-sweetened yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, and containing artificial sweeteners regardless of the fat content, with or without sugar. Contains drinkable dairy products with or without ferments.		
249	Classic plain fresh cheeses with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, faisselles, quark, skyr and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheeses, with a fat content ≤3.8g/100g. Do not contain artificial sweetener		
250	Gourmet plain fresh cheeses with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, petits suisses, faisselles, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheese and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artificial sweetener		
719	Classic sweetened fresh cheeses	Sugar-sweetened (without artificial sweetening) fresh cheeses, smooth fromage blanc, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, with a fat content ≤3.8g/100g. Includes plain and flavoured products, with fruit, on a bed of fruit, etc.		
252	Gourmet sweet fresh cheeses	Sweetened fresh cheeses, smooth fromages blancs, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses a equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/ fresh cheeses and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artifical sweetener. Groups together plain and flavoured products but also those containing fruits, on a bed of fruit, with inclusions of chocolate/caramel/biscuit/cereal, etc.		
708	Artificially-sweetened fresh cheeses	Artificially-sweetened fresh cheeses, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, irrespective of fat content. May contain artificially-sweetened and sugar-sweetened products		



Fresh dairy products and desserts subcategories & definitions

Category code : 3

Subcategory code	Subcategory	Definition
712	Fresh plain unsweetened soy desserts	Includes all plain unsweetened soy desserts
711	Fresh sweetened soy desserts	Includes all sweetened soy desserts, regardless of the flavour (plain, fruit, chocolate, vanilla, etc.)
713	Other fresh plant-based desserts	Includes all plant-based dessert other than those with soy, whether sweetened or not, with or without cereals
215	Fresh desserts with cereals	Groups together fresh desserts such as all rice milk puddings (vanilla, caramel, chocolate, on a bed of strawberry, etc.), semolina milk puddings, as well as rice and semolina cakes. Groups together products with or without inclusions (of grapes, coconut, etc.), with or without topping.
216	Egg-based fresh desserts	Egg-based dessert such as egg creams, crèmes caramel, egg custards, floating islands, œufs au lait, crèmes brûlées and catalan creams
218	Fresh light and/or artificially-sweetened desserts	Groups together all products in the fresh desserts category containing artificial sweeteners and/or a nutrition claim about reduction, low or no fat and/or sugar according to Regulation (EC) No 1924/2006
709	Dessert creams and jellied milks	Groups together fresh desserts based on jellied milk or thickened milk without ferment, such as flan or dessert creams, regardless of the flavour (chocolate, vanilla, coffee, brownie, with fruit, on a bed of fruit, etc.)
710	Liégeois desserts and similar	Groups together fresh desserts with "Liégeois" or "Viennese" on the front of the packaging as well as equivalent products based on dessert cream topped with a layer of whipped cream/mousse. Liégeois mousses and equivalent products such as mousse topped with whipped mousse/cream are not included in this subcategory





Fresh dairy products and desserts subcategories & definitions

Category code : 3

Subcategory code	Subcategory	Definition
714	Fresh cakes	Groups together fresh desserts sold in the chilled food section such as brownies, cakes, fondants, moist cakes with melting centres (regardless of the filling), rum baba, clafoutis, far
715	Fresh desserts with fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge) combined with creams and/or mousses and containing fruit (cut fruit, coulis, juice, purée) (example: bavarois/fruit cheesecake/fruit tiramisu/tart/crumble/fruit charlotte, Black Forest gâteau, fraisier or framboisier cakes)
716	Fresh desserts without fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge, choux pastry) combined with creams and/or mousses and not containing fruit (example: cheesecake without fruit/tiramisu without fruit/chocolate tart/profiteroles)
718	Fresh mousse-type desserts	Groups together mousses of all flavours (chocolate, coffee, caramel, fruit, etc.), including Liégeois mousses and mousses with sauces. May contain eggs. Does not include mousses with fromage blanc/fresh cheese and mousses with ganache.
720	Curdled milks	Includes fresh dairy desserts (other than fresh cheeses) based on renneted milk
717	Other fresh desserts	Groups together fresh desserts other than dessert creams, jellied milks, Liégeois desserts, curdled milks, mousses, egg- or cereal-based desserts, cakes and pastry desserts. Contains for example panna cotta, mousses with ganache, fruit/fruit purées topped with whipped cream, French toast, etc.
35	Other dairy products	Other dairy products





Any doubts about classification?

Some products may not meet any subcategories' definition or you may hesitate between different subcategories:

- Carefully examinate the legal & commercial names
- Examinate the list of ingredients
- Check if nutritional values are relevant with those of the targeted subcategory
- In case of hybrid products, in accordance to the subcategory descriptions, consider the product's dominant ingredient

Any doubts about classification?: Example



<u>Legal name</u>: Quark cheese preparation with 15% vanilla preparation (3.9% M.G in milk). Organic product.

<u>Ingredients</u>: 56% semi-skimmed quark cheese, low-fat yogurt, sugar beet sugar, water, corn starch, 0.2% vanilla pod extract bourbon, thickener: locust bean gum, 0.02% bourbon vanilla powder

- 1. 56% semi-skimmed quark cheese → Classic sweeetened fresh cheeses?
- 2. Low-fat yogurt? → Classic sweet yoghurts and fermented milks?

. <u>Classic sweeetened fresh cheeses</u>



Classic plain yoghurts and fermented milks with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	612	Classic plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, with a fat content ≤3.6g/100g. Do not contain artificial sweetener











Gourmet plain yoghurts and fermented milks with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	613	Gourmet plain yoghurts and fermented milks with no added sugar	Unsweetened plain yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt with a fat content >3.6g/100g, mainly due to the addition of cream. Do not contain artificial sweetener











Classic sweet yoghurts and fermented milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	614	Classic sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content ≤3.6g/100g. Groups together plain or flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc. Contains drinkable dairy products with or without ferments





Gourmet sweet yoghurts and fermented milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	615	Gourmet sweet yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, sweetened without artificial sweetener and with a fat content >3.6g/100g, mainly due to the addition of cream. Groups together plain and flavoured products and also those containing fruits, on a bed of fruits, with inclusions of chocolate/caramel/biscuits/cereals, etc.







Yoghurts and fermented milks

/!\ Information to take into account only if the ingredient lists of the products are not available

To decide if a yoghurt or fermented milk should be classified as **plain with no added sugar** or as **sweet** when the <u>ingredient list is not available</u> and <u>no specific flavor is mentionned in the name</u> (i.e. natural, etc.):

 \rightarrow See if the commercial name or the legal name of the product contains a health claim 'no added sugar' or similar

 \rightarrow If not, use the sugar content of the product (g/100g) :

- For a sugar content < 7.0 g/100g : the product is considered as **plain with no added sugar**
- For a sugar content > 7.0 g/100g : the product is considered as sweet

The cut off is a hypothesis based on observations on the Fre<mark>nch market and</mark> should help to classify only as a last resort





Artificially-sweetened yoghurts and fermented milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	611	Artificially-sweetened yoghurts and fermented milks	Yoghurts, fermented milks and equivalent products such as dairy specialities/dairy desserts made with ferments or yoghurt, and containing artificial sweeteners regardless of the fat content, with or without sugar. Contains drinkable dairy products with or without ferments.





Co-funded by the Third Health Programme of the European Union

64

LIGHT





Classic plain fresh cheeses with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	249	Classic plain fresh cheeses with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, faisselles, quark, skyr and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheeses, with a fat content ≤3.8g/100g. Do not contain artificial sweetener







Contains also yoghurt but in a lower amount than Quark so it is still considered as a fresh cheese

 \checkmark





Gourmet plain fresh cheeses with no added sugar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	250	Gourmet plain fresh cheeses with no added sugar	Plain and unsweetened fresh cheeses, smooth fromages blancs, petits suisses, faisselles, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/fresh cheese and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artificial sweetener









Classic sweetened fresh cheeses

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	719	Classic sweetened fresh cheeses	Sugar-sweetened (without artificial sweetening) fresh cheeses, smooth fromage blanc, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, with a fat content ≤3.8g/100g. Includes plain and flavoured products, with fruit, on a bed of fruit, etc.











Gourmet	sweet	fresh	cheeses
---------	-------	-------	---------

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	252	Gourmet sweet fresh cheeses	Sweetened fresh cheeses, smooth fromages blancs, quark, skyr, fresh cheeses with mousse, fromage blanc/fresh cheese mousses and equivalent products such as dairy specialities/dairy desserts made with ferments or fromage blanc/ fresh cheeses and with a fat content >3.8g/100g, mainly due to the addition of cream. Do not contain artifical sweetener. Groups together plain and flavoured products but also those containing fruits, on a bed of fruit, with inclusions of chocolate/caramel/biscuit/cereal, etc.







Artificially-sweetened fresh cheeses

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	708	Artificially-sweetened fresh cheeses	Artificially-sweetened fresh cheeses, quark, skyr and equivalent products such as dairy specialities/dairy desserts based on ferments or fromage blanc/fresh cheese, irrespective of fat content. May contain artificially-sweetened and sugar-sweetened products





Fresh plain unsweetened soy desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	712	Fresh plain unsweetened soy desserts	Includes all plain unsweetened soy desserts







Co-funded by the Third Health Programme of the European Union

00 9 (6x



Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	711	Fresh sweetened soy desserts	Includes all sweetened soy desserts, regardless of the flavour (plain, fruit, chocolate, vanilla, etc.)







Other fresh plant-based desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	713	Other fresh plant-based desserts	Includes all plant-based dessert other than those with soy, whether sweetened or not, with or without cereals











Fresh desserts with cereals

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	215	Fresh desserts with cereals	Groups together fresh desserts such as all rice milk puddings (vanilla, caramel, chocolate, on a bed of strawberry, etc.), semolina milk puddings, as well as rice and semolina cakes. Groups together products with or without inclusions (of grapes, coconut, etc.), with or without topping.







2115

Egg-based fresh desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	216	Egg-based fresh desserts	Egg-based dessert such as egg creams, crèmes caramel, egg custards, floating islands, œufs au lait, crèmes brûlées and catalan creams







2445





Fresh light and/or artificially-sweetened desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	218	Fresh light and/or artificially- sweetened desserts	Groups together all products in the fresh desserts category containing artificial sweeteners and/or a nutrition claim about reduction, low or no fat and/or sugar according to Regulation (EC) No 1924/2006



✓ Classified in this subcategory because no ferments (so not a yoghurt or a fresh cheese) but contains sweeteners



Chocolate mousse which contains sweeteners



✓





Dessert	cream	and	jellied	milks
				_

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	709	Dessert cream and jellied milks	Groups together fresh desserts based on jellied milk or thickened milk without ferment, such as flan or dessert creams, regardless of the flavour (chocolate, vanilla, coffee, brownie, with fruit, on a bed of fruit, etc.)





✓ Flan without eggs, only jellied milk





Liégeois desserts and similar

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	710	Liégeois desserts and similar	Groups together fresh desserts with "Liégeois" or "Viennese" on the front of the packaging as well as equivalent products based on dessert cream topped with a layer of whipped cream/mousse. Liégeois mousses and equivalent products such as mousse topped with whipped mousse/cream are not included in this subcategory











Fresh cakes

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	714	Fresh cakes	Groups together fresh desserts sold in the chilled food section such as brownies, cakes, fondants, moist cakes with melting centres (regardless of the filling), rum baba, clafoutis, far





GU





Fresh desserts with fruit

2005

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	715	Fresh desserts with fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge) combined with creams and/or mousses and containing fruit (cut fruit, coulis, juice, purée) (example: bavarois/fruit cheesecake/fruit tiramisu/tart/crumble/fruit charlotte, Black Forest gâteau, fraisier or framboisier cakes)





Co-funded by the Third Health Programme of the European Union



GV

GC

CHEESECANES



Fresh desserts without fruit

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	716	Fresh desserts without fruit	Groups together products such as pastry desserts or fresh dairy-based desserts made up of layers consisting of a cooked base (pastry, biscuit, genoise sponge, choux pastry) combined with creams and/or mousses and not containing fruit (example: cheesecake without fruit/tiramisu without fruit/chocolate tart/profiteroles)







Fresh mousse-type desserts

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	718	Fresh mousse-type desserts	Groups together mousses of all flavours (chocolate, coffee, caramel, fruit, etc.), including Liégeois mousses and mousses with sauces. May contain eggs. Does not include mousses with fromage blanc/fresh cheese and mousses with ganache.



✓ This product is made of two mousses layers combined in one dessert; it is different from the Liégeois desserts and similar subcategory as it doesn't contain <u>dessert cream</u>

2024.04.24.

2005









Curdled milks

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	720	Curdled milks	Includes fresh dairy desserts (other than fresh cheeses) based on renneted milk





2005



Other fresh desserts

205

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	717	Other fresh desserts	Groups together fresh desserts other than dessert creams, jellied milks, Liégeois desserts, curdled milks, mousses, egg- or cereal-based desserts, cakes and pastry desserts. Contains for example panna cotta, mousses with ganache, fruit/fruit purées topped with whipped cream, French toast, etc.



Other dairy products

Category code	Category	Subcategory code	Subcategory	Definition
3	Fresh dairy products and desserts	35	Other dairy products	Other dairy products



205





Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





-

Healthy Food for a Healthy Europe

WP5 : GUIDELINES FOR CLASSIFICATION





- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the food category (slide 5-6)
- List of the subcategories and associated definitions (slides 7 12)
- Definitions of the subcategories and examples of products included (slides 13 – 46)



Food category : Soft drinks

> What kind of product can be considered as a <u>soft drink</u>?



- Fruit or vegetable beverages
- Flavoured milk beverages
- Plant-based beverages
- Flavoured waters
- Tonics and bitter
- Lemonades
- Colas
- Tea beverages
- Sport drinks
- Energy drinks
- Alcohol-free beers
- Alcohol-free aperitif beverages
- Instant drinks (powders)
- Spritzer/schorle*

*Beverages containing fruit juice with water and carbon dioxide, usually named 'Schorle' or 'Spitzer'



Food category : Soft drinks

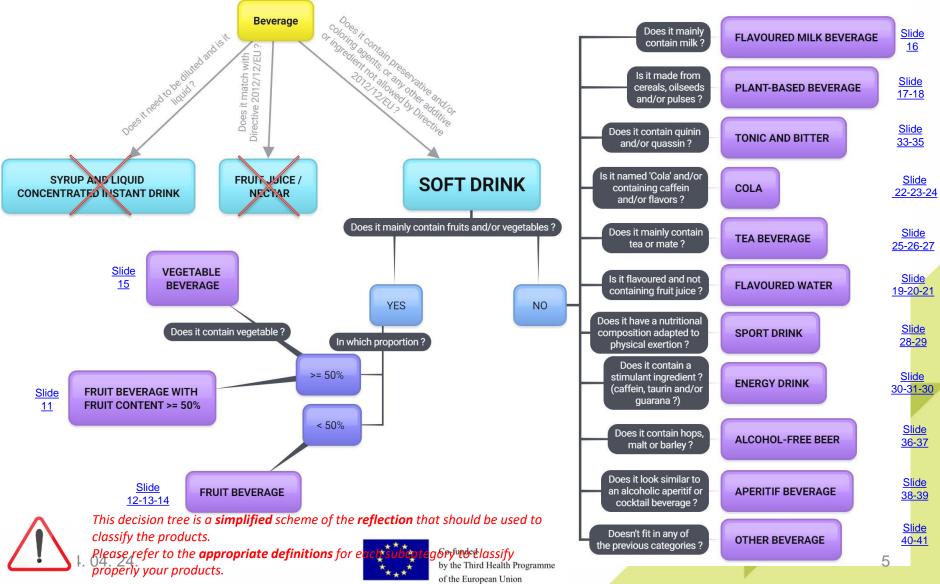
> What is <u>excluded</u> from the soft drink category ?

- Alcoholic beverages
- Unflavoured mineral and spring waters
- 100% fruit juices (from concentrate or not)
- Nectars
- Syrups and concentrated <u>liquids</u> for instant drinks (Sodastream, ...)
- Complete meal substitute beverages

	Fruit juices	Fruit juices from concentrate	Nectars
Fruit content	100%	100%	25-50% minimum
	Allowed	/ Prohibited ingredient	S
Vitamins & minerals	Yes	Yes	Yes
Pulp	Yes	Yes	Yes
Lemon juice (for acidification)	Yes	Yes	Yes
Added sugars	No	No	Yes
Preservative and coloring agents	No	No	No



Food category : Soft drinks



Food category : Soft drinks

Classification distinguishes most of the time 3 types of products :

<u>Beverages with no added sugars</u>: can be containing artificial sweeteners but no ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive)

Sugar-sweetened and artificially-sweetened beverages : containing one (or more) artificial sweetener(s) with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive)

Sugar-sweetened beverages : not containing artificial sweeteners but containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive)

This distinction is not used for Vegetable beverages, Flavoured milk beverages, Plantbased beverages, Sports drinks, Alcohol-free beers, Aperitif beverages and Other

beverages





Soft drink subcategories & definitions

	Subcategory code	Subcategory	Definition
		U	Product with a combined fruit juice and purée content ≥ 50%. Possible presence of coconut (not considered as a fruit), milk, tea or other infusions and cereals in lower proportions than the fruit(s). This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.
ť	545	Fruit beverages without added sugar	Beverages with or without artificial sweetening , carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50% , without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel not used as an additive. Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.
e	546	Sugar-sweetened and artificially-sweetened fruit beverages	Artificially-sweetened beverages, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.
e	547	Sugar-sweetened fruit beverages	Beverages without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.
g	99	Vegetable beverages	Beverages containing at least one vegetable (e.g. carrot) and with a vegetable and/or fruit juice and purée content > 50% and which include the term vegetable(s) in their sale description. Possible presence of coconut and tea. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.
e	544	Flavoured milk beverages	Flavoured (chocolate, coffee, strawberry, etc.) drinks containing milk (of animal origin) whose sales description indicates milk drink or flavoured milk. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.
6	548	Plant-based beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.



Soft drink subcategories & definitions

Subcategory code	Subcategory	Definition
649	Sugar-sweetened plant- based beverages	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.
650	Flavoured waters without added sugar	Flavoured waters with or without artificial sweetening , carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products without juice or ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
651	Flavoured sugar- sweetened and artificially- sweetened waters	Flavoured artificially-sweetened waters, carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
652	Flavoured sugar- sweetened waters	Flavoured waters without artificial sweetening , carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with at least one ingredient such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup , honey , caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.
653	Colas without added sugar	Cola-flavoured beverages with or without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive).
654	Sugar-sweetened and artificially-sweetened colas	Cola-flavoured artificially-sweetened beverages , with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup , honey , caramel (not used as an additive).
655	Sugar-sweetened colas	Cola-flavoured beverages without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive).



Soft drink subcategories & definitions

E.						
	Subcategory Subcategory code		Definition			
	656	Tea beverages without added sugar	Beverages with or without artificial sweetening, with tea or maté extracts, carbonated or still, flavoured or not such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additiv products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks are included in this subcategory.	e). Does not include		
artificially-sweetened tea mono- and disaccharides (sucr		artificially-sweetened tea	Artificially-sweetened beverages, with tea or maté extracts, carbonated or still, flavoured or not, with one or m mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Doe containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting tha in this subcategory.	es not include products		
658Sugar-sweetened tea beveragesBeverages without artificial sweetening, with tea or maté extracts, carbonated or still, flavoured or not, such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as ar products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant are included in this subcategory.				ive). Does not include		
	659	Other sports drinks	rinks Artificially-sweetened beverages whose nutritional composition is particularly adapted to physical exertion., which more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not use Also includes beverages without artificial sweetening and without ingredients such as mono- and disaccharides, syru (not used as additive).			
	660	0 Sugar-sweetened sports drinks Beverages without artificial sweetening containing one or more ingredients such as fructose, etc.), syrup, honey, caramel (not used as an additive) and whose nutritional exertion.				
added sugar without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.)		Beverages with or without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taur without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (no Contains products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages based beverages) or colas.	ot used as an additive).			
artificially-sweetened ingredients such as mono- and disacc		artificially-sweetened	Artificially-sweetened beverages containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, et ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages based beverages) or colas.	as an additive). May		
drinks more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup			Beverages without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, gua more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (no May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk bevera plant-based beverages) or colas.	t used as an additive).		

Soft drink subcategories & definitions

2002

Subcategory	Definition	
Tonics and bitters without added sugar	Beverages with or without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) but no ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).	
Sugar-sweetened and artificially-sweetened tonics and bitters	Artificially-sweetened beverages, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).	
Sugar-sweetened tonics and bitters	Beverages without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).	
Alcohol-free beers without added sugar	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.	
Sugar-sweetened alcohol-free beers	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.	
Aperitif beverages without added sugar	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on dealcoholised wine , aniseed without dilution using or gentian beverages, as well as sparkling beverages imitating alcoholic beverages consumed as an aperitif. Products that may be artificially-sweetened but do not contain ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive).	
Sugar-sweetened aperitif beverages	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on dealcoholised wine , aniseed without dilution using or gentian beverages, as well as sparkling beverages imitating alcoholic beverages consumed as an aperitif. Products that may be artificially-sweetened and containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive).	
Other beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.	
Other sugar- sweetened beverages	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.	
	Tonics and bitters without added sugarSugar-sweetened and artificially-sweetened tonics and bittersSugar-sweetened tonics and bittersAlcohol-free beers without added sugarSugar-sweetened alcohol-free beersSugar-sweetened alcohol-free beersSugar-sweetened alcohol-free beersSugar-sweetened alcohol-free beersOther beverages without added sugarOther sugar-	



Any doubts about classification?

Some products may not meet any subcategories' definition or you may hesitate between different subcategories:

- Carefully examinate the legal & commercial names
- Examinate the list of ingredients
- Check if nutritional values are relevant with those of the targeted subcategory
- In case of hybrid products, in accordance to the subcategory descriptions, consider the product's dominant ingredient

Any doubts about classification?: Example



<u>Legal name</u>: Apple drink with chamomile and lavender infusion and spirulina. Cold stabilized by High-Pressure Processing

<u>Ingredients</u>: apple juice (59.8%), chamomile and lavender infusion (40%), spirulina extract powder (0.2%) and antioxidant (ascorbic acid)

- 1. apple juice (59.8%) \rightarrow Fruit beverages with fruit content > or = 50%?
- 2. chamomile and lavender infusion (40%) → Other beverages without added sugar (herbal infusion)?

1. Fruit beverages with fruit content > or = 50%

Fruit beverages with fruit content > or = 50%

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	95	Fruit beverages with fruit content > or = 50%	Product with a combined fruit juice and purée content ≥ 50%. Possible presence of coconut (not considered as a fruit), milk, tea and cereals in lower proportions than the fruit(s). This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.

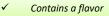






 Contains vegetal extracts and legal name not mentionning juice or nectar

2024.04.24.







Some beverages can contain hops, malt or barley extracts but are not considered as alcohol-free beers :





/!\ Products containing only a little amount of hops, malt or barley extracts in addition to other relevant ingredients for classification (fruit juice, caffeine, etc) should not be classified automatically as **alcohol-free**

beers

Water, invert sugar syrup*, 1% elderberry juice from elderberry juice concentrate*, carbonic acid, acidifier: lactic acid; natural flavouring, antioxidant: ascorbic acid; 0.03% barley malt extract.

→ Sugar-sweetened fruit beverage (647)

Natural mineral water, invert sugar syrup, lemon juice from lemon juice concentrate (4.5%), carbonic acid, natural citrus flavouring , herbal extract (0.16%), barley malt extract (gluten-free)

→ Sugar-sweetened fruit beverage (647)



Fruit beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	645	Fruit beverages without added sugar	Beverages with or without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel not used as an additive. Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.







2005





Sugar-sweetened and artificially-sweetened fruit beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	646	Sugar-sweetened and artificially- sweetened fruit beverages	Artificially-sweetened beverages, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.









Sugar-sweetened fruit beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	647	Sugar-sweetened fruit beverages	Beverages without artificial sweetening, carbonated or not, containing fruit juice and/or purée (with/without vegetable(s)) in quantities < 50%, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Possible presence of milk (of animal or vegetable origin) and cereals in lower proportions than the fruit(s). Does not contain products with stimulant ingredients (tea, taurine, guarana, coffee, etc.) or quinine. Instant drinks fitting that definition are included in this subcategory.







 Contains lemon juice which makes this beverage match with this subcategory (and not the 'other beverages' subcategory despite the aloe vera juice)







Vegetable beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	99	Vegetable beverages	Beverages containing at least one vegetable (e.g. carrot) and with a vegetable and/or fruit juice and purée content > 50% and which include the term vegetable(s) in their sale description. Possible presence of coconut and tea. This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.





2024.04.24.





Flavoured milk beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	644	Flavoured milk beverages	Flavoured (chocolate, coffee, strawberry, etc.) drinks containing milk (of animal origin) whose sales description indicates milk drink or flavoured milk . This subcategory includes sugar-sweetened, artificially-sweetened and unsweetened products.









Plant-based beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	648	Plant-based beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.







✓ Contains also apple juice but in lower proportion than rice





Sugar-sweetened plant-based beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	649	Sugar-sweetened plant-based beverages	Beverages with or without artificial sweetening, flavoured or not, with cereals (rice, oats, spelt, buckwheat, millet, etc.), oilseeds (almonds, hazelnuts, cashew nuts, hemp, etc.) and/or pulses (soy). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes coconut milk, coconut milk/coconut water mixtures, and plant-based beverages containing tea or fruits (in lower proportions of fruits juice or purée than plant-based beverage). Does not contain products such as birch or maple water or sap, sugar cane juice, herbal infusions.











Flavoured waters without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	650	Flavoured waters without added sugar	Flavoured waters with or without artificial sweetening , carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products without juice or ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.













Flavoured sugar-sweetened and artificially-sweetened waters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	651	Flavoured sugar- sweetened and artificially- sweetened waters	Flavoured artificially-sweetened waters , carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup , honey , caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.









Flavoured sugar-sweetened waters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	652	Flavoured sugar- sweetened waters	Flavoured waters without artificial sweetening , carbonated or not, and beverages whose name or sales description indicates ginger beer or root beer. Products containing no juice but with at least one ingredient such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.









Precisions

For <u>ginger beer/root beer</u> beverages, the classification should be made according to the subcategories definitions :

Examples of ginger beers/root beers composition		Subcategories		
1	Fruit juice (<50%)	-	Ginger extract	Fruit beverage (645, 646, 647)
2	Fruit juice (<50%)	Malt or barley extract	Ginger extract	Alcohol-free beer (668, 669)
3	-	Malt or barley extract	Ginger extract	Alcohol-free beer (668, 669)
4	-	-	Ginger extract	Flavoured water (650, 651, 652)

/!\ Even if mentionned in the **Flavoured waters** definitions, <u>ginger beers/root beers</u> are not automatically classified as such. They should be classified depending on the other relevant ingredients (if there are any)

2024.04.24.





Colas without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	653	Colas without added sugar	Cola-flavoured beverages with or without artificial sweetening, with or without additional flavouring and/or mentioning cola in the name or sales description. Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).









Sugar-sweetened and artificially-sweetened colas

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	654	Sugar-sweetened and artificially- sweetened colas	Cola-flavoured artificially-sweetened beverages , with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).









Sugar-sweetened colas

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	655	Sugar-sweetened colas	Cola-flavoured beverages without artificial sweetening , with or without additional flavouring and/or mentioning cola in the name or sales description. Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).









Tea beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	656	Tea beverages without added sugar	Beverages with or without artificial sweetening , with tea or maté extracts, carbonated or still, flavoured or not, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory.









Sugar-sweetened and artificially-sweetened tea beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	657	Sugar-sweetened and artificially- sweetened tea beverages	Artificially-sweetened beverages, with tea or maté extracts, carbonated or still, flavoured or not, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory.





 ✓ Contains black tea extracts and cherry juice but only 3%







Sugar-sweetened tea beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	658	Sugar- sweetened tea beverages	Beverages without artificial sweetening , with tea or maté extracts, carbonated or still, flavoured or not, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include products containing plant-based milk and containing tea or tea beverages with at least 50% fruit. Instant drinks fitting that definition are included in this subcategory









Instant drink in **powder** form that needs to be diluted and containing black tea extracts

 \checkmark





Other sports drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	659	Other sports drinks	Artificially-sweetened beverages whose nutritional composition is particularly adapted to physical exertion., which may contain one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Also includes beverages without artificial sweetening and without ingredients such as mono- and disaccharides, syrup, honey, caramel (not used as additive).









Sugar-sweetened sports drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	660	Sugar-sweetened sports drinks	Beverages without artificial sweetening containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and whose nutritional composition is particularly adapted to physical exertion.











Energy drinks without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	662	Energy drinks without added sugar	Beverages with or without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) but without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Contains products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.





Contains fruits>50% but also guarana so matching with this subcatergory



2024.04.24.

√

by the Third Health Programme of the European Union

 \checkmark



Sugar-sweetened and artificially-sweetened energy drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	663	Sugar-sweetened and artificially- sweetened energy drinks	Artificially-sweetened beverages containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) and one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.







Sugar-sweetened energy drinks

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	664	Sugar-sweetened energy drinks	Beverages without artificial sweetening, containing one or more stimulant ingredient(s) (caffeine, taurine, guarana, etc.) and one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). May contain products with tea in addition to a stimulant ingredient, but does not contain coffee and milk beverages (animal milk or plant-based beverages) or colas.









Tonics and bitters without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	665	Tonics and bitters without added sugar	Beverages with or without artificial sweetening, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) but no ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).









Sugar-sweetened and artificially-sweetened tonics and bitters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	666	Sugar-sweetened and artificially-sweetened tonics and bitters	Artificially-sweetened beverages, carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).









Sugar-sweetened tonics and bitters

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	667	Sugar-sweetened tonics and bitters	Beverages without artificial sweetening , carbonated or not, bitter, flavoured or not, containing quinine and/or quassin (quassia) as well as one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Does not include quinine-based aperitif beverages (e.g. Palermo).









Alcohol-free beers without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	668	Alcohol-free beers without added sugar	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.







All beverages named 'Fassbrause' are considered as alcohol-free beers





Sugar-sweetened alcohol-free beers

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	669	Sugar-sweetened alcohol-free beers	Beverages with or without artificial sweetening, flavoured or not, containing hops, malt or barley, with one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive) and/or mentioning alcohol-free beer or shandy/cooler in its name or sales description. Does not contain ginger beer or root beer.











Co-funded by the Third Health Programme of the European Union



 \checkmark



Beverages containing hops, malt or barley

Precisions

Some beverages can contain hops, malt or barley extracts but are not considered as alcohol-free beers :





/!\ Products containing only a little amount of hops, malt or barley extracts in addition to other relevant ingredients for classification (fruit juice, caffeine, etc) should not be classified automatically as **alcohol-free**

beers

Water, invert sugar syrup*, 1% elderberry juice from elderberry juice concentrate*, carbonic acid, acidifier: lactic acid; natural flavouring, antioxidant: ascorbic acid; 0.03% barley malt extract.

→ Sugar-sweetened fruit beverage (647)

Natural mineral water, invert sugar syrup, lemon juice from lemon juice concentrate (4.5%), carbonic acid, natural citrus flavouring , herbal extract (0.16%), barley malt extract (gluten-free)

→ Sugar-sweetened fruit beverage (647)



Aperitif beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	670	Aperitif beverages without added sugar	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on dealcoholised wine, aniseed without dilution using or gentian beverages, as well as sparkling beverages imitating alcoholic beverages consumed as an aperitif. Products that may be artificially-sweetened but do not contain ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).





2005





Sugar-sweetened aperitif beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	671	Sugar-sweetened aperitif beverages	Alcohol-free aperitif or cocktail beverages, still or sparkling beverages based on dealcoholised wine, aniseed without dilution using or gentian beverages, as well as sparkling beverages imitating alcoholic beverages consumed as an aperitif. Products that may be artificially-sweetened and containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive).

LERM







2024.04.24.





Other beverages without added sugar

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	672	Other beverages without added sugar	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products without ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.







Other sugar-sweetened beverages

Category code	Category	Subcategory code	Subcategory	Definition
9	Soft drinks	673	Other sugar- sweetened beverages	Beverages with or without artificial sweetening, flavoured or not, such as coconut water, birch or maple water or sap, sugar cane juice, herbal infusions without fruit juice (hibiscus, aloe vera, rooibos, basil, etc.). Products containing one or more ingredients such as mono- and disaccharides (sucrose, glucose, fructose, fruit sugar, etc.), syrup, honey, caramel (not used as an additive). Instant drinks fitting that definition are included in this subcategory.





2005





Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption, replication and implementation of effective health interventions, based on practices that have been proven to work in the areas of food reformulation, framing of food marketing and public procurement of healthy food in public settings, under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





Healthy Food for a Healthy Europe

WP5 : GUIDELINES FOR CLASSIFICATION

CAKES AND BISCUITS

ANSES

-



- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Overview of the category (slide 5-6)
- List of the subcategories and associated definitions (slides 7-10)
- Definitions of the subcategories and exemples of products included (slides 11-40)

Food category : Cakes and biscuits

> What kind of product can be considered as a <u>cake and biscuit</u>?

- \rightarrow Cakes and biscuits to be stored at <u>room temperature</u>*
- \rightarrow <u>Gluten-free and vegan products</u> are also included in the category



- Biscuits (Dry biscuits, puff pastry biscuits, ladyfinger biscuits, Swedish oatmeal cookies, shortbread biscuits, Viennese biscuits (sprits), finger biscuits, speculoos, cookies, coconut rock buns, biscuit bars, etc)
- Cakes (Moist cakes, gingerbreads, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, etc)
- Waffles and wafers
- Crepes



*Exception made for soft cakes/génoise sponge cakes filled with milk usually stored chilled : see the 3 examples above \rightarrow included in the category

Food category : Cakes and biscuits

> What is <u>excluded</u> from the cakes and biscuits category ?



- Cereal bars / sport energy bars
- Savory biscuits, savory wafers, etc. = products to be consumed for aperitif
- Ready-to-bake dough or batters
- Frozen or chilled cakes and biscuits*





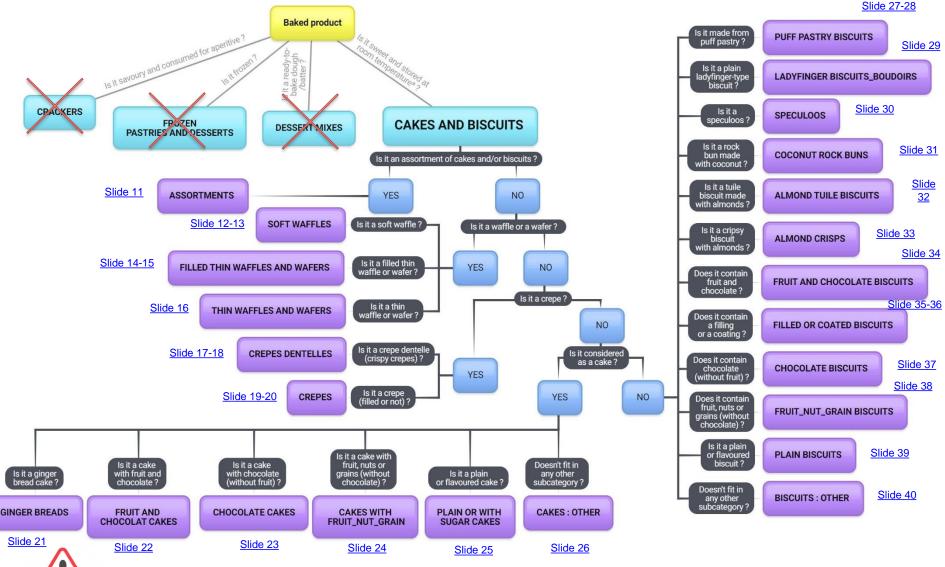




Co-funded by the Third Health Programme of the European Union

*See exceptions on slide 3

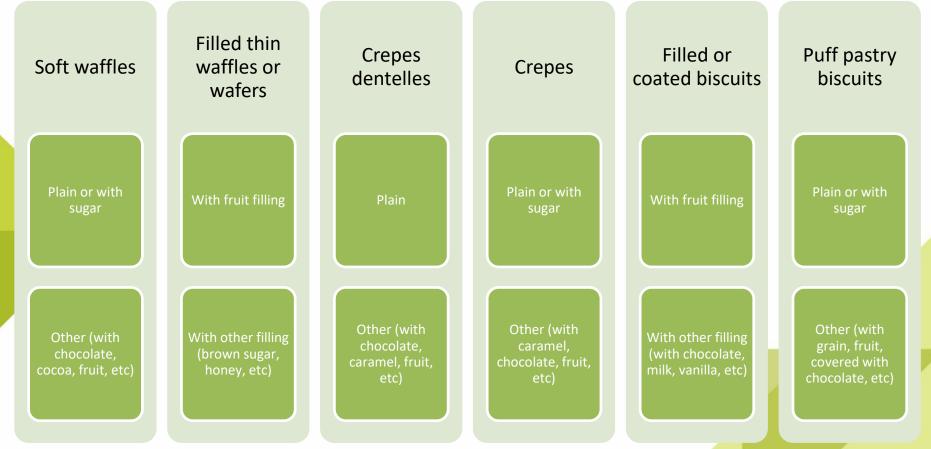
Food category : Cakes and biscuits



This decision tree is a **simplified** scheme of the **reflection** that should be used to classify the products. Please refer to the **appropriate definitions** for each subcategory to classify properly your products.

Food category : Cakes and biscuits

Classification distinguishes different subcategories of products for :



→ For almond tuile biscuits, ladyfinger biscuits_boudoirs, almond crisps, coconut rock buns, gingerbreads and speculoos : no distinction is made between plain, filled or coated, with chocolate, fruit, grain,... They are all classified in the same associated subcategory

of the European Union



Cakes and biscuits subcategories & definitions

> Assortments

Category code : 2

Subcategory code	Subcategory	Definition
794	Assortments	Assortments of cakes and biscuits with average ingredient lists and nutritional values and consisting of products belonging to different subcategories. (If the products in the assortment are belonging to the same subcategory, they should be classified in the corresponding subcategory).

Waffles and wafers

Subcategory code	Subcategory	Definition
790	Plain or with sugar soft waffles	Plain or with sugar (sprinkled with icing sugar, with inclusions of sugar) soft waffles, without filling, can be flavored.
789	Soft waffles: other	Soft waffles that are not plain. These products can contain chocolate, cocoa, fruits, etc.
787	Fruit-filled thin waffles and wafers	Thin waffles and flat or tube wafers with fruit filling (including coconut). These products do not contain chocolate.
786	Filled thin waffles and wafers: other	Thin filled waffles and flat or tube wafers filled without fruit (with brown sugar, with honey, etc), coated or not with chocolate. Includes filled waffles and filled flat or tube wafers with both fruit and chocolate
788	Thin waffles or wafers without filling	Thin waffles and wafers without filling, for example with honey, chicory, covered with chocolate, etc.

Crepes

Subcategory code	Subcategory	Definition		
778	Plain crepes dentelle	Plain or flavoured crepes dentelle		
777	Crepes dentelle: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.		
779	Plain or with sugar crepes	Plain or with sugar (sprinkled with sugar, icing sugar, etc.) crepes, can be flavoured. Crepes this subcategory.	with caramel are excluded from	m
776	Crepes: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.		



Cakes and biscuits subcategories & definitions

Cakes

Category code : 2

Subcategory code	Subcategory	Definition
791	Gingerbreads	All gingerbreads / iced gingerbreads (term used in the legal name or in the commercial name). These products can be plain, with honey, with milk, with fruit, with chocolate, with dried fruits, etc.
783	Fruit and chocolate cakes	Cakes* with fruit (including coconut) and chocolate in the dough or as topping or icing. Crepes are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
782	Chocolate cakes	Chocolate cakes* or cakes with cocoa, filled, coated or with chips. These products can contain nuts or grains. This subcategory includes marble cakes and brownies. Barquette-type sponge biscuits and chocolate waffles as well as products with fruit are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
784	Cakes with fruit_nut_grain	Cakes* with fruit (including coconut) and/or nuts and/or grains. These products do not contain chocolate. Barquette-type sponge biscuits and waffles with fruit are excluded from this subcategory.*Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
785	Plain or with sugar cakes	Plain, with sugar (sprinkled with icing sugar, with inclusions of sugar) or flavored cakes*. Waffles are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.
781	Cakes: other	Cakes that do not correspond to any of the other defined subcategories (rum babas, <i>kouign-amann</i> , <i>canelés</i> , sponge cakes filled with cream, cakes with coffee, carrot cakes, etc)



Cakes and biscuits subcategories & definitions

Category code : 2

➢ Biscuits

Subcategory code	Subcategory	Definition
771	Plain or with sugar puff pastry biscuits	Puff pastry biscuits and French palmier cookies plain or with sugar (with inclusions of sugar, sugar icing, etc.), can contain flavors. Puff pastry biscuits or French palmier cookies with caramel are excluded from this subcategory.
770	Puff pastry biscuits: other	Puff pastry biscuits and French palmier cookies that are not plain (with grains, with fruit, covered with chocolate, etc)
769	Ladyfinger biscuits_boudoirs	All ladyfinger biscuits / boudoirs and pink biscuits from Reims (plain, flavored, with fruit, nuts, grains, chocolate, etc).
792	Speculoos	All speculoos (term used in the legal name or in the commercial name). These products can contain fruit, nuts, grains, chocolate, etc.
775	Coconut rock buns	All Congolese rocks or coconut rock buns (with or without chocolate, with or without fruit in addition to coconut)
793	Almond tuile biscuits	All almond tuile biscuits. These products can contain fruits, nuts, grains, chocolate, etc.
780	Almond crisps	All almond crispy biscuits, Provencal almond crisps, <i>croquants de Cordes</i> biscuits, canistrelli or cantuccini (term used in the legal name or in the commercial name). These products can be plain, flavored, with honey, with fruit, nuts, grains, chocolate, etc.



Cakes and biscuits subcategories & definitions

2115

Category code : 2

Subcategory code	Subcategory	Definition
767	Fruit and chocolate biscuits	Biscuits* with fruit (pieces, filling, extracts), including coconut, as well as chocolate or cocoa (topping, coating, inclusion). These products can contain nuts or grains in addition to the fruit. Puff pastry biscuits, florentine biscuits, macaroons and biscuits with a genoise sponge base are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
773	Fruit-filled or coated biscuits	Filled biscuits*, sandwiched or coated with fruit (including coconut). These products can contain nuts or grains and do not contain chocolate. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and <i>Lunette de Romans</i> biscuits. Florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
772	Filled or coated biscuits : other	Filled biscuits*, topped with a tablet (filled or not), sandwiched or coated without fruit (chocolate, milk, vanilla, etc). These products can contain nuts or grains. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and <i>Lunette de Romans</i> biscuits. Waffers, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
766	Chocolate biscuits	Chocolate biscuits* or biscuits with cocoa, without filling, without topping, may contain nuts or grains. Puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
768	Biscuits with fruit_nut_grain	Biscuits* with fruit and/or nuts and/or grains, without filling, without topping. These products do not contain chocolate. Wafles or waffers, almond crips, almond tuile biscuits, puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
774	Plain biscuits	Plain or flavoured biscuits [*] . Puff pastry biscuits, macaroons and ladyfinger biscuits/boudoirs are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes biscuits</i> , cookies, etc.
765	Biscuits: other	Biscuits that do not correspond to any of the other defined subcategories (florentine biscuits, macaroons, biscuits to be dipped into spread, ginger biscuits, biscuits with tea, etc).



Assortments

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	794	Assortments	Assortments of cakes and biscuits with average ingredient lists and nutritional values and consisting of products belonging to different subcategories. (If the products in the assortment are belonging to the same subcategory, they should be classified in the corresponding subcategory).







Plain or with sugar soft waffles

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	790	Plain or with sugar soft waffles	Plain or with sugar (sprinkled with icing sugar, with inclusions of sugar) soft waffles, without filling, can be flavored.



Soft waffles: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	789	Soft waffles: other	Soft waffles that are not plain. These products can contain chocolate, cocoa, fruits, etc.









Fruit-filled thin waffles and wafers

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	787	Fruit-filled thin waffles and wafers	Thin waffles and flat or tube wafers with fruit filling (including coconut). These products do not contain chocolate.







Filled thin waffles and wafers: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	786	Filled thin waffles and wafers : other	Thin filled waffles and flat or tube wafers filled without fruit (with brown sugar, with honey, etc), coated or not with chocolate. Includes filled waffles and filled flat or tube wafers with both fruit and chocolate















Thin waffles or wafers without filling

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	788	Thin waffles or wafers without filling	Thin waffles and wafers without filling, for example with honey, chicory, covered with chocolate, etc.





Plain crepes dentelle

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	778	Plain crepes dentelle	Plain or flavoured crepes dentelle





Crepes dentelle: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	777	Crepes dentelle: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.









Plain or with sugar crepes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	779	Plain or with sugar crepes	Plain or with sugar (sprinkled with sugar, icing sugar, etc.) crepes, can be flavoured. Crepes with caramel are excluded from this subcategory.



Crepes: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	776	Crepes: other	Crepes that are not plain, can contain chocolate, fruit, caramel, etc.



Gingerbreads

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	791	Gingerbreads	All gingerbreads / iced gingerbreads (term used in the legal name or in the commercial name). These products can be plain, with honey, with milk, with fruit, with chocolate, with dried fruits, etc.









Fruit and chocolate cakes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	783	Fruit and chocolate cakes	Cakes* with fruit (including coconut) and chocolate in the dough or as topping or icing. Crepes are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.



Chocolate cakes

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	782	Chocolate cakes	Chocolate cakes* or cakes with cocoa, filled, coated or with chips. These products can contain nuts or grains. This subcategory includes marble cakes and brownies. Barquette-type sponge biscuits and chocolate waffles as well as products with fruit are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.



CHOCOLATE CHIP CAKE BARS

114





Bonne Maman: Madeleine





Traditional French Sponge Cake



ТОИТ СНОСО

🗸 sans colorant 🗸 sans conservateur

CHOCOLA

Cakes with fruit_nut_grain

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	784	Cakes with fruit_nut_grain	Cakes* with fruit (including coconut) and/or nuts and/or grains. These products do not contain chocolate. Barquette-type sponge biscuits and waffles with fruit are excluded from this subcategory.*Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.



Plain or with sugar cakes

- AND

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	785	Plain or with sugar cakes	Plain, with sugar (sprinkled with icing sugar, with inclusions of sugar) or flavored cakes*. Waffles are excluded from this subcategory. *Moist cakes, yoghurt cakes, loaf cakes, plain pound cakes, madeleines, genoise sponge cakes, cakes, shortbread cakes, Breton cakes, Basque cakes, galettes, etc.



Cakes: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	781	Cakes: other	Cakes that do not correspond to any of the other defined subcategories (rum babas, <i>kouign-amann, canelés,</i> sponge cakes filled with cream, cakes with coffee, carrot cakes, etc)



Plain or with sugar puff pastry biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	771	Plain or with sugar puff pastry biscuits	Puff pastry biscuits and French palmier cookies plain or with sugar (with inclusions of sugar, sugar icing, etc.), can contain flavors. Puff pastry biscuits or French palmier cookies with caramel are excluded from this subcategory.



Puff pastry biscuits: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	770	Puff pastry biscuits : other	Puff pastry biscuits and French palmier cookies that are not plain (with grains, with fruit, covered with chocolate, etc)



Ladyfinger biscuits_boudoirs

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	769	Ladyfinger biscuits_boudoirs	All ladyfinger biscuits / boudoirs and pink biscuits from Reims (plain, flavored, with fruit, nuts, grains, chocolate, etc).











Speculoos

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	792	Speculoos	All speculoos (term used in the legal name or in the commercial name). These products can contain fruit, nuts, grains, chocolate, etc.



Coconut rock buns

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	775	Coconut rock buns	All Congolese rocks or coconut rock buns (with or without chocolate, with or without fruit in addition to coconut)







Almond tuile biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	793	Almond tuile biscuits	All almond tuile biscuits. These products can contain fruits, nuts, grains, chocolate, etc.

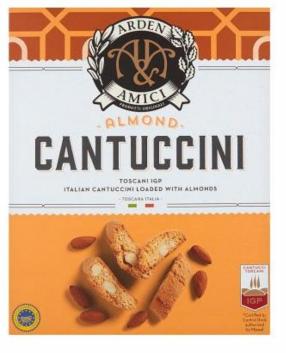




Almond crisps

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	780	Almond crisps	All almond crispy biscuits, Provencal almond crisps, <i>croquants de Cordes</i> biscuits, canistrelli or cantuccini (term used in the legal name or in the commercial name). These products can be plain, flavored, with honey, with fruit, nuts, grains, chocolate, etc.







Fruit and chocolate biscuits

Category code	Category	Subcategory code	Subcategory	Definition
18	Bread products	767	Fruit and chocolate biscuits	Biscuits* with fruit (pieces, filling, extracts), including coconut, as well as chocolate or cocoa (topping, coating, inclusion). These products can contain nuts or grains in addition to the fruit. Puff pastry biscuits, florentine biscuits, macaroons and biscuits with a genoise sponge base are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.



Fruit-filled or coated biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	773	Fruit-filled or coated biscuits	Filled biscuits*, sandwiched or coated with fruit (including coconut). These products can contain nuts or grains and do not contain chocolate. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and <i>Lunette de Romans</i> biscuits. Florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.
	Barch Barch all'Al	uettes à r hette bicocca	Abricot	TESCO LEMON VENNESE CREAMS VENNESE CREAMS VENNESE CREAMS VENNESE CREAMS VENNESE CREAMS

STUFFI VE'RE JAMMIE ENOUGHI

125 124 538 0.115



nmie

RASPBERRY

PESO NETTO







Filled or coated biscuits: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	772	Filled or coated biscuits : other	Filled biscuits*, topped with a tablet (filled or not), sandwiched or coated without fruit (chocolate, milk, vanilla, etc). These products can contain nuts or grains. This subcategory includes barquette-type sponge biscuits, tartlet-type biscuits and <i>Lunette de Romans</i> biscuits. Waffers, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.



Chocolate biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	766	Chocolate biscuits	Chocolate biscuits* or biscuits with cocoa, without filling, without topping, may contain nuts or grains. Puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.



Biscuits with fruit_nut_grain

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	768	Biscuits with fruit_nut_grain	Biscuits* with fruit and/or nuts and/or grains, without filling, without topping. These products do not contain chocolate. Wafles or waffers, almond crips, almond tuile biscuits, puff pastry biscuits, florentine biscuits and macaroons are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes</i> biscuits, cookies, etc.



Plain biscuits

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	774	Plain biscuits	Plain or flavoured biscuits*. Puff pastry biscuits, macaroons and ladyfinger biscuits/boudoirs are excluded from this subcategory. *Dry biscuits, petits-beurre biscuits, Swedish oatmeal cookies, shortbread biscuits, Breton galettes biscuits, palets, Viennese biscuits (sprits), finger biscuits, <i>cigarettes russes biscuits</i> , cookies, etc.



Biscuits: other

Category code	Category	Subcategory code	Subcategory	Definition
2	Cakes and biscuits	765	Biscuits : other	Biscuits that do not correspond to any of the other defined subcategories (florentine biscuits, macaroons, biscuits to be dipped into spread, ginger biscuits, biscuits with tea, etc).





Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





Ď

Healthy Food for a Healthy Europe

WP5 : GUIDELINES FOR CLASSIFICATION





- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- Main types of products (slide 5)
- List of the subcategories and associated definitions (slides 6-10)
- Definitions of the subcategories and examples of products included (slides 11-30)



Food category : Baby food (41)

What kind of product can be considered as a <u>Baby food</u>?

Processed cereal-based foods (cereals with milk, reconstituted instant cereals, biscuits) "Means food intended to fulfil the particular requirements of infants in good health while they are being weaned, and of young children in good health as a supplement to their diet and/or for their progressive adaptation, to ordinary food."

Baby desserts and beverages

(fruit- and/or plant-based beverages, dairy desserts, fruit- and cereal-based desserts, fruit-based desserts)

Infant foods with vegetables and/or meat/fish (soups, vegetable preparations, meat preparations, dishes) "Means food intended to fulfil the particular requirements of infants in good health while they are being weaned, and of young children in good health as a supplement to their diet and/or for their progressive adaptation to ordinary food, **excluding** :

- processed cereal-based food;
- and milk-based drinks and similar products intended for young children."

/!\ Infant milks have their own Best Remap category → Infant milks (44)

Infant means a child under the age of 12 months. Young child means a child aged between one and three years



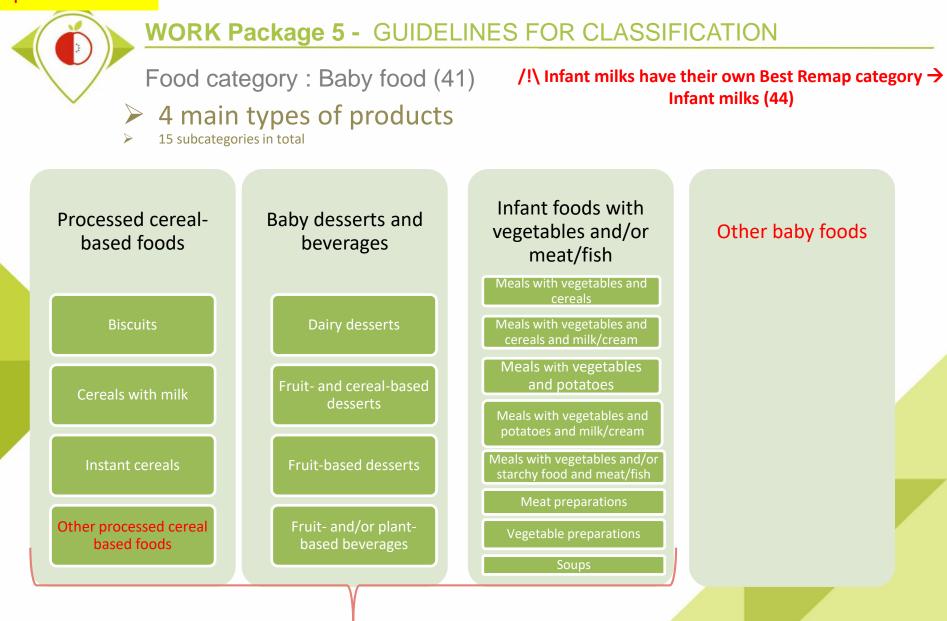
Food category : Baby food (41)

> What is <u>excluded</u> from the Baby food category ?

- Infant milks
- Follow-on formulae milks
- Growing-up milks
- All foods that do not comply with regulations UE n°609/20132 and directive 2006/125/CE







Covered by

Regulation (EU) No 609/2013 : <u>https://eur-lex.europa.eu/legal-content/FR/TXT/?uri=celex%3A32013R0609</u> Directive 2006/125/EC : <u>https://eur-lex.europa.eu/legal-content/FR/ALL/?uri=celex%3A32006L0125</u>

2015

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Baby food subcategories & definitions

Category code : 41

Processed cereal-based foods

Subcategory code	Subcategory name	Subcategory definition
68	Biscuits	Biscuits <mark>or rusks</mark> meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
140		Ready-to-eat cereals with milk (sold in liquid form) meeting the definition of " processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain fruits and/or vegetables powder.
139	Instant cereals	Instant cereals to be reconstituted corresponding to cereals to be reconstituted in a bottle or plate, in water or in suitable infant milk (sold in powder form) and meeting the definition of " processed cereal-based foods " laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain powder or flakes of fruits, vegetables, chocolate,
764	Other processed cereal based foods	Other processed cereal based foods for babies and infants as mueslis, puffed rice cake with fruits and/or vegetable, cereal bars, Products may contain fruits, vegetables, chocolate,

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Baby food subcategories & definitions

Category code : 41

Desserts and beverages meeting the definition of baby food

Subcategory code	Subcategory name	Subcategory definition
210	Dairy desserts	Dairy desserts consisting mainly of milk and/or fresh cheese. These products may contain sugar and/or fruit and/or vegetable and/or chocolate and/or cereals. They meet the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
209	Fruit- and cereal- based desserts	Fruit- and cereal-based desserts consisting mainly of fruit and cereals, and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
208	Fruit-based desserts	Fruit-based desserts consisting mainly of fruit and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
91	Fruit- and/or plant- based beverages	Fruit- and/or plant-based beverages that can be ready-to-eat (sold in liquid form) or reconstituted in water (sold in powder form) and meeting the definition of " baby food " laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.



Baby food subcategories & definitions

Category code : 41

Meals meeting the definition of baby food

Subcategory code	Subcategory name	Subcategory definition
450	Meals with vegetables and cereals	Meals with vegetables and/or legumes and cereals meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain potatoes and / or small quantities of fruits.
451	Meals with vegetables and cereals and milk/cream	Meals with vegetables and cereals and milk/cream/cheese consisting mainly of vegetables, cereals, milk and/or cream, and which may contain cheese, potatoes, legumes and/or small quantities of fruits, meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and by Directive 2006/125/EC.
452	Meals with vegetables and potatoes	Meals with vegetables and potatoes meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes sauces are included in this subcategory.
453	Meals with vegetables and potatoes and milk/cream	Meals with vegetables and potatoes and milk/cream consisting mainly of vegetables, potatoes and milk and/or cream and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes and milk/cream sauces are included in this subcategory.

115

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Baby food subcategories & definitions

Category code : 41

Meals meeting the definition of baby food

Subcategory code	Subcategory name	Subcategory definition
454	Meals with vegetables and/or starchy food and meat/fish	Meals consisting mainly of meat and/or fish, vegetables and/or starchy foods (rice, pasta, potatoes), and which may contain milk products (as cheese,), legumes, and/or small quantities of fruits and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
480	Meat preparations	Meat preparations meeting the definition of " baby food " laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.
479	Vegetable preparations	Vegetable and/or legumes preparations consisting mainly of vegetables, and/or legumes, which may contain small quantities of milk (as cheese,) and/or fruits products and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Vegetables without starchy food sauces are included in this subcategory.
529	Soups	Soups consisting mainly of vegetables and/or legumes and water, which may contain small quantities of milk products and/or cereals and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Baby stock and soup cubs to be reconstituted with boiling water are included in this subcategory.



115

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Baby food subcategories & definitions

Category code : 41

> Other baby foods

Subcategory code	Subcategory name	Subcategory definition
763	Other baby foods	Other products for infants under 3 years that don't fit in any existing sub categories (fruit pieces dry,).



Processed cereal-based foods

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Biscuits

Category	Subcategory	Subcategory	Subcategory definition
code	code	name	
41	68	Biscuits	Biscuits <mark>or rusks</mark> meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.

« rusks and biscuits which are to be used either directly or, after pulverisation, with the addition of water, milk or other suitable liquids »







WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Cereals with milk

Category code	Subcategory code	Subcategory name	Subcategory definition
41	140	Cereals with milk	Ready-to-eat cereals with milk (sold in liquid form) meeting the definition of "processed cereal- based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain fruits and/or vegetables powder.





WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Instant cereals

Category	Subcategory	Subcategory	Subcategory definition
code	code	name	
41	139	Instant cereals	Instant cereals to be reconstituted corresponding to cereals to be reconstituted in a bottle or plate, in water or in suitable infant milk (sold in powder form) and meeting the definition of "processed cereal-based foods" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain powder or flakes of fruits, vegetables, chocolate,



PURITY

Baby Cereal

Maize

"simple cereals which are or have to be reconstituted with milk or other appropriate nutritious liquids"

"cereals with an added high protein food which are or have to be reconstituted with water or other protein-free liquid"



198

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Instant cereals

Categ coc		Subcategory code	Subcategory name	Subcategory definition
41	1	764	Other processed cereal based foods	Other processed cereal based foods for babies and infants as mueslis, puffed rice cake with fruits and/or vegetable, cereal bars, Products may contain fruits, vegetables, chocolate,















Desserts and beverages meeting the definition of baby food



WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Dairy desserts

Category code	Subcategory code	Subcategory name	Subcategory definition
41	210	Dairy desserts	Dairy desserts consisting mainly of milk and/or fresh cheese. These products may contain sugar and/or fruit and/or vegetable and/or chocolate and/or cereals. They meet the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.



Made vith Re Yogurt

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Fruit- and cereal-based desserts

Category	Subcategory	Subcategory	Subcategory definition
code	code	name	
41	209	Fruit- and cereal-based desserts	Fruit- and cereal-based desserts consisting mainly of fruit and cereals, and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.









WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Baby food subcategories & definitions

Category code	Subcategory code	Subcategory name	Subcategory definition
41	208	Fruit-based desserts	Fruit-based desserts consisting mainly of fruit and which may contain small quantities of milk products and/or sugar and/or vegetable and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.









Fruit- and/or plant-based beverages

Category code	Subcategory code	Subcategory name	Subcategory definition
41	91	Fruit- and/or plant-based beverages	Fruit- and/or plant-based beverages that can be ready-to-eat (sold in liquid form) or reconstituted in water (sold in powder form) and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.







Meals meeting the definition of baby food

and a

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Meals with vegetables and cereals

Category code	Subcategory code	Subcategory name	Subcategory definition	
41	450	Meals with vegetables and cereals	Meals with vegetables and/or legumes and cereals meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain potatoes and / or small quantities of fruits.	
<text></text>		Ar KREARER HE SURVEY	<image/> <image/> <complex-block><complex-block></complex-block></complex-block>	



WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Meals with vegetables and cereals and milk/cream

С	ategory code	Subcategory code	Subcategory name	Subcategory definition
	41	451	Meals with vegetables and cereals and milk/cream	Meals with vegetables and cereals and milk/cream/cheese consisting mainly of vegetables, cereals, milk and/or cream, and which may contain cheese, potatoes, legumes and/or small quantities of fruits, meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and by Directive 2006/125/EC.







WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Meals with vegetables and potatoes

Category code	Subcategory code	Subcategory name	Subcategory definition
41	452	Meals with vegetables and potatoes	Meals with vegetables and potatoes meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes sauces are included in this subcategory.







FOOD WITH SWEET POTATO IS INCLUDED HERE

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Meals with vegetables and potatoes and milk/cream

ategory code	Subcategory code	Subcategory name	Subcategory definition
41	453	Meals with vegetables and potatoes and milk/cream	Meals with vegetables and potatoes and milk/cream consisting mainly of vegetables, potatoes and milk and/or cream and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Products may contain legumes and/or small quantities of fruits. Vegetables with potatoes and milk/cream sauces are included in this subcategory.





WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Meals with vegetables and/or starchy food and meat/fish

Category code	Subcategory code	Subcategory name	Subcategory definition
41	454	Meals with vegetables and/or starchy food and meat/fish	Meals consisting mainly of meat and/or fish, vegetables and/or starchy foods (rice, pasta, potatoes), and which may contain milk products (as cheese,), legumes, and/or small quantities of fruits and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.







Meat preparations

Category code	Subcategory code	Subcategory name	Subcategory definition
41	480	Meat preparations	Meat preparations meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC.





WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Vegetable preparations

Category code	Subcategory code	Subcategory name	Subcategory definition
41	479	Vegetable preparations	Vegetable and/or legumes preparations consisting mainly of vegetables and/or legumes, which may contain small quantities of milk (as cheese,) and/or fruits products and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Vegetables without starchy food sauces are included in this subcategory.











WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Soups

Catego code	y Subcategory code	Subcategory name	Subcategory definition
41	529	Soups	Soups consisting mainly of vegetables and/or legumes and water, which may contain small quantities of milk products (as cheese,) and/or cereals and meeting the definition of "baby food" laid down by Regulation (EU) No 609/2013 and Directive 2006/125/EC. Baby stock and soup cubs to be reconstituted with boiling water are included in this subcategory.







2115

WORK Package 5 - GUIDELINES FOR CLASSIFICATION

Other baby foods

Category code	Subcategory code	Subcategory name	Subcategory definition
41	763	Other baby foods	Other products for infants under 3 years that don't fit in any existing sub categories (fruit pieces dry,).







Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.





-

Healthy Food for a Healthy Europe

WP5 : GUIDELINES FOR CLASSIFICATION



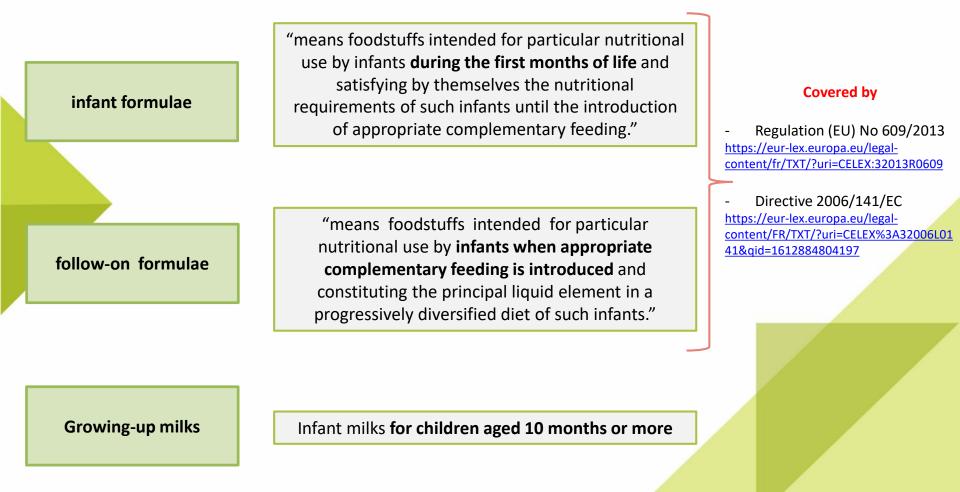


- General description of the category and products included (slide 3)
- Products excluded (slide 4)
- List of the subcategories and associated definitions (slide 5)
- Definitions of the subcategories and examples of products included (slides 6-8)



Food category : Infant milks (44)

What kind of product can be considered as a <u>Infant milks</u>?



 \rightarrow These products can be liquid or powdered

Food category : Infant milks (44)

> What is <u>excluded</u> from the Infant milks category ?

- Milks

Nestle

STANT FULL CREAM MILK POWDER

- Milk powders
- Flavoured milks
- Plant-based beverages











Infant milks subcategories & definitions

2015

Category code : 44

Subcategory code	Subcategory name	Subcategory definition
477	Infant formulae	Infant formulae meeting the definition of "infant formula" laid down by Regulation (EU) No 609/2013 and by Directive 2006/141/EC. These products are intended for infants from birth to 6 months of age
478	Follow-on formulae	Follow-on formulae meeting the definition of "follow-on formula" laid down by Regulation (EU) No 609/2013 and by Directive 2006/141/EC. These products are intended for infants from 6 to 12 months of age
340	Growing-up milks	Growing-up milk with two types of infant milk: - infant milks for infants from 10 months of age, whose sales description contains "follow-on formula" and whose packaging indicates that the product is intended for infants and young children from 10 months of age. These products are covered by the regulations applicable to follow-on formulae; - infant milks for children aged 12 months or over.



Infant formulae

Category code	Subcategory code	Subcategory name	Subcategory definition
44	477	Infant formulae	Infant formulae meeting the definition of "infant formula" laid down by Regulation (EU) No 609/2013 and by Directive 2006/141/EC. These products are intended for infants from birth to 6 months of age











Follow-on formulae

Category code	Subcategory code	Subcategory name	Subcategory definition
44	478	Follow-on formulae	Follow-on formulae meeting the definition of "follow-on formula" laid down by Regulation (EU) No 609/20138 and by Directive 2006/141/EC. These products are intended for infants from 6 to 12 months of age











Growing-up milks

Category code	Subcategory code	Subcategory name	Subcategory definition
44	340	Growing-up milks	Growing-up milk with two types of infant milk: - infant milks for infants from 10 months of age whose sales description contains "follow-on formula" and whose packaging indicates that the product is intended for infants and young children from 10 months of age. These products are covered by the regulations applicable to follow-on formulae; - infant milks for children aged 12 months or over.













Best-ReMaP

Healthy Food for a Healthy Europe

Thank you for your attention!

The Joint Action focusing on the implementation of validated best practices in nutrition – Best-ReMap

This presentation arises from the Joint Action Best-Remap. This Joint Action is addressing the adaption replication and implementation of effective health interventions based on practices that have been proven to work in the areas of food reformulation framing of food marketing and public procurement of healthy food in public settings under the framework of the Third Health Programme (2014-2020). Sole responsibility lies with the author and the Consumers Health Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.

